

**SERVICING  
TYRES  
MOT'S**

**PEAK PERFORMANCE  
Telephone:  
01446 775775**

**The Bridgend & Porthcawl**

**GEM**



**"Your ORIGINAL priceless  
weekly newspaper"**

**The area's  
longest serving  
Community  
Newspaper**

**Established 1983**

**HARRIS POWELL & JONES  
Independent  
Financial Advisers  
www.hppltd.co.uk  
Tel: 01446  
773669 - 771949**

Weekly audited distribution (52 weeks) to 31/12/12 - 42,492  
(GEM Series). Audited by David Pinder & Co Ltd. Chartered Accountants.

**www.bridgend-today.co.uk**

**THURSDAY, OCTOBER 17TH, 2013**

**The GEM is now available for iPhones & iPads - follow the 'This Week'  
link from www.bridgend-today.co.uk or www.porthcawl-today.co.uk to subscribe now!**

**www.twitter.com/gem\_news  
www.facebook.com/GlamorganGEM**

**Cowbridge  
Food  
& Drink  
Festival**

**8-PAGE PULLOUT SECTION INSIDE:  
YOUR OFFICIAL GUIDE TO THE 2013  
COWBRIDGE FOOD & DRINK FESTIVAL**

## YOUNG BOROUGH BOOKWORMS CELEBRATE READING CHALLENGE!



Coun Huw David, cabinet member for children and young people, Deputy Mayor of Bridgend county borough, Coun Gary Jones, MP for Ogmore, Huw Irranca-Davies, and local entertainer Mike Church, celebrate with the young bookworms. (SEE PAGE 9 FOR THE FULL STORY).

## THIEVES RAID RUGBY CLUB

**POLICE in Maesteg** are investigating a burglary at the premises, the others having occurred on October 12 and 13, when a quantity of confectionery and alcohol was stolen.

Police Constable Viv Price, of Maesteg police station, said: "The Rob Howley shirt, in particular, would hold a reasonable value for the thieves. The shirts are irreplaceable and mean a great deal to the club and its members."

"I am appealing to anyone who may be offered any of these jerseys for sale, or has any relevant information, to come forward."

Contact PC Price at Maesteg Police Station on 101, or anonymously via Crimestoppers on 0800 555 111 (quote reference 62130324707).

**www.shampan.org.net**

**Shampan**  
Indian Restaurant & Takeaway

**Award Winning Bangladeshi & Indian Cuisine**



**Early Bird  
Specials**

**4 Course Meal only  
£8.50 per person**

Available every week -  
Mon, Tue & Thurs 5.30-7.00pm.  
Offer includes FREE glass  
of house wine/soft drink,  
dine in only.

**NEW Sunday Banquet**

Choice, Starter, Mains plus 4 other  
items **ONLY £8.50**.  
Children (up to 10) £4.95

**Wednesday  
all evening**

4 Course Meal **£9.95**  
5.30pm-11pm

**Our MEAL DEAL SPECIALS  
are too good to miss!**

**70 Eastgate, Cowbridge • 01446 771682/774590**

**NOW OPEN: Monday - Saturday 12 noon-2.30pm;  
Sunday Buffet 12 noon - 11pm**

**Open 7 days a week 5.30-11.30pm  
including Bank Holidays**

**\*\*\*\* Food Hygiene - Scores on the doors**

## COMMUNITY BACKS BETH IN HER CANCER DRUG FIGHT

**CANCER sufferer Beth Margetson's fight to obtain a life-prolonging drug which she has been denied, saw her taking to the steps of the Senedd last Saturday, in a protest rally attended by around 120 supporters.**

The crowd gathered at the Norwegian Church in Cardiff Bay and then marched towards the Senedd, where they were met by members of the press.

A representative of Plaid Cymru was also there, as the party has now joined the ranks of the other political figures supporting Beth's plight and her quest to get the ABMU Health Board's decision overturned.

Beth, aged 49, from Porthcawl, addressed the crowd and talked of her determination to "overcome this terrible injustice".

She also emphasised that it was not just a personal battle: She said: "I am fighting for women - and

men - everywhere. This is simply not moral. We all have a human right to get treatment for our illnesses".

Also attending the rally was Annie Mulholland, who had heard about Beth's battle via a friend. Annie, from Cardiff, is also battling cancer and she has had to move to London in order to access treatment for ovarian cancer.

Former midwife Beth was

touched by Annie's story, but remained steadfast about her own position. "I cannot just uproot my family and move to somewhere in England to get afinitor, the drug I need."

"I have a 15-year-old daughter doing GCSEs, my husband and I have jobs here in Wales, and I look after my elderly father, who has Parkinson's."

(CONTINUED ON PAGE 3)

## REMEMBRANCE SERVICE

**THE Remembrance Service in Porthcawl this year will be held on Sunday morning, November 10 at 10.30am in All Saints Church, Victoria Avenue.**

All townspeople, religious denominations and other organisations are invited to attend this Armistice Service, and organisations who have a Standard or flag are especially invited to take part in the service. There will be no parade, but decorations will be worn.

Refreshments will be served in the Church Hall following the laying of wreaths.

There will also be two minutes' silence with the Exhortation and Last Post at 11am at the Bandstand, John Street, Porthcawl, on Monday, November 11. Participants are asked to assemble at 10.45am. Everyone is welcome to attend. For further information, contact Ray Street on 01656 771214.

**Autumn  
Wedding  
Fayres 2013**



**THIS SUNDAY  
20th October 2013**

at the  
**The Bear Hotel  
Cowbridge**



**NEXT SUNDAY  
27th October 2013**

at  
**Caerphilly  
Castle, Caerphilly**



**SUNDAY  
November 3rd 2013**

at the  
**Coed-Y-Mwstwr  
Hotel, Coychurch**

**First 100 Brides receive FREE  
Welcome Bag from Debenhams  
Each Show 11am to 4pm  
FREE ADMISSION**

For details visit our website:  
**www.eternitywithlove.co.uk**



# The Glamorgan GEM

Let's not get personal...

## It's issues that count!

AS a non-aligned, community newspaper, The GEM aims to provide an objective platform for a lively but reasoned debate of local issues that affect us all, free of personalised attacks that obscure the issues, lower the level of debate, and insult the intelligence of our readers.

In an age of austerity, it is inevitable that as stringent economic measures continue to bite, the widespread social impact – particularly in cuts to local services – arouses intense passions on all sides of the political divide, as evidenced in our letters columns recently.

This is sure to intensify, with political parties already sharpening their campaign knives for the long run-in to UK and Welsh Assembly elections in the next two years or so.

It is timely then to remind all correspondents that The GEM is less interested in divisive 'blame games' and personal or party-political agendas, than in reflecting the genuine concerns of the local community, as a whole, at a very difficult time.

We believe this is what our readers rightly expect from The GEM, which unlike others in the media, endeavours to be inclusive and impartial in its coverage, leaving them to form their own conclusions.

Our message is - Let's not get personal. It's the ISSUES that count!

The Editor

## WHAT ABOUT PORTHCAWL?

I WAS truly peeved to read in The GEM on October 3 that Bridgend Recreation Centre was having a multi-million pound redevelopment.

We, in Porthcawl, have waited years for even a proper hall in which to meet, not to mention a few indoors sporting facilities, a cinema, or (dare I mention?) a pool.

What is the point of 'developing' the harbour, or even building a tidal wave pool, with us hav-

ing the second highest tide around?

Will it give residents and visitors a 'something to do' on rainy days? Or extra toilets, come to think of it?

Removing our police and fire stations – together with all the shops closing – will hardly bring in the throngs; all that seems to be on the line are more flats and houses.

Do the councillors who make these decisions, realise there are only two ways in and out of the town? Chaos will reign, as usual.

Ruth Fisher, Porthcawl.

## Tracing an ex-RAF pal

I AM trying to trace anyone who has any knowledge of an ex-RAF pal who joined the RAF as a Boy Entrant at RAF St Athan in 1962 in the 47th entry.

His name is Harold Jones (known as Harry). He will be around 66/67 years old now.

Next year will be the 50th anniversary of our graduation from training and we are trying to find as many of the old billet

as possible for a reunion.

Last year, a few of us met up in Plymouth, but next year we hope to have as many as possible attend.

I would be grateful for any assistance anyone could give me.

I can be contacted by email, phone or by post; kevinmonaghan856@btinternet.com; 01670 828051 or at 10 St Johns Place, Bedlington, NE22 7HG.

Kevin Monaghan (known as Monty), Bedlington.

## NEWS FROM THE PORTHCAWL U3A

### JFK – an 'amazing, tragic, brief life'

PORTHCAWL U3A met recently at the Hi-Tide Inn, where Doug Jones spoke on President John Fitzgerald Kennedy.

The three rifle-shots that rang out in Dealey Plaza stunned the world and created one of its greatest mysteries.

Friday, November 22, 1963 was a hot day in Dallas, Texas, when at 12.30pm one or more snipers assassinated the 35th President of America.

Having visited three southern cities the previous day, President Kennedy was advised against a visit to Dallas. However, at 11.05am with his wife Jackie he boarded Air Force One for the short flight.

The president was assassinated soon after arriving at the ironically named Dallas Love Field airport, and Lyndon Johnson was sworn in as President at Love Field just hours later.

The amazing, tragic, brief life of John Fitzgerald Kennedy began as the second of nine children born to Rose and Joseph Kennedy. His father, a self-made millionaire by the age of 30, was

the US ambassador to Britain at the outbreak of war with Germany. JFK had a privileged childhood but his parents expected children to "strive and succeed" and their father's motto was "I expect winners, not losers".

A brave medal-winning war service in the South Pacific was a precursor to his political career, marriage to Jackie Bouvier in 1953 and, finally, the US Presidency.

His 1961 inaugural speech "ask not what your country can do for you" began nearly four years of extraordinary leadership, which saw his bold initiatives win the space race and his brinkmanship win the Cuban missile crisis, the closest the world has come to a nuclear war.

In 1962, the Soviet Union had no missiles capable of reaching the US, so Premier Nikita Khrushchev began installing nuclear missiles in Cuba, just 90 miles from America – and Kennedy retaliated with a naval blockade.

After 13 days of the world expecting Armageddon, Khrushchev agreed to withdraw his missiles and war was averted.

A direct telephone link was then installed between the two leaders.

Kennedy's charisma, numerous affairs and incredible political courage in attacking organised crime, widespread poverty, racialism in the south and worldwide communism, brought him devotees and enemies.

The enormity of his assassination bewildered and mortified people across the world and public grief was replaced by never-ending conspiracy theories.

Who did assassinate John F Kennedy?

Accusations involving the CIA, Mafia, FBI and Cuban exiles are legion, but all official investigations have accused Lee Harvey Oswald, who was shot dead two days after his arrest by Jack Ruby inside the Dallas Police Headquarters.

Porthcawl U3A president Doug Jones marked the 50th anniversary of this tragedy in the first monthly talk to be held at the Hi-Tide. He captivated and enthralled everyone who attended his PowerPoint presentation with his great knowledge of this remarkable story.

Report by Gary Victor

## Midwives to help local mums-to-be stop smoking

A NEW service run by specialist midwives is helping pregnant women in Bridgend to stop smoking and improve their baby's health, as well as their own.

The Model for Access to Maternal Smoking cessation Support (MAMSS) helps expectant mums ready to give up smoking to stop.

Having midwives run the service helps women to understand the benefits to their baby and build a relationship with the person advising them.

The midwives provide advice, support and resources during sessions at women's homes. They also explain the different nicotine replacement therapies that are available and help the women to decide which is best for them.



Specialist midwife Julie Evans during a session with mum-to-be Natasha Finnemore.

Women are referred to the service following their first meeting with their regular midwife.

Julie Evans is one of two specially trained smoking cessation midwives delivering the programme: "The MAMSS service helps pregnant women access the support they need to stop smoking and improve their health as well as their baby's."

"When we receive a referral, we contact the mum-to-be and arrange to visit her at home. "We are very flexible and make sure we see the women when it is convenient for her so she feels more supported and in control of the treatment."

"The first session is an assessment session and we discuss the different nicotine replacement treatments available."

"We are very flexible and make sure we see the women when it is convenient for her so she feels more supported and in control of the treatment."

"For more information about the service, please speak to your midwife or contact 07581 574870 or 07891 033295."

to the service following their first meeting with their regular midwife.

Julie Evans is one of two specially trained smoking cessation midwives delivering the programme: "The MAMSS service helps pregnant women access the support they need to stop smoking and improve their health as well as their baby's."

"When we receive a referral, we contact the mum-to-be and arrange to visit her at home. "We are very flexible and make sure we see the women when it is convenient for her so she feels more supported and in control of the treatment."

"The first session is an assessment session and we discuss the different nicotine replacement treatments available."

"We are very flexible and make sure we see the women when it is convenient for her so she feels more supported and in control of the treatment."

"For more information about the service, please speak to your midwife or contact 07581 574870 or 07891 033295."

Did you know you can read your GEM online? [bridgend-today.co.uk](http://bridgend-today.co.uk)

## Self-service for the borrowers at Bridgend Library



ABOVE:

Library staff test one of the 'self-service' machines before it is installed into the new library.

VISITORS to the new Bridgend Library will be able to borrow books using 'self-service' machines, Bridgend County Borough Council (BCBC) has revealed.

Due to open at Bridgend Recreation Centre next month, the new library will feature state-of-the-art machines that enable users to borrow, renew and return multiple books and other library items independently.

The touch-screen machines will use radio frequency identification (RFID) technology, and Coun Lyn Morgan, cabinet member for wellbeing, said: "These new self-service machines

will make borrowing library items quicker and easier than ever before.

"Not only will using the machines be exciting for children and make visiting the library more convenient, but they will give library staff more time to perform important library duties, such as recommending books and authors to members, and increasing the number of different activities taking place."

"With around 10,000 new books moving into the library, I'd like to thank the members of library staff who are working exceptionally hard to make sure every book is compatible with the self-service machines."

• Email your letters to the Editor at [gemeditorial@tindlenews.co.uk](mailto:gemeditorial@tindlenews.co.uk) including your FULL NAME, ADDRESS, AND PHONE NUMBER.

## HIGH TIDE TIMES (UNTIL OCTOBER 24)

The high tides listed in this week's GEM are those in Porthcawl. It should be remembered that along the coast, high tide times will vary. For instance, in Barry, the high point will be 20 – 25 minutes later.

DATE	Time AM	Ht M	Time PM	Ht M
17 Thur	05.41	9.6	18.04	9.9
18 Fri	06.33	9.8	18.52	10.1
19 Sat	07.11	9.9	19.31	10.1
20 Sun	07.47	10.0	20.09	9.9
21 Mon	08.24	9.8	20.44	9.7
22 Tues	08.59	9.6	21.21	9.5
23 Wed	09.33	9.4	21.53	9.1
24 Thur	10.08	9.0	22.27	8.6

While The GEM makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.





ABOVE: Bridgend College students joined the protest outside the Senedd. (Photograph by Charley Howells).

## Strong support for Beth on protest march

(CONTINUED FROM PAGE 1)

Beth continued: "I believe firmly that my own country, Wales, where I am proud to live, and to whom I have given so much, should be providing the drug for me".

As a result of the march, Beth featured in both the BBC Wales and ITV Wales news bulletins on Saturday evening, and she is hopeful that the coverage will have helped in terms of creating awareness of this "postcode inequity".

A sponsored walk was held on Sunday, from Bridgend College, where Beth lectures in health and social policy, to Porthcawl, where she lives.

A further walk takes place this coming Sunday at Margam. A quiz night



ABOVE: Beth Margetson addresses the crowd outside the Senedd.

is being held regularly in the Seagull and a fundraising concert will be held in the Hi-Tide, compered by Roy Noble, on Tuesday, November 26.

Beth's treatment, for which she and her husband have started paying, costs her in the region of £3,100 a month.

Tickets for the fundraising concert cost £10 and are available from the Hi-Tide.

You can also visit [www.justgiving.com/local/project/afnitor](http://www.justgiving.com/local/project/afnitor), which gives further details of Beth's plight.

Report by Caroline Sarll

## Ann-Marie's sight-saving mission...

ANN-MARIE ABLETT, who lives in Coity, has recently returned home from a volunteer medical assignment with the international sight-saving charity ORBIS ([www.orbis.org.uk](http://www.orbis.org.uk)), having swapped the University Hospital of Wales for Kolkata, India.

ORBIS operate in some of the poorest communities in the world. They not only offer treatment to those suffering from reduced vision or blindness, but also provide training to local nurses and doctors in advanced medical techniques, to ensure there is a long term improvement in eye care within the communities visited.

According to the World Health Organisation, 39 million people globally are blind but 80 per cent could be treated or cured.

Ninety per cent of these people live in developing countries where eye care facilities are often limited. The



Picture by GEOFF BUGBEE

number of people suffering with preventable blindness has reached overwhelming proportions.

Many eye conditions can be treated by relatively simple, cheap and quick operations, such as removing a cataract.

However, the skill and equipment required to help are often lacking in the places where they are most at need. ORBIS work to change this situation and over the years helped to further educate 262,000 medical professionals.

Ann-Marie, spent two weeks volunteering with

the ORBIS Flying Eye Hospital, a plane which hosts a fully equipped operating theatre, laser suite and lecture theatre on-board, and one week volunteering in a local hospital.

The dedicated nurse, who is from Ireland, used her annual leave to take part in this trip and volunteers with ORBIS several times a year.

She is an enthusiastic member of ORBIS's volunteer medical team and has been involved with the charity for 11 years, having previously travelled to countries such as Syria, Laos, Indonesia and India.

Ann-Marie says: "The look of hope and trust which greets us on screening day is daunting - but as the role of ORBIS is to teach, it is very reassuring to know that at the end of the programme, the doctors and nurses will have obtained many skills and have personally developed their knowledge."

"Because of their exposure to ORBIS, better patient care will be available to all patients within the country, resulting in a long-term impact."

# Porthcawl Museum takes care of The Rest's records

**PORTHCAWL Museum has played its part in keeping historical documents from the Rest Convalescent Home safe for future historians.**

The Rest Home recently closed and a home was needed for records going back more than 100 years.

David Swidenbank, the vice-chairman of the museum, explained: "We were carrying out its research into Porthcawl and the Great War and the part played by the Rest, and were asked for advice on the appropriate disposal of the building's historical records and artefacts."

"Our advice was that the documents should be deposited with the Glamorgan Archive in Cardiff, which already holds substantial records for the Rest."

"The written records, numbering over 130 volumes, some dating back to the 1890s, document the day-to-day running of the Rest. Of particular interest are the patient records, which offer a fascinating view of local social history."

"The artefacts include the Glamorgan Yeomanry uniform jacket and hat worn by The Rest's founder, Dr. James Lewis, together with a selection of photographs that chart the history of the building."

"The uniform will be retained by the museum for display, following inspection by the conservation team at the Museum of Wales, Cardiff. All but five of the written records have been deposited at the Glamorgan Archive, where they will be fully catalogued and made available to the general public."

"The remaining volumes, which cover admissions to the Rest during 1913 to 1915, will continue to be held by the museum for its Great War project in partnership with Porthcawl Comprehensive School. ([www.porthcawlandthegreatwar.com](http://www.porthcawlandthegreatwar.com)).

"These will then also be deposited at the Glamorgan Archive." Mr Swidenbank continued: "One of these volumes contains information relating to the aftermath of the Senghennydd mine explosion, which took the lives of 430 men; the centenary of this disaster is this week."

"The patient admission records show that 12 survivors of the explosion were admitted to the Rest with injuries ranging from broken limbs to carbon monoxide poisoning."

"Anyone wishing to know more about this should contact Porthcawl Museum on 01656 786639."

• **Museum's shock news** - see page 6.



Dr James Lewis' uniform.



ABOVE: Harvey Thomas of Glamorgan Archives accepting the collection from David Swidenbank, vice-chairman of Porthcawl Museum.

## Sony manufactures its millionth Raspberry

**THE Welsh Government Economy Minister, Edwina Hart, has congratulated Sony UK Technology Centre after the Pencoed plant celebrated producing one million Raspberry Pi credit-card sized computers.**

The Minister, who saw the Pi being produced during a recent visit to Sony UK Technology Centre, where professional and broadcast camera systems are manufactured, described it as a tremendous achievement.

The device, which was originally produced in China, has been made in Pencoed since last year and sold worldwide. Developed by the non-profit Raspberry Pi Foundation, the tiny computer is designed to stimulate

young people's interest in computer programming and electronics.

The Minister said: "This is another feather in the cap for Sony UK Technology Centre and a significant boost for manufacturing in Wales. It is the latest in a long line of success stories for Sony's Pencoed facility and I congratulate the management and workforce on this latest achievement."

"It's great news and sends out a strong message that manufacturing in Wales can compete with anywhere in the world. Sony was the first major Japanese company to open a European manufacturing facility and chose Wales for that investment and next year marks the 40th anniversary of the opening of their Welsh facility."

## Keeping active...

**IT has been a busy time for Porthcawl Townswomen's Guild.**

A walk from Rest Bay to Pink Bay helped to keep our bodies active. We have an active craft group and members enjoyed taking part in a craft workshop organised by the Cardiff Federation.

Lunch in St Brides Major was perhaps not so good for the body but certainly for the spirit! And a visit to a lunchtime drama at the Pavilion and also a meeting of our literary group was good for the mind.

The October speaker was Mrs Tessa Williams, on Love Spoons. She is a very talented lady with a wealth of stories about her beautiful carvings.

Join us at All Saints Church Hall on November 13 at 2pm to hear Mrs Ceri Joseph on the Princes and Princesses of Wales. You will be very welcome. For more information, telephone 01656 772157.

Dorothy Thomas

## FREE LEGAL ADVICE FROM HUGH JAMES

Visit a FREE, no obligation, drop in session to discuss whether you are eligible for compensation

Stephen Webber will be in your local area to talk about:

- **Medical negligence** claims including missed fractures, birth injuries, cerebral palsy, mis-diagnosis and surgical complications.
- **Work place injuries** including factory, construction, agricultural, falling from height and fatal accidents.
- **Industrial illness** including asbestos exposure, crystalline silica exposure, mesothelioma, lung cancer, respiratory disease and deafness.

Stephen will be at Brackla Community Centre, Oaktree Surgery, Whitethorn Drive, Brackla, Bridgend, CF31 2PG on the date listed below.

**Tuesday 22 Oct 10am - 7pm**

No appointment is necessary, we can also arrange free telephone consultations and home visits. Contact:

Stephen Webber

T: 0800 0938240

E: [stephen.webber@hughjames.com](mailto:stephen.webber@hughjames.com)

W: [www.hughjames.com/bridgend](http://www.hughjames.com/bridgend)



**HUGH JAMES**  
expert legal advice

Hugh James is authorised and regulated by the Solicitors Regulation Authority and the Financial Conduct Authority



# 'RUN WITH NANCY, AND WHEN SHE'S TIRED, HOLD HER HAND AND RUN SOME MORE...' Now leading businessman offers that helping hand to CF Trust fundraisers

**VALE businessman and Ospreys' director and shareholder, Mike Cuddy, is to support the Team Running With Nancy (TRWN) campaign, launched by Lyn and Lucy Thomas and their two-year-old daughter, Nancy, who has cystic fibrosis.**

Over the last 18 months, The GEM has reported on the committed efforts of the group, taking part in runs and bike rides, to raise funds for the CF Trust.

Mike told The GEM why he was keen to get behind the cause.

"Nancy's a really special kid, but it's not because she's so cute she's off the scale, or even that she's like the best behaved two-year-old you're ever likely to meet.

"No, Nancy's special because she has cystic fibrosis."

Talking at the launch of the new website, he has had developed on behalf of the campaign, Mike had a marvellous surprise up his sleeve.

Nancy's Dad, Lyn, a welder at Cuddy Group, explained: "In May, Mike found out that Lucy and I spend all our free-time raising money for the Cystic Fibrosis Trust and was quick to offer his support for the cause.

"One thing led to another and, during late summer, Mike decided that he wanted to adopt 'Running With Nancy' as the main beneficiary of his charitable activities for the 12 months from September 1."

Mike said: "While I will continue to support various causes as and when I can, both through the company and through the Cuddy Family Charitable Trust, it is the Running With Nancy campaign that

will have my primary focus.

"Lyn and his wife, Lucy, are quality, big-hearted people who have an exemplary attitude in their approach to the challenges they face.

"They and their precious little girl, Nancy, are inspirational characters, and it is a real privilege for me to be able to help them achieve their goals."

Cystic Fibrosis is a genetic, life-shortening, disabling condition that affects the lungs and the other major organs of the body. It clogs them up with a thick sticky mucus that can become infected regularly, causing irreversible life-limiting damage.

Unless a cure for CF is developed, only half of the current 9,000 CF population in the UK will live into their thirties and forties.

When Nancy was diagnosed with CF, the

consultant advised Lyn and Lucy that the best way to ensure her long-term lung health was to "run with Nancy, and when she's tired and wants to stop, hold her hand, and run some more".

The devoted parents took the advice to heart and formed Team Running With Nancy to enter races all over the country to fundraise for the CF cause.

Lucy said: "Lyn and I were thrilled at the news that Mike had elected to get behind Team Running With Nancy in such a high profile way.

"It has come at just the right time for us as a family and we are so very appreciative. We have two other teenage children, so trying to juggle all our fundraising and family commitments can be very testing!

"Having a large corporate supporter means



**Nancy is a bundle of fun and energy!**

that we've been able to draw on the expert input of Cuddy's Marketing Department, and everyone's been so dynamic in helping us devise a strategy for moving Team Running With Nancy forward.

"It also means we have someone there on the end of the phone to give us some friendly advice and support when our batteries are running a little low.

"Yes, we're delighted to have Mike supporting us! It's made us even more determined that we won't be pushed around by our problems; we're going to be led by our dreams."

As Mike said: "Inspirational!"

For more information, please see: [www.runningwithnancy.com](http://www.runningwithnancy.com)



**Lucy, Mike Cuddy and Lyn with Nancy.**

## Ghostly tales and visions from Porthcawl's iconic building

**REST BAY is a popular parcel of land in Porthcawl and lies to the east of the town.**

Upon the hillside, overlooking the coast, is a dominant building appropriately named The Rest, which became a Grade II listed building in 1998.

It was awarded this status because it contributes towards our south Wales industrial history and is credited with being the work of three of Wales' most distinguished architects, whose intention was to create a convalescent home for recuperation.

The main building was the brainchild of architect John Pritchard who began its construction in 1874, although plans had been drawn up in 1869. The site itself had been donated by the Talbot family of Margam to create a suitable building for workers of the mines and collieries from surrounding areas.

The left wing and water tower were added in 1891 by G F Lambert, the rear left wing in 1900, and the right wing in 1909 by E M Bruce Vaughan.

It is thought that two cottages in New Road were used prior to the building of The Rest which accommodated workers in 1862, courtesy of the Brogden family. These were designated following the cholera outbreak of 1849 in the Bridgend and Cowbridge districts.

The Rest Home had 50 fireplaces positioned appropriately throughout the building for necessary heat, as well as a good ventilation system.

The building's original design housed male and female separate blocks which were built by Gorvetts of Bristol. The modern home for its era opened in 1877 with its first patients who were survivors of the Ty Newydd Colliery disaster a tragedy on April 11 that year. Funding for the project was obtained from sub-

scriptions leading right up to the 1960s.

The aim was to give sympathy to the poorer families of our community who could not afford the luxuries of healthcare.

As the main building was used to accommodate men only, the left wing extension was added in 1891 to accommodate women. The final extension in 1900 provided a refuge for children, with treatments including hot and cold seawater baths.

According to the 1881 census, Ann Hughes (a widow aged 73) was the matron overseeing the cleanliness and smooth running of the establishment, whereas in 1891 George Evans was its manager.

On January 3, 1890 a performance was staged at Bridgend Town Hall, and all profits were donated to the Rest Convalescent Home, as an outbreak of bronchial flu had gripped the nation. Miss Jones, from the nearby Clevedon House School, was called upon to vaccinate all patients.

During the two World Wars the Rest Home was used as an auxiliary hospital for wounded soldiers. In World War Two, planes operated on the grassland known as Lock's Common.

The Rest Home is built on a large scale and dominates the skyline. It was built using cuff and rock faced sandstone in chalet-type style with a first floor balcony. The roof was dressed using Welsh slate.

Because of its location facing the sea and its prominence in history, it would seem inevitable that tales of paranormal phenomena have taken a grip on this picturesque area.

A standing stone close to the Rest Home is rumoured to have connections with Elizabeth, The Maid of Sker. She is a famous ghostly being attached to Sker House, (a short distance from the Rest) who was forbidden by her

father to marry her lover, a harpist named Thomas Evans, and died of a broken heart.

She is said to have secretly left love tokens buried beneath the stone for him. Her spirit has been reported to linger around its base, reaching out in devotion, only for no-one to arrive to greet her.

Could this maid be patiently hiding in wait for her only true love, or just an untimely misjudgment of imagination?

On the distant seas towards Sker rocks, a ghostly ship has been seen mirroring white mist around it, particularly on stormy nights, when the church bells will distinctly ring out.

Could these scary happenings be a reenactment of a ship lost to the treacherous seas, when bells would ring out, warning its people of disaster?

The Rest Home itself is no stranger to the ghostly visions of the lifelike image of a man dressed in black old fashioned clothing. He is said to roam the corridors, particularly at the dead of night.

But who could this gentleman be, and is he determined to inhabit a place that he once adored?

The phantom figure of a man wearing a trench coat has been witnessed prowling the vast grounds surrounding the Rest. He seems to wander the area in silence before disappearing in a hazy mist.

Could this be the soul of a soldier who spent time within the building during the perils of such a tragic war?

A portly lady wearing a white apron and wielding a knife, has been witnessed around the area of the kitchen.

Who could this intimidating lady be, and why does she seem so intent on displaying this chilling image?

Fact or fiction? It's up to you to decide...

**HAYLEY WILLIAMS**  
[hayley.williams550@yahoo.com](mailto:hayley.williams550@yahoo.com)

## WHO WANTS TO BUILD WHAT AND WHERE?

**Sheppards Pharmacy – Former surgery site, junction of Coychurch Road, and Heol y Groes, Pencoeed** – New fascia adverts to shop front.

**Mrs Doreen Davies – 19/20 Gelli Aur, Pencoeed** – Prune back brackets and crown reduce of two large Oak trees.

**Mrs V Fell – Pren Per, Rogers Lane, Laleston** – Re-coppice line of Sycamore to form old Hedgerow and reduce lateral branches of Sycamore tree.

**Mr Steven Moremon – 57 Duffryn Oaks Drive, Pencoeed** – Removal of three trees.

**Mr G Thomas – Llynfi Lodge Llynfi Road, Maesteg** – Fell copper beech tree to ground level (1998/5) OBC No 06).

**Mr Richard Knight – Veronica Cottage, West Road, Porthcawl** – Replace two storey extension with new, replace single storey front lean-to, convert stone barn to residential and refurbish cottage.

**Mrs Amanda Robinson – 29 Heol y Goedwig, Porthcawl** – Single storey side extension.

**Mr C Paget – 57 Sunnyside, Ogmogre Vale** – Extension of mid-terraced house at rear of property.

**Mr G L Thomas – 1 Pragdu Cottages, Coity** – Remove existing porch and construct single storey extension.

**Mrs L Jones – 16 Curlew Close,**

**Porthcawl** – Replace pitch roof with flat roof and replace window with French door and install glass with stainless steel support.

**South Wales Contractors Ltd – Riverside Cottage, Pen-y-Fai** – Certificate of lawful use existing to maintain use of land as a storage yard.

**Network Rail – Tondur Railway Station, Tondur** – Demolish brick building east of station approach.

**Mr Brian Stokes – 8 Bryn Celyn, Maesteg** – Two storey extension to rear (revision of approved P/01/194/FUL).

**Mr and Mrs D Hassey – Delfryn, Heol Las Maudlam** – Proposed residential development of two detached dwellings.

**Mr C Mogg – 15 Dunraven Place, Ogmogre Vale** – Proposed two storey extension to rear of property.

**Trecco Bay Holiday Park – Trecco Bay Holiday Park, Porthcawl** – Retain shelter with notice board and pond/fencing erected on land rear of St Johns Drive.

**Trecco Bay Holiday Park – Trecco Bay Holiday Park, Porthcawl** – Erection of bin store/enclosure at Beach Road.

**Mr Williams – Plot 36, Porth y Castell, Parc Derwen, Coity** – Alteration of approved dwelling to include rear conservatory

extension.

**Ford Motor Company – Waterton Industrial Estate, Bridgend** – Single 500kW wind turbine 79m high with associated infrastructure including foundations, hardstanding, landscaped bund, cabling.

**G-Lec Electrical Ltd – Land at Parc Newydd, Moor Lane, Porthcawl** – 500 kW solar farm installation and 25kW solar installation.

**Taylor Wimpey South Wales – Land off Heol Tre Dwr, Bridgend** – Erection of 58 residential dwellings and associated roads, drainage, parking, garaging and landscaping.

**CBL Ltd – Tremains Court, Tremains Road, Bridgend** – Relax of condition of P/08/817/FUL to extend implementation date for further three years.

**South Wales Thai Support Group – Caer Bryn Farm, Queen Street, Brynmynyn** – Part change of use of house for Thai Meditation purpose.

**Mr M Stephens – Orchard House, Vicarage Terrace, Maesteg** – Single storey extension for a sun lounge.

**Mr Robert Green – The Vicarage, Pen-y-Fai** – Detached single storey triple garage.

**Mr D Thomas – 75 Heol Las, North Cornelly** – Single storey rear side extension.



## CARDIFF CROWN COURT ROUND-UP by AJ SICLUNA

# Tondu man is jailed for six months for shovel attack

**DURING** a row over a £20 debt, a man was struck with a shovel and suffered an injury to his lower back, Cardiff Crown Court has heard.

Jason White (38) of Glan-y-Nant, Tondu, was jailed for six months.

He admitted possessing an offensive weapon, causing actual bodily harm, and theft.

Prosecutor Gareth James said that on July 25, Michael Blake was walking along Coity Road, Bridgend, when he came across White, who he said owed him £20.

There was an altercation, said Mr James, during which White struck Mr Blake a single blow with a shovel.

He was arrested soon afterwards and when searched, was found to have a debit card which was not his property.

Fortunately, said Mr James, the owner had cancelled the card and

there was no loss to his account.

Mr White claimed that Mr Blake had approached him, claiming there was a debt of £200. Neither of the men were strangers to the police, said Mr James.

Blake's injury consisted mainly of grazing.

White's counsel, Meirion Davies, said: "He has always said he didn't owe any money, and the offence was totally out of character."

He was said to have convictions for 48 offences, mainly of dishonesty.

Judge Eleri Rees said the attack took place in a public place with people walking by.

"It must have been shocking to see a man with a shovel attack another man."

The six-month sentence is to run concurrently with a three-year sentence White is serving for possessing heroin with intent to supply.

# 'Family man' is spared jail after police discover cannabis plants

**A MAN** found growing cannabis plants told the police he became involved because he had lost his job due to the recession and was "skint".

Nathan Russell (38) of Maes Llan, Kenfig Hill, appeared at Cardiff Crown Court after being convicted by Bridgend Magistrates of producing cannabis and supplying the drug.

Russell, who represented himself, was sentenced to eight months' imprisonment, suspended for a year, and ordered to carry out 150 hours unpaid work and to pay a victim surcharge of £100.

Judge Patrick Curran told him: "I'll be completely straightforward, I'm going to impose a suspended sentence."

"You are a man who is very hard working, a good family man who fell on very hard times. You have picked yourself up."

Prosecutor John Warren said that police went to Russell's home and found five cannabis seedlings growing. He described them as "low category plants."

Russell admitted supplying friends, but said he made very little profit.

Most of the crop, he said, was for his own personal use.

If there was an excess, he would supply a number of friends, and would sometimes act as a middle man, "a conduit for others".

He accepted to the police that he had taken a risk.

Mr Warren said his motive was due to the recession, which had cost him his job.

He said he sold the drug to get by because he was "skint".

The court heard that he was now in employment and was said to have a conviction in 1997 for possessing drugs.

## Ensemble returns with fine concert

**A MOST** enjoyable evening was experienced at Brackla Tabernacle Church, Bridgend, when the Voskresenije Vocal Ensemble from St Petersburg, Russia gave a superb concert on their sixth visit to the locality, having performed on five consecutive years at Ewenny Priory Church.

Voskresenije, which means resurrection, is a Russian Chamber Choir, which was formed in 1993. All its members have studied at the St Petersburg Conservatoire of Music.

Anatoly Artamonov, the basso profundo, is one of only two singers in St Petersburg able to reach the lowest notes scored in Rachmaninov's *Vespers*.

The conductor, Jurij Maruk, has led the Novosibirsk Chamber Choir, the Waldimir Minin Choir in Moscow, the Marininski Theatre Sacred Music Choir and the St Petersburg Radio and Television Choir.

The choir has performed extensively throughout Russia and also in Germany, Switzerland, France, Italy, Austria and the UK with Maruk Jurij, conductor, and Artamonov Anatoly, basso profundo; Todorov Leonid, baritone; Nagibin Vitalii, tenor; Ashkinazi Arina,

alto; Radvilovich Vadim, tenor; Vorontzova Lidia, soprano, Trufanova Marina, alto, Babii Arina, soprano.

Their programme included music from Rachmaninov, Arhangelsky, Christov, Tshesnokov, Handel and Caccini and traditional Russian folksongs such as the Old Drinking Song and Kalinka.

The Voskresenije Vocal Ensemble was also entertained by Ieuencid Aelwyd Porthcawl: Alice Bailey-Wood, Emily Bruce, Anwen Angharad Dixon, Indeg Evans, Teilo Evans, Emily Huntley, Gwennan Jenkins, Elen Lloyd, Gwion Nicholls, Manon Nicholls, Ffion Margetson, Carys Parry, Bronwen Parsons, Nia Roberts, Elinor Williams, Ffion Wilson.

Llinos Swain was the conductor with Catrin Jenkin, accompanist and Carys Evans, harp.

The membership of Aelwyd yr Urd Porthcawl includes young people from all over the county borough of Bridgend. The Aelwyd meets regularly and members are given the opportunity to take part in a number of activities including singing, Cerdd Dant (traditional Welsh singing with harp accompaniment), drama, folk dancing, and arts and crafts through the medium of Welsh. **MM**

## Fundraiser Sarah smashes target



Sarah Brimble (on left) presenting donations to Nicola Newhams, fundraising manager for Macmillan Cancer Support.

**A FUNDRAISER** from Blaengarw has smashed her fundraising target for Macmillan Cancer Support.

Sarah Brimble organised three fundraising events in her community to say a big thank you for the help her family has received from Macmillan Cancer Support.

Mother of two Sarah organised a psychic evening, a family night and ladies evening at local clubs, and through the support of the Blaengarw community has so far raised a fantastic £1,222.

Sarah said: "I would like to thank the Blaengarw Hotel and The Top Club for letting me hold my events there; the people who came along to help out and all the small businesses that donated raffle prizes."

"A huge thank you goes to my sisters Amy and Ellen Brimble and Andrea Waring, as without their support I wouldn't have been able to raise such a fantastic amount of money! I look forward to organising more events in the future, as you never know when you will need Macmillan."

Anyone wishing to support Sarah, can contact her via the area fundraising manager for Bridgend, Nicola Newhams, via email, [nnewhams@macmillanorg.uk](mailto:nnewhams@macmillanorg.uk) (or call 07872 423102).

## BRIDGEND WI AT FEASTIVAL



Bridgend WI were flying the flag at the Festival.

**PICTURED** are Pauline Long, Heather Sparks, Gaynor Coombs, Cynthia Bailey-Wood and Nicola Bailey-Wood who, together with June Mills and Theresa Bufton, manned the Bridgend WI stall at the recent Bridgend Festival, when they made and sold cakes made by members.

The 'Willy Wonka' cake made by Gaynor Coombs was donated to the children's ward at the Princess of Wales Hospital.

Members enjoyed a trip to Westonbirt Arboretum on Saturday, October 12 with other WIs in the Penta Pen-Y-Bont link. The next link event will be held on November 23, when we will be holding a musical evening in the Bridgend United Church.

The next meeting of Bridgend WI will be held on Tuesday, October 19 in the Hope Church Hall at 7.30pm. Heather Sparks will be speaking on podiatry. Visitors always welcome.

For further information, phone Pauline Long (01656 653085) or Theresa Bufton (01656 857818).

## School's warm welcome at open evening

**STAFF** and pupils at Pencoe Comprehensive School were delighted to welcome year-5 and year-6 pupils to an open evening recently.

Mr David George, headteacher, took the opportunity of sharing with parents information on the excellent GCSE and A-Level exam results achieved by pupils last summer.

Parents and prospective pupils then enjoyed talks by other staff and pupils before going on a tour of the school. Each department had prepared presentations on their subject areas and there were also gymnastic and drama presentations by pupils.

Year-6 pupils also returned to school recently for some 'hands-on' experience in Design and Technology.

Pupils enjoyed the different aspects of this subject - including making key fobs, creating 3D models and some very sticky work involving marshmallows!



A hair raising experience in Science.

Parents of new year-7 pupils also enjoyed an evening recently when they were invited into school to learn more about the literacy and numeracy support available to their children.

This year is especially important for all year-11 pupils.

In addition to the recent year-11 parents' evening, parents had also attended a special information evening earlier in the term advising them of additional support being provided by the school.

## SPECIAL OFFER

**Remote Control Roller Shutters  
FROM ONLY £650+VAT FITTED**

FROM SOUTH WALES' LEADING DOOR  
MANUFACTURER AND GARAGE DOOR SPECIALIST

Contact us today for further information

**01656 659274 • 01446 439219**

**WWW.ACTIONDOORS.COM**

## INSTALL SKIP HIRE LTD Mini, Midi & Large



**Builders Skips  
Delivered & Collected**

- Fast & Efficient Service
- Friendly Staff
- 16 Yard & Roll On Roll off Skips available
- 95% of our waste is recycled
- Highway permits arranged when required

Mini

Midi

Builders  
Maxi

Builders  
Large

**Tipper Hire  
available**

**Possibly the  
cheapest  
Skips in the Vale**



Unit 12F, Atlantic Trading Estate, Barry CF63 3RF

**Tel. 01446 421072/733773**

**Email [installskipshireltd@hotmail.co.uk](mailto:installskipshireltd@hotmail.co.uk)**



## Local miners remembered at National Mining Memorial



ON Monday, October 14, members of the Parc Slip Disaster Memorial Committee were able to attend the opening and dedication of the Welsh National Mining Memorial at Senghenydd, marking the centenary of the worst mining disaster in UK history, when 439 men and boys died, together with one rescuer.

The Aber Valley Heritage Group organised a most solemn and informative series of events which began at about 8.10am with the sounding of the colliery hooter to mark the time of the disaster 100 years on.

Participants in this most moving service of remembrance, led by the local vicar, Rev Mrs S

Rees, included the Archbishop of Wales, Roy Noble, representatives of the independent churches and perhaps most importantly, the children and residents of Senghenydd and district. The singing was led by the impressive Aber Valley Male Voice Choir.

The memorial garden is dedicated to all those men and boys who have lost their lives underground, estimated to total some 10,000 in Wales.

Members of the Parc Slip committee were able to support this magnificent memorial, in some small way, with the help of the Cefn Cribbwr and Newcastle Higher Community Councils.

We urge everyone to travel the short distance to Senghenydd, just north of Caerphilly to acquaint themselves with this poignant part of our Welsh heritage.

BYRON BUTLER



## Local campaigning group gets thumbs-up from US TV star

ADHD Bridgend has received a massive international endorsement from American TV star, Emmy-award winning host of 'Extreme Makeover Home Edition', Ty Pennington.

He used Twitter to re-tweet a link to the Bridgend based ADHD support group to his 94,000 global fans.

Pennington, a person who lives with ADHD, tweeted to celebrate ADHD Awareness month and when ADHD Bridgend tweeted him back to let him know about their work in south Wales to promote positive awareness of ADHD, the American star decided to back the group by sharing their message and website address to the world.

ADHD Bridgend chair, Coun Luke Ellis, said: "We were astounded and sincerely



ABOVE:  
ADHD Bridgend chair Coun Luke Ellis with the vice-chair Zoe Piper.

flattered that Ty Pennington chose to re-tweet our message of support for ADHD Awareness month.

"He really is an inspiration to those of us living with ADHD and his backing of our positive message of 'Doing Something Different 4 ADHD' has touched our members and supporters

immensely and has been a real boost for ADHD Bridgend."

For further information about ADHD Bridgend, visit [www.adhdbridgend.org.uk](http://www.adhdbridgend.org.uk); follow us on Twitter @adhdbridgend; or for media enquiries please email [Clrlukeellis@gmail.com](mailto:Clrlukeellis@gmail.com) or call 07703 104 205.

## Shock as council plans to sell off town's museum

THE Old Police Station in John Street, Porthcawl, could soon be up for sale, after the tenants were given notice to quit by Bridgend County Borough Council (BCBC), writes PHILIP IRWIN.

Speculation about the future of the Grade 2 listed building had been rife after BCBC closed the Tourist Information Centre (TIC).

The tenants are the Porthcawl Museum and the Porthcawl and District Art Society.

The vice-chairman of the museum, David Swidenbank, told THE GEM what had happened. Ironically, the museum had received more historical items only last week, as a result of the closure of The Rest (see story on page 3).

He said: "Finally, just as we are telling the Rest that the artefacts we collected will be safe with the museum, BCBC tell us that they wish to sell our building owing to budget cuts and we will have to move out.

"This is something we will not take without a fight and any support would be appreciated. We had a meeting at the museum with the BCBC estates people and reminded them that as an accredited museum holding over 5,000 artefacts, we are responsible for the collection and its disposal - should we get to that point.

"It is no simple task. We also reminded them that we feel that while we have to understand current financial problems, the council must have a moral obligation over the future of the town's heritage."

Support was soon

forthcoming from the shadow Welsh Culture and Arts Minister, Suzy Davies, who said she will be making "urgent contact" with BCBC over the future of the building.

The Welsh Conservative Regional AM for South Wales West, said: "This is a lovely old building which houses the town's museum and also its art society.

"There is now empty space at the building since the council closed its TIC but I feel that it still has an important role to play in the cultural and social life of the town.

"The museum has been run for years by dedicated volunteers who have preserved important items from the town's past which are on display, and they change the display regularly to keep it up to date.

"I also know that the art society is very popular and has its own gallery in the building.

"A full consultation about the future of the building must take place involving the people of Porthcawl.

"I can understand if the council does not want to foot the repair bills for this Victorian building but it cannot just walk away from its responsibilities either.

"There are options

which can be explored to see if a way can be found to hand over the building to a consortium of local societies perhaps. It must be retained for community use."

A BCBC spokesman said: "Earlier this year, the council took the decision to change the way that we provide tourist information in the county borough.

"This modernisation of the service involved the closure of the tourist information centre in Porthcawl.

"Having taken this decision we then looked at whether we required the building for any other purposes.

"Due to the current budget situation, we have come to the conclusion that the building is surplus to our requirements and should be sold.

"Regrettably, this decision affects the Museum and Historical Society as well as the Arts Society, who have been long-term users of the building.

"The council has provided subsidised accommodation to both groups over many years. Council officers met representatives this week and we are working with them to see if we can help with interim arrangements."

## Domestic abuse charity opens its doors

DO you feel like your partner is controlling you? Have they ever threatened to hit you? Are you made to feel isolated from family and friends?

A spokeswoman from

Bridgend Women's Aid explained: "Some of these situations may seem unthinkable to many of us, but for some women in Bridgend county borough they are all too real.

"Bridgend Women's Aid is aiming to open local residents' eyes to the abusive behaviour that women and children are suffering from in many local homes by holding an open day."

The domestic abuse charity is inviting agencies and members of public to its offices at 36a Caroline Street, Bridgend from 10am-3pm on Monday, October 21.

The spokeswoman added: "Staff will be on hand at the event to answer further questions that visitors have about domestic abuse and the support available. Refreshments will also be available."

For more information call Bridgend Women's Aid during normal office hours on (01656 766139).

## Bridgend Rotary's 'walk on the wild side'

AT 10am last Saturday, October 12, a party of eight members of the Rotary Club of Bridgend, led by president Alun Brookes plus a canine guest, set off from the Llangeinor Arms.

They headed northwards over parts of Llangeinor mountain to Pant Blaenhirwr, overlooking Pontycymmer in the Garw Valley and Ogmores Vale in the Ogmores Valley.

A dry, crisp morning with good visibility afforded panoramic views of both valleys in the area cutting through the upper hill strata, and to the south the plains of the coastal areas of Glamorgan.

John was able to take some good vista photo shots.

The return journey was via the Pen y Foel trig point, with there-after a gentle downward slope to the Llangeinor Arms, to be greeted by fellow Rotarians and guests Bob Broughton, Jean Broughton, Dianne Pearce-Hubbard, Caron Jones, John Ward and Diane Ward for some welcome liquid refreshment, followed by a splendid lunch.

For all who walked, the last mile downwards from the trig point to the pub was easy walking - but even so, no-one could keep up with Edgar Burt and Gwyn Thomas!

HOPKIN JOSEPH

Did you know you can read your GEM online?  
[bridgend-today.co.uk](http://bridgend-today.co.uk)

## There are vibrant autumn colours on show at Westonbirt Arboretum

### NEWS FROM PENTA PEN-Y-BONT WI

A reminder that craft sessions open to everyone take place every Wednesday afternoon from 2pm-3.30pm in the small meeting room in the Williams Memorial Hall for a nominal charge of £1.

Please come along and learn a new skill in a friendly environment.

The autumn colour meeting considered: the shopping trip to Carmarthen followed by afternoon tea in the Towers Hotel; The WI Banner carol festival to be held in St David's Hall, Cardiff; an overnight stay in Denman College stopping en route in the Cotswolds; events planned for the December and January meetings; a Spring fashion show presented by Samantha B of Ewenny; a theatre trip planned for February 2014 to see *Fiddler on the Roof*

starring Paul Michael Glaser.

Thank you cards were received from Ann Llewellyn, the Treorchy ladies regarding the London trip, Carol Tipping, Barbara Dew and Marilyn Tucker.

The Coychurch Ladies Supper Concert raised the magnificent sum of £700, and a presentation to Velindre Hospital will be made at the next meeting.

The guest speaker Pam Robson presented an illustrated and interesting talk about her mother's shop that she opened in the parlour of the family home in the 1950s - "charming in its own way, a world gone by".

Many companies produced commemorative tins and metal plaques to advertise and promote their popular products,

not forgetting that ration books were still in use for certain goods following World War Two.

Pam's display of some of those promotional tins and ration books brought back memories of shopping pre-supermarket days, and in 1958, Sainsbury's supermarket opened in Croydon - the beginning of today's shopping experience.

For further information regarding events, please contact Sandra Davidson on 01656 669232.

The next meeting will be held on November 5 at 7.30pm in the Williams Memorial Hall. The topic of guest speaker Pat Johnson will be 'What does she do in that shed?' - felt making'.

Guests and prospective members are welcome to attend.



The GEM is in partnership with the Dog's Trust to find caring homes for animals in their charge at Bridgend Rehoming Centre (Tel 01656 725219)

## Two lively playmates, Willow and Wispa!



WILLOW AND WISPA.

**THIS week we are looking for two homes – one for each of these lovely lurcher pups!**

Willow and Wispa are both 16-week-old Lurchers. They are both sweet and energetic little dogs, who will grow into big dogs.

They will enjoy going to training classes, where they will learn the essential manners all dogs need, as well as being a great way to socialise with other dogs and people.

They would each really love to find a home where there is already another dog to show them the ropes.

We are appealing for them together, as we would really like to see them go to their new homes at the same time.

They would both like active homes, and would both suit older children, as they are sure to be bouncy young dogs as they grow!

If you would like to offer Willow and Wispa, or any of our other lovely dogs a home, please pop in to Dogs Trust Bridgend, or call on 01656 725219.

You can see Hudson and some of his friends on the website at [www.dogstrust.org.uk](http://www.dogstrust.org.uk).

Linda Feagan

## Quiz League round-up

**THE second week of the season seemed to go according to form, and the only real surprise was the size of champions Llangewydd Arms' winning margin against Swan Nomads.**

The final score was 60-46, yet after the written section they were only two points up. The other two first division games had almost identical scores; Mackworth Arms lost at home to Tondur Railway Club by 47 points to 43 and Oldcastle A won away to Tyrrisha Royals by 47 to 44.

In Division 2, four teams reached the 50 mark. Pheasant Gamekeepers beat newcomers Bush Kangaroos, Coychurch Wanderers won 52-49 against Laleston Inn B and Cabo

Roche drew with Crown Inn B 50-41.

In the remaining game at Pyle RFC, the visitors Pheasant Poachers squeezed past the home side to win 46-45.

Here are your four specials:

1. Which 19th century French composer wrote the opera *The Trojans*?
2. Which battle of the Second World War took place between October 23 and November 5, 1942?
3. What is the weight of a standard men's discus?
4. The capital of which US State is named after the 4th US President?

**A RUDGE**  
Intertruck and Pages  
DIY League)

**ANSWERS:**  
1. Hector Berlioz.  
2. El Alamein.  
3. Two kilograms.  
4. Wisconsin.

## Harmony Ladies choral group

"What an outstanding evening" was a typical comment by the audience as they were leaving Zion Chapel, Maesteg, at the end of the concert.

The ladies opened with 'I've got rhythm', and 'There's no business like show business', ending the first half with the Tina Turner hit 'Proud Mary'.

The soloist, Rebecca David, billed as 'The Little Lady with the Big Voice' did not let Harmony down.

She wow'd the audience with her varied programme of songs.

Compère Mr Anthony Bywe welcomed the ladies back on to the stage for the second half.

Anthony was his usual entertaining self and had the audience in stitches. He has become a good friend of Harmony.

The ladies sang nine new songs for the concert.

He last item was a *Miss Saigon* medley, which had the crowd on their feet shouting for more.

The encore was 'One Night Only', with Wendy Murphy, their talented musical director/accompanist conducting them.

Then came Harmony's second standing ovation of the night!

## Women's Institute

**PRESIDENT Eunice Williams opened the meeting with a welcome for the members, plus two visiting WI advisers, Carol Atkinson and Judith Lucas.**

The speaker, Pamela Robson's subject was 'Mrs Beeton'.

'Happy Birthday' was sung to the two October birthday belles, Peggy Jones, and especially Joanne Davies, who celebrated her 90th birthday this week.

Secretary Pat Lewis read the minutes of the last meeting, which included details of the link social evening at Archbishop McGrath Roman Catholic School in Brackla on October 25.

She also said that the committee had decided not to take a bus to the carol festival featuring 'Only Men Aloud' and the mass Glamorgan Federation WI Choir in St David's Hall, Cardiff on December 2.

Eunice then introduced Pamela Robson who already had her table and slideshow set up.

Isabella Mason, one of four children, was born in 1836 and grew up to believe strongly in household management. She didn't go to

school but was taught at home by her mother. She was 'finished' in Switzerland, France and Germany where she learned the art of patisserie.

At the age of 19, she was introduced to and subsequently married Samuel Beeton, a publisher who was known for his publication of *Uncle Tom's Cabin* among many others.

He started to publish a monthly magazine entitled the 'Englishwoman's Domestic Magazine' which carried lots of hints for household management, sewing patterns and recipes that readers sent in.

Eventually, Isabella wrote her now famous book of Household Management, which is still used in some homes today.

Although we hear a lot about Mrs Beeton and what she accomplished, she died at 28. If she had lived longer, who knows what she and her husband could have done with more time.

Her husband sold the rights to the magazine and the book, as he was on the edge of bankruptcy soon after Isabella died.

Pamela went on to demonstrate some of the items used in the dining rooms of the better off and showed slides of Isabella Beeton in her early twenties.

Pamela then showed a Victorian-style pudding – a vanilla blancmange with fruit on the top served on a pretty dish which she had made earlier and turned out in front of the members, without any problems.

A vote of thanks was given by Gillian Williams.

The raffle was won by Pearl Major and the competition for an item beginning with the letter 'I' was won by Eunice with a bottle of ink.

Eunice then introduced the two advisers from Glamorgan Federation who had come to help the members with a recruitment drive.

Aberkenfig and District WI is in urgent need of new members, otherwise there will be no alternative but to close, which would be a real pity after 32 years of a very successful Women's Institute.

At the next meeting on November 13, the speaker will be Joan Jones whose subject is 'Making Jewellery'.

Aberkenfig and District Women's Institute meets on the second Wednesday of each month, at 2pm in the Welfare Hall, Heol Persondy, Aberkenfig.

Contact telephone numbers are Secretary Pat Lewis on 01656 721933 or 01656 725399 or on [www.cob-webs.co.uk](http://www.cob-webs.co.uk).

You do not have to be a jam maker or a brilliant cook, or even know how to embroider to be a WI member, though of course you will have the opportunity to do these things if you really want to!

## Tynrhoeol Primary School

**Mr Martin Griffiths, the headteacher, is asking all pupils and responsible adults of the children, to take part in the school's art day on November 7.**

The school is going to make an attempt on a world record under the guidance of artist Steve Knapik, and the hope is it will raise lots of money for the 'Blue Balloon' children's charity.

Martin would like to thank all the children who took part in the recent cross country event at Coleg Cymunedol Y Dderwen.

## Tondur Primary School

**Mrs Susan Pilcher would like to invite parents and friends of children in Mr Llewellyn's class Cynffig to its assembly on Friday, October 18 at 10.20am.**

Everyone is welcome to stay after and have a hot drink, while enjoying a chat with friends.

Susan would like to thank the members of the PTA for their endeavours in raising funds to support the school.

The PTA has been able to donate £1,000 to the school, which has been able to purchase a set of learn pad tablets.

The PTA is organising a Christmas shopping trip to Bath on Saturday, November 30 for £9 per person. To book a place, see Mrs Cath Thomas or Mrs Kath Crewe.

Mrs Pilcher would like to advise parents of young children, that the school will be holding a session on Wednesday mornings from 9.45am

## Famous wills and their aftermath

NEWS FROM PENCOED WI

**THE October meeting saw more than 40 people enjoy a talk by Mr Phil Davies, entitled 'Weird Wills'.**

It focused on the rich and famous and it was surprising how many very well known faces had left confusion behind them.

The final plans are in place for the Christmas lunch and the deposit paid. It doesn't seem possible that the big day is so close, and that we have only two meetings left in this year.

## NORTH BRIDGEND NEWS

A message for all readers in the north of Bridgend who would like to have items included in the community news columns of THE GEM:

If you wish to submit reports on any social activity in this region, please contact me.

I am very approachable and will endeavour to include every newsworthy subject.

Contact details: **CLIVE MITCHELL**  
1 Tyn-Y-Coed Close, Sarn, Bridgend CF32 9NQ  
TEL: 01656 725399  
email: [tyncoed1@yahoo.co.uk](mailto:tyncoed1@yahoo.co.uk)



to 11.45 am in the school's Heol Persondy building in Aberkenfig.

The session is called Tondur Toddlers and the child will be able to meet to learn how to socialise with its peers, while the parents can chat and make friends.

## St John's Church, Aberkenfig

**A CHARITY concert is being held at the church to raise funds for the charity 'Saying Goodbye' which is a division of the Mariposa Trust.**

Saying Goodbye is a charity offering support and national remembrance services for anyone who has lost a baby through miscarriage, still birth or early years.

The concert is on Friday, October 18 at 7pm, doors open at 6.15pm.

The local male choir, Bois Goetre Hen a'r Cylch, will be performing with a number of local solo acts.

For more information telephone 07968 971067.

## Ogmore Valley Male Voice Choir

**THIS busy choir will be performing in a concert organised by the Royal Mint for the presentation of awards to its employees in the Vale Hotel (today October 17).**

On Sunday, October 20, the choir will be going to St David's Church, Neath where it will be taking in the first rehearsal for the 1,000 voice choir at the Royal Albert Hall next year.



WI speaker Pamela Robson.

## Welsh Wildlife Trust

**THE members of the trust are organising a nature fayre at Parc Slip visitor centre next Saturday, October 19 from 10am to 3pm.**

There will be number of activities and demonstrations taking place in which everyone will be able to join. Entry will be £1.

## Poppy Day Appeal

**BRACKLA Community Chorus is**

rehearsing for its first concert of the season to raise money for the Royal British Legion welfare fund.

It is joining with Pencoed Silver Band on November 3 in the Pencoed Social Club (Old British Legion Club), Hendre Road, Pencoed. Doors open 7pm and the concert starts 7.30pm.

The choir rehearses at Brackla Community Centre on Wednesday evenings during school term times from 7pm to 9pm, and welcomes visitors and new members.

We will be at  
**Cardiff City Stadium Craft and Hobby Show.**

**Friday 18th and Saturday 19th October 2013 10am to 5pm**

**Visit our stand for lots of special show offers**

**The Bead Room Closed from Thursday 17th and re opens as normal Monday 21st October 2013**

[www.beadroomboxesandbusts.co.uk](http://www.beadroomboxesandbusts.co.uk)  
Unit 19, Ty Yarlton Ind est. Barry, CF63 2BE  
or ring 01446 701230. Hrs: Mon-Sat 9am-5.30pm

**The Bead Room @ Boxes & Busts**



# Friends come up trumps for Porthcawl Lifeguards



The intrepid 'East to West Coast Challenge' cyclists raised £1,300 for local lifeguards.

AS a charity, Porthcawl Lifeguard Club relies heavily on the fundraising of its members and dona-

tions from the public on flag days, and collections on fireworks nights at Hi-Tide Inn. So we were very for-

tunate this year to receive a donation of £1,300 from a group of friends whose only connection to the club is an acquaintance with club member Ian Ellison who helped in the organisation of the event.

The fundraiser in question was the East to West Coast Cycle Challenge.

This consisted of 104 hilly miles from Workington to Sunderland.

The challenge was to be completed on a single Saturday on the last weekend in June, with

four of the team cycling the whole distance and the remaining five in a team relay.

Two of the more experienced cyclists in the group, Tony Barber and Sam Greaves, were able to complete the distance without too many difficulties; however, Keith Fox and Gary Smith showed great determination to overcome the very tiring distance.

The rest of the team, including Ross Clarke, Dave Bendall, Lyndon Helliings, Rich Taylor and Gary Fisher, cycled the course in 20-mile

relays. The whole team were then able to cycle the final 20 miles to the finish together, due to the generosity of Ronnie Quinn who gave up his Saturday to drive the support car.

Once again, we would like to thank all those who took part and supported this fantastic event.

The proceeds will go towards purchasing new equipment, to help provide critical lifesaving training to the young members of club.

ANDREW BARNES

## Can you save the day for Super Staffies?

THE Dogs Trust Bridgend is appealing for a brand new home for three superstar staffies.

A spokeswoman reports:

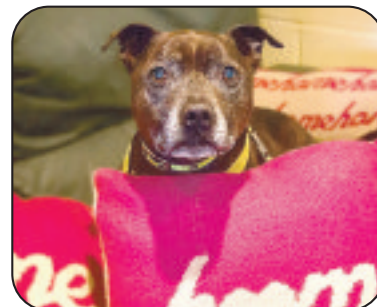
Mack, Gordon and Nancy would make loyal and devoted companions to anyone willing to give them a loving, stable home, says Linda Feagan, Supporter Relations Officer.

"Staffies can often be overlooked but can make fantastic pets as they are very affectionate. Mack, Gordon and Nancy never fail to bring smiles to our faces and love nothing more than a tummy rub and a treat."

"Mack (8) is a sweet natured boy loves people and cuddles and would suit a household where someone is always around to keep him company."

"Sadly, Mack has an ongoing liver condition, but Dogs Trust will continue to pay for his vet bills, so he needn't be a burden."

"Nancy is an excitable young lady and loves nothing more than running and playing to her heart's content. Nancy is looking for a home with children aged eight or over and would make the perfect companion to an active family."



ABOVE: MACK.

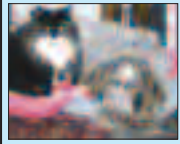
"Gordon is a mature Staffy looking for an adult-only home, and is looking for an owner who can provide the time and patience he needs to help him settle into a new home."

Anyone interested in offering any of our super staffies a new home should call Dogs Trust Bridgend on 01656 725



NANCY.

### MAESTEG ANIMAL WELFARE SOCIETY



Kittens, young and older cats – All needing a new family!

All cats have been neutered & microchipped

All our work is funded by Charity Shops. We sell bric-a-brac, books, clothes and small items of furniture. Donations always welcome and now you can text maws 11 to 70070

Tel: 01656 721496 or 01656 769855  
www.maesteganimalrescue.co.uk

Thanking everyone for their continued support

### Timberaway Garden and Tree Services

(NPTC)  
Qualified Tree Surgeon  
Fully Insured  
All types of garden and tree work undertaken.

Competitive prices which include  
Waste removal

Martin Robson awaits your call!

01446 402848  
07739 389578

## Is your kitchen looking unwell? Then call the Door Doctor

A family business with vast experience in the replacement door and worktop market. Everything you require from the doors, to worktops and new appliances and sinks.

FREE  
FITTING  
LIMITED OFFER

Before...



After...



Before...



After...



Before...



After...



DOOR  
DOCTOR

less mess, less cost

The Door Doctor

www.door-doctor.co.uk

01446 688018/01656 360027



# Customers support mental health day



ABOVE: Belinda Davies of Asda hands over the prize to Mary Stokes, from Sarn.



Treasurer Elaine Guscott.



Asda manager Chris Clarke draws the winning ticket.

AS part of World Mental Health Day, October 10, local charity Mental Health Matters Wales held a promotional event at Asda Bridgend.

Customers lined up to chat about the charity's services, volunteer in Wellbeing Centres, and to donate.

A raffle for a Mentally Healthy Eating hamper, donated by Asda Bridgend, was held.

Asda manager Chris Clarke drew the winning ticket and Mary Stokes of Sarn was the lucky winner. She was presented with her prize by Asda assistant Belinda Davies.

Representing Mental Health Matters Wales were treasurer Elaine Guscott, community services manager Lisa John and self-harm development officer, Karen Powell.

**Did you know you can read your GEM online?**  
bridgend-today.co.uk

# Youngsters tackle reading challenge

YOUNG bookworms from Bridgend County Borough have received special recognition for their outstanding efforts during this year's Summer Reading Challenge (See photograph on page 1).

Bridgend county borough enjoyed its most successful Summer Reading Challenge ever this year, with over 1,600 children completing the challenge, and Bridgend Library and Information Service invited the most avid readers to an awards event at Pyle Life Centre to praise the

impressive efforts.

The 20 young book lovers, who were nominated by their local libraries for their achievements during the challenge, giggled at local entertainer Mike Church who shared fun poems and read stories that some of the children had written, before the children were treated to goody bags from the library service.

Coun Lyn Morgan, cabinet member for wellbeing, said: "It's fantastic news that the Summer Reading Challenge has been such a success this year, as it's a great tool for helping children to develop their literacy skills during the summer break and helps them to discover just how

enjoyable reading can be.

"To complete the Summer Reading Challenge, the children had to borrow and read six books from their local library during the school summer holidays, but many of the children who received these awards went far beyond these minimum requirements.

"I'd also like to say a big well done to all the other youngsters from across the county borough who completed the Summer Reading Challenge this year."

To keep up with the latest children's events and initiatives taking place in your local library, visit [www.bridgend.gov.uk/libraries](http://www.bridgend.gov.uk/libraries).

## What kind of dog will choose you?



We've got small ones, tall ones, cheeky ones and squeaky ones,



sporty ones, haughty ones, fluffy ones and scruffy ones.

## STEAMED UP DOUBLE GLAZING?

Don't replace the Frames... just the Panes!

Broken or Damaged Windows?  
Faulty Hinges, Handles or Locks?  
Want the latest energy saving glass?  
5 year guarantee on new double glazing.



REPLACING YOUR FAULTY DOUBLE GLAZING

...we make saving money perfectly clear...

Call Freephone **0800 61 21 118**  
[www.cloudy2clear.com](http://www.cloudy2clear.com)



EVERY DAY 12-4PM. CLOSED MON.

If you're looking for a lovely dog come to Dogs Trust Bridgend.

- 🐾 We've got lots of happy, healthy dogs
- 🐾 They've been neutered and micro-chipped
- 🐾 They're vaccinated and given a complete health-check
- 🐾 We'll give your dog four weeks' free insurance
- 🐾 You'll get free advice throughout your dog's life

To see all our dogs, visit our website, [dogstrust.org.uk](http://dogstrust.org.uk)

You can trust a dog from



Registered Charity No. 207020 and 10341833



# Man escapes jail after Maesteg pub pool cue attack

A POOL cue that was used as a weapon to strike a customer in a pub, snapped in half, so severe was the force used.

Cardiff Crown Court heard that the victim, security guard Paul Thomas, had a seven centimetre wound to the back of his head which required five stitches.

Dewi Phillips (24), an industrial roofer with no previous convictions, of Heol-y-Fedw, Cynmer, admitted a charge of wounding.

He was sentenced to

## Report by AJ SICLUNA

nine months' imprisonment, suspended for a year, and ordered to pay £750 compensation to Mr Thomas, and £250 costs.

He was also put on an electronically-tagged curfew for four months from 8pm to 5am, and ordered to pay a victim surcharge of £100.

Said Judge Eleri Rees: "The courts take a dim view of violence that breaks out in a public house."

She said that whatever Mr Thomas had done, he didn't deserve to be attacked with a pool cue

and suffered a very nasty injury.

"What avoids you going into custody is your lack of previous convictions."

Prosecutor David Pugh said that on October 20, Mr Thomas was in the Navigation pub in Maesteg with his son, brother and cousin.

He had just finished playing pool and turned away.

"As he did so, Phillips picked up a cue and in the words of a witness, 'smashed' the victim to the back of the head, causing the cue to snap in half."

Mr Thomas's son and another customer restrained Phillips. Mr Thomas was bleeding considerably and was treated at the Princess of Wales Hospital.

When interviewed, Phillips said: "No comment".

Mr Thomas later said the incident had affected him and he was unsettled by noise. He said he no longer went out drinking, doesn't socialise and feels confused and dreams about the attack. He also said

he didn't know why he was struck.

Phillips' counsel, Andrew Taylor, said the pub landlady said in a statement that Mr Thomas had "been looking for trouble" and had been bullying the defendant.

"Mr Thomas was by no means a shy and retiring rose, and was partly responsible for what happened."

Custody would be devastating for Phillips."

# Preservation group adds to its collection

THIS month sees the Cardiff

Transport Preservation Group get two additional vehicles to its expanding collection of classic and historic buses.

The preservationists are based at a 1930s former Western Welsh bus garage, known as The Bus Depot, in Barry.

They recently saw the arrival of a 32-year-old Tow Truck, a big ERF

machine suitable for towing buses, and an 18-year-old former service bus, both from Cardiff Bus.

Mike Taylor, chairman of the preservation group, said: "The bus is a very useful addition to our heritage bus collection. It is an 18-year-old Dennis Dart single deck Cardiff Bus with 41-seat Alexander Dash body-work that used to run locally in the city and here in Barry."

"This 1995 bus is an example of one of the more recent step-



The latest addition to the preserved vehicle collection.

entrance type vehicles, soon to be phased out of public service due to accessibility issues.

"More recently, this Cardiff Bus example has been used for some years as a training vehicle, so we are looking to restore it to an 'as delivered' condition. This will require a re-paint and fitting of a full set of seats,

as these were partly removed when it was used for training."

The Cardiff Dennis Dart will be added to the collection of preserved vehicles and will eventually form part of the runnable classic bus fleet. There are numerous Dennis Dart vehicles on the road today, but this early example has an usual Alexander Dash body and is one of only seven delivered to Cardiff Bus.

The Preservation Group see it as important to have a few of the 1990s vehicles to allow all generations of the public to appreciate how bus travel changes, as vehicles like this will soon not be in public service and they are preserving a piece of local transport history.

Mike added: "We also secured from Cardiff Bus an old tow truck, which had been out of use for three years. It represents part of the ancillary fleet vehicles that all bus companies used to own themselves before these jobs were contracted out."

# Bus services review is welcomed by Vale AM

DURING an Assembly debate last week, Vale AM, Jane Hutt, raised concerns with Transport Minister, Edwina Hart AM, about the withdrawal of buses in the Vale.

She thanked the Minister for meeting her to discuss the adverse impact the loss of buses was having across the Vale, and asked the Minister if she agreed that the loss of buses was affecting access to employment and jobs, as well as social needs?

Edwina Hart replied that officials were meeting with officers of the South East Wales Transport

Alliance and Vale Council, to "review options and to evaluate the potential of re-instating services in Barry and the rural Vale".

She said she would report on its findings when the work has been completed.

The Transport Minister added: "Our funding and support of bus services and community transport schemes is likely to come under considerable pressure, but the important thing is to maintain access to key services even in these difficult times."

"I will be reviewing all issues around the help and assistance we give to bus services in Wales."

Ms Hutt said: "I welcome the commitment made by the

Transport Minister to review the impact of the loss of key bus routes and services across the Vale of Glamorgan."

"This review is being undertaken with the Vale Council and will take account of the adverse impacts that have been reported from across the County."

"I want to assure my constituents that I am submitting to the Minister and the Vale Council, all the evidence I have received, to assist them in this vital review."

"I will report back on the findings to all those who have contacted me and to the wider community that has been affected, including town and community councils!" Ms Hutt added.

## Registered Clinical Dental Technicians

### Express Denture Clinic

Denture Experts

#### Implant Retained Dentures

New Dentures - 5 day Service Available  
Free Initial Consultation and Advice

Emergency Denture Repairs

in 1 Hour

New Flexible Dentures and

Chrome Plates

Home Visits Available

Eat, Smile & Talk

with confidence

Telephone - Cardiff: 029 20623222

Talbot Green: 01443 222509

Andrews Denture Clinic, 89 Whitchurch Road, Cardiff, CF14 3JP

Threeways Dental Laboratory, Talbot Square, Talbot Green, CF72 8AB

The First Step to a Better Smile



• Brabantia • Stellar • Horwood • Judge Vista • Meyer • Circulon • Anolon •

Siemens • Smeg • Hotpoint • Canon • Electrolux • Zanussi • A E G • Liebherr • Miele • Caple

Gorenje • Neff • Bosch • Indesit • Hoover • Whirlpool • Bellini • Stoves •

Tricity Bendix



## 1st Choice APPLIANCE & COOKWARE CENTRE

PREMIUM QUALITY BRANDS AT THE LOWEST POSSIBLE PRICES

Two floors with a comprehensive display of appliances and accessories. Factory refurbished and brand new appliances in stock.

Built-in ovens, hobs, dishwashers, washing machines, fridge freezers, range cookers - gas, electric, LPG and dual fuel in stainless steel and farmhouse styles!

Quality Products at Competitive Prices!

NEW WASHING MACHINES From £179.99 ONLY WITH THIS ADVERT



Refurbished from £99.99

EXTRA DISCOUNTS EVERY SATURDAY DURING OCTOBER

Only with this voucher

DISCOUNTS FOR THE OVER 60s on Tuesdays and Thursdays (Please ask in-store for details) ONLY WITH THIS VOUCHER



3A TYNEWYDD ROAD, KING SQUARE, BARRY (opposite new library) Also large warehouse & showroom at 252 HOLTON RD, BARRY (Bassett End)

Experienced sales staff on hand to advise you with your purchases.



Prices constantly checked to make sure WE ARE THE CHEAPEST

All In Stock! - Ready to Go! Same/Next Day Delivery Service!

Full Repair Service and up to 5 years manufacturers warranty

Telephone: 01446 730884

www.1stchoicetrade.co.uk

OPEN: Monday - Saturday 9am - 5.30pm

Appliance used for illustration purposes only.

• TEG Design • James Martin • Jamie Oliver • Franke • Astracast • LG • LEC •



## Scott Wroe Hearing Centre - PENARTH



Scott Wroe Hearing Centre in Penarth is an independent, family run hearing aid practice with over 35 years experience of helping people improve their hearing. They are a 5 Star Centre for Phonak as well as the first Windex Approved centre in the UK.

- The highest levels of service and aftercare
- 30 day trial on all hearing aids
- 5 year warranty on all Phonak hearing aids
- 5 year aftercare service plan with all hearing aids
- Independent advice on all leading makes and models
- Home visit service available



### Mr Bartley Phillips

"The aids have given me a new lease of life. I can now hear people on the phone and also background noises. My children, friends and relatives cannot get over the change in me. I wish I'd done it years ago."

For more information or to arrange your appointment

Please call 02920 707760

Station Approach, Penarth CF64 3EE

(FREE PARKING OPPOSITE THE SHOP)





# LAST 4 DAYS

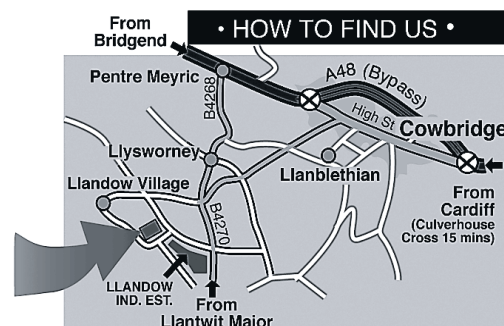
**BUY...THURS 10AM-8PM, FRI 9AM-5.30PM, SAT 10AM-5.30PM & SUN 11AM-5PM**

# FINAL REDUCTIONS THROUGHOUT THE STORE!



The Place for Homes  
Unit 1, Retail Area,  
Sutton Road,  
Llandow,  
Near Cowbridge,  
Vale of Glamorgan.  
CF71 7PA

Tel: 01446 772927/772928  
www.theplaceforhomesltd.co.uk



# THE GREAT £1,000,000 REFURBISHMENT SALE!

**NATUZZI, G-PLAN, WADE, CAXTON, SHERBORNE, CELEBRITY,  
SOMNUS, RAUCH, LAZYBOY, TEMPUR, KINGSTOWN ETC...  
SELLING OUT ENTIRE & COMPLETE STOCK! DON'T MISS OUR GREATEST SALE EVER!**

**OVER 60% OFF NATUZZI  
3 STR. & 2 STR. LEATHER SOFAS  
WAS £2,999.95 NOW £999.95**

**OVER 40% OFF  
MEGAN DRW. LEAF EXT. TABLE & 4 CHAIRS  
WAS £899.95 NOW £499.95**

**OVER 50% OFF  
RAUCH DOVER SLIDING WARDROBE  
WAS £549.95 NOW £249.95**

**50% OFF YEOMAN GRACE  
3 STR. SOFA & TWO CHAIRS  
WAS £2,169.95 NOW £1,079.95**

**OVER 50% OFF AVANT GARDE  
SWIVEL RECLINER CHAIR & STOOL  
WAS £399.95 NOW £165.95**

**OVER 60% OFF  
JAZZ COFFEE TABLE  
WAS £359.95 NOW £139.95**

**60% OFF  
SUSSEX 4'6" DIVAN BED  
WAS £499.95 NOW £199.95**

**OVER 50% OFF SHERBORNE CHELSEA  
LIFT & RISE DUAL MOTOR CHAIR  
WAS £1,339.95 NOW £574.96\***

**RUGS  
LARGE SELECTION  
FROM £19.95**

\* EX VAT FOR ELIGIBLE CUSTOMERS

## SALE ENDS THIS SUNDAY 20TH OCTOBER AT 5PM

ALL ITEMS SUBJECT TO AVAILABILITY

© LSC 2013



# Union 'galled' at the cost of council refit

LAST week, The GEM reported on how a £248,000 refit of the Vale Council chamber included £52,850 for 70 new chairs.

The cost of the chairs was confirmed by the council, after Coun Richard Bertin had been told by a Vale member of staff that the individual cost was £800 a chair – in fact, the average cost per chair was a little lower, at £755.

The council explained that a redesign of the chamber had been necessary because of disability legislation.

A spokeswoman pointed out: "The existing furniture was of a fixed nature and

could not be re-used in a flexible space; therefore, new, removable folding desks are to be used to allow the chamber to be multi-functional and increase its usage.

"A range of furniture types were assessed for their functionality, longevity, ease of use, appropriateness and value for money.

"The furniture selected was felt to best meet these requirements. The tables and chairs can easily be moved, to allow for much greater flexibility, which will enable maximum use of the space."

Coun Bertin said that since The GEM published the story, people had expressed surprise to him, even stopping him in Holton Road to

make the point.

"I find this amount of money is totally outrageous for chairs. It is so wrong to spend this amount of money when we are being forced to make cuts to services."

UNISON, the trade union, agreed with Coun Bertin.

Phil Carter, Vale union branch secretary, said: "Whilst UNISON completely understands and appreciates the need for the council chamber to be accessible to all, I do have serious concerns about the costs involved in this renovation."

"Local government workers are under increasing pressure and the situation is set to get far worse before there is even a glimmer of things

improving. The Welsh government have released their proposed budget and local government is going to be the biggest financial loser.

"We are going to feel that throughout the Vale, and I think the council will be hard pressed to explain why they have spent such an excessive amount on this refurbishment, when people are likely to experience the brunt of the cuts in the local services they access."

He added: "Many workers in the Vale aren't even receiving a living wage, and when you consider the amount spent on the renovation in those terms, it is pretty galling."

## PENARTH AND DISTRICT RAMBLERS



## Views across the Usk Valley to the Black Mountains

**THE weather forecast changed for the better and upon their arrival at the peaceful village of Llangatock, which lies on the Brecon Monmouth canal, blue skies and sunshine gave the group of ten walkers, including leader Barrie, a great welcome.**

By field, bridge and track, they began the gradual climb uphill, with brilliant views of the Llangatock escarpment high above them before joining what had been the lower tram road of the busy limestone quarries which operated there in the 19th century.

Across the beautiful Usk Valley, they enjoyed stunning views to the peaks of the Black Mountains filling the skyline above Crickhowell and Abergavenny, before climbing gradually to the hillside above Gilwern and the isolated pinnacle of limestone rock known as The Lonely Shepherd.

They were left there as a monument by quarrymen.

After refreshments, they rounded the hillside and began a journey across boggy open moorland with no visible tracks to reach the 529-metre trig point of Twr Pen-cyn and clear views which included the central Beacons and the peaks at Llangorse.

The moorland, beneath which labyrinths of tunnels in the limestone are regularly accessed by experienced cavers, contains many deep shake holes formed when the ground gave way dropping into an

underground cavity.

Descending, the group joined the old Llangatock tram road and stopped overlooking the massive wooded cliffs of the nature reserve at Darren Cilau for lunch in warm sunshine.

Steep narrow paths through pretty woods led downhill before another climb to a road from where they dropped rapidly through fields and woods containing interesting fungi to reach the Brecon canal with its private moorings for houseboats and restored limekilns.

Following the quiet towpath back to Llangatock village, they passed the impressive 16th century Old Rectory Hotel, a beautiful converted country house, once the home of the Welsh poet, physician, philosopher and author Henry Vaughan, who came to a great love for Breconshire where he was brought up.

His family owned

On October 19, meet at 8.30am at Cogan Leisure Centre for a 10.5-mile hard walk at Llangorse; contact Liz on 29 2051 3698.

On October 20, meet at 10am at Cogan for a six-mile moderate/hard walk at Rudry and Draethen; contact Pam on 029 2025 5102.

On October 22, meet at 8am at Cogan for a 16-mile hard walk around the Llanbedr Horseshoe; contact William on 01446 747239.

Some degree of fitness is required and if you are in any doubt, then please contact the walk leader for advice. Programmes and membership advice can be obtained from Pam on 029 2025 5102.

JOY STRANGWARD

## Where Spanish coins littered the beach..!

**ON what could have passed for a warm spring day, the Vale of Glamorgan Ramblers set off to the seaside, for an eight mile walk in the Gower.**

Arriving at Rhossili, they enjoyed the view from the cliff top.

We made our way to the aptly named Spaniards Rock where we enjoyed our coffee break in the sunshine. With its precipitous cliffs and facing the Atlantic Ocean, it is not surprising that there have been many shipwrecks around the Gower Coast.

It is said that when one of these ships was exposed, Spanish coins were found littered along the beach, which led to people staking out claims, quarrelling and fighting. Today, there is a cottage that was reputedly built out of the loot, and can still be seen today in the local village.

Making our way on the headland, we followed the coast until we

came to Broughton caravan park, before making our way inland towards the village of Llangennith.

After lunch, we descended into the valley, only to start the climb up to the top of Rhossili Down.

Once on the top, the Sweeney's Howes can be seen some way off the track, this being two megalithic burial chambers, the interest to us today is in the name, Sweeney was the legendary founder of Swansea around 1,000 AD, Sweeney's ey, or island, there once having been an islet at the mouth of the River Tawe, being the origin of the name Swansea.

We made our way back down from the Down and into the village, to enjoy the hospitality of the local Worms Head Hotel.

Further information available from vale-of-glamorganramblers.co.uk.

GF

## Llamau's thanks to the half marathon runners

LLAMAU would like to say a huge 'congratulations' to the 21 people who completed the Cardiff Half Marathon.

The total amount raised is still to be confirmed, with a number of runners still collecting payment, but is thought to be in the region of £3,000 with a record number of supporters running on Llamau's behalf.

Frances Beecher, chief executive of Llamau, said: "Thank you so, so much to all of our supporters who ran the half marathon to raise money for us this

weekend. We really value the effort that goes into doing an event like that, from nagging friends and family for sponsorship to leaving a nice, warm bed to go training on a cold, wet morning."

"The money raised will go directly to supporting the most vulnerable people in our community, so I can assure you that all of that effort has been well worth it."

For more information about Llamau, our research or our services, please visit our website [www.llamau.org.uk](http://www.llamau.org.uk).

## Commissioner seeks views on residential care

**THE Older People's Commissioner for Wales, Sarah Rochira, has officially launched her Residential Care Review into the quality of life and care of older people living in residential**

**care in Wales.**

She is calling on older people across the Vale and Bridgend, as well as their friends and families, to share their experiences of residential care, which will be used alongside a range of other evidence to develop a series of recommendations for residential care providers and public bodies.

Sarah Rochira said: "The voices of older people, as well as those who care for and care about them, are at the heart of my work as Commissioner, which is why I want to hear about their experiences of residential care."

As part of the review, the Commissioner and her team will also be visiting around 100 residential homes across Wales, including care homes in every local authority area. She will be meeting with older people in the Vale and Bridgend to hear directly from them about their experiences.

For more information about the review, call 08442 640670, or to complete the Commissioner's questionnaire online, visit [www.olderpeoplewales.com](http://www.olderpeoplewales.com).

## £100,000 grants for businesses

CARBON TRUST WALES is offering small and medium-sized businesses up to £100,000 towards reducing their carbon footprint.

Interest-free loans up to £100,000 are available, with the size of the loan offered and its repayment period based on projected CO2 savings, assessed by the Carbon Trust.

Funded by the Welsh Government, Carbon Trust Wales is an independent organisation which strives to nurture low carbon innovators while giving a range of high quality energy advice to public and business organisations.

To find out more about Carbon Trust Wales visit [www.carbontrust.co.uk/wales](http://www.carbontrust.co.uk/wales) or call 0800 085 2005.

**C.S. Boxall Ltd.**

Plumbing, Heating & Electrical Work

Over 30 years experience in the industry.

**WORCESTER**  
Bosch Group  
Gas, Oil & Solid Fuel  
Boiler Installations.  
Please take advantage  
of our Free Survey

Visit our warehouse for all your plumbing, heating and drainage supplies



**PLAN AHEAD FOR YOUR WINTER HEATING SERVICE.**

Call Frank on 01446 772292

**AGA & RAYBURN**  
Installation, Service  
and Breakdown  
Servicing from £80



For all  
your Tool &  
Plant Hire

Visit our website: [www.csboxall.co.uk](http://www.csboxall.co.uk)

Office 01446 772444 - Freephone 0800 849 1254

39F Vale Business Park, Llandow, Nr Cowbridge, CF71 7PF

OPEN:  
8am  
'til 5pm





## Try something new at Brewers Fayre Barry

As well as our all you can eat buffet favourites, we've now made our menu even tastier at Brewers Fayre Barry. Come and try our new 8oz Sirloin Steak, our Grilled Chicken & Bacon Salad, our Signature Beef & Ale Pie or our Slow Cooked Lamb Shank.

It's buy one get one free on all main meals, from 12 noon Monday to Friday from 14th October - 25th October. You're guaranteed to find something the whole family will love.

**BUY 1 GET 1  
FREE  
ON MAIN MEALS**



Bring your voucher with you next time you visit us at  
**Brewers Fayre Barry**  
Triangle Site, Fford Y  
Milleniwm, The Waterfront,  
Barry, CF62 5QN.  
Tel. 01446 724971

**Buy one main  
meal and  
get one free  
voucher**

\*Terms and conditions: 1. This voucher entitles the holder to a free main meal when purchasing another full price main meal from our main restaurant menu at the same time. Excludes breakfast, Our Chef's Counters and Daytime Value Menu. 2. Cheapest main meal will be free. 3. Voucher must be presented at time of ordering. 4. Offer is available at Brewers Fayre Barry, Monday to Friday from 14th October - 25th October 2013. 5. Cannot be used in conjunction with any other offer or the Whitbread privilege card. 6. Voucher is not transferable and cannot be exchanged for cash. Photocopies not accepted. All rights (including copyright) remain with Whitbread Group PLC. 7. The Promoter reserves the right to withdraw the offer at any time and without prior notice. Promoter: Brewers Fayre (on behalf of Whitbread Group PLC) PO Box 772, Dundalk, LUS 5RE.

FOR INTERNAL USE ONLY - HOUSE TEAM  
PLEASE RETAIN ON-SITE WITH TILL SLIP  
This voucher entitles the holder to a free main meal when purchasing another full price main meal from our main restaurant menu at the same time. Offer is available at Brewers Fayre Barry, Monday to Friday from 14th October - 25th October 2013.

T&E Code: B000F Mains Promo Code: BF4855



# Out and About with The GEM

## WHAT'S ON AND WHERE IN THE LOCAL AREA

### Zumba Gold classes

ZUMBA Gold classes which provide modified, low-impact moves for active older adults, are held every Wednesday (1pm-1.45pm) at Llantwit Major Youth Centre, Station Road.

Call 07966 242933 for details.

### A Chorus of Disapproval

THE Paget Rooms, Penarth, will stage PODS' production of Alan Ayckbourn's *A Chorus of Disapproval*, from October 16-19.

Robert Gairey, Tiffany Barker and Perry Thomas are among those taking to the stage.

Tickets can be ordered on line at [www.pods-penarth.org](http://www.pods-penarth.org), from the Tenvovus shop in Penarth, or by ringing Brian Gardener on 029 2071 2260 or email: [ticketsecr@pods-penarth.org](mailto:ticketsecr@pods-penarth.org)

### Beetle Drive

ON Friday, October 18 at 7pm, Holy Trinity Presbyterian Church is holding a Beetle Drive.

Admission £1 to

include light refreshments. Children free.

The entrance is at the junction of Aberystwyth Crescent and Trinity Street.

### Vale AM's surgery

THE Vale of Glamorgan AM, Jane Hutt, will be holding a surgery on Friday, October 18 from 4pm-5pm at Wick Village Hall, Church Street, Wick, CF71 7QF.

### Brass band concert

TOMORROW (October 18), the Vale of Glamorgan Brass Band will be presenting an 'Autumn Concert' in Dinas Powys Parish Hall at 7.30pm.

The 'Training Band' made up of mainly schoolchildren, have been practicing hard. A wide variety of music will be played at the concert. Admission charge £5 at the door, or from Dinas Powys Post Office.

On Tuesday, October 22 at 10.30 am, the coffee shop strollers (Cosmeston Hub) meet outside the visitor centre at Cosmeston Country Park.

### Ward surgery

THE Labour Vale and Town councillors for Buttrills and Court

wards, Barry, Bronwen Brooks, Pamela Drake, Jeff Evans and Stuart Egan, will be holding their regular, monthly advice surgery on Saturday, October 19 from 10am-11.30am in the meeting room of Barry Library Kings Square. No appointment is necessary.

### Court surgery

COURT independent councillors Richard and Robert Bertin will hold their next regular drop-in advice surgery for residents of Court ward this Saturday, October 19, at the Barry YMCA in Court Road, Barry from 11am-12noon.

### Valeways walks

ON Sunday, October 20, at 2.30pm, 'Moulton-eering!', starting at the Three Horsehoes car park, Moulton.

On Tuesday, October 22 at 10.30 am, the coffee shop strollers (Cosmeston Hub) meet outside the visitor centre at Cosmeston Country Park.

On Wednesday, October 23 at 10.30am, 'nature reserve', starting at the car park opposite the Blue Anchor pub, Aberthaw.

### Free advice

PASSMORES Solicitors of Barry will be holding a free legal advice surgery at the Senior Health Shop, Barry on Monday, October 21, from 10am-12 midday. No

appointment is needed. Contact 01446 732385 for further information.

### Free health check

AGE Connect Cardiff and Vale (formerly Age Concern Cardiff and Vale) holds a monthly free health check at the Senior Health Shop, Holton Road, Barry, on Wednesday, October 23, at 11.15am to 12 midday, for advice and information.

Contact 01446 732385 for further details.

### Hospice benefit

THE Marie Curie hospice in Penarth will benefit from a Halloween fancy dress event at Barry Island Yacht Club from 7.30pm on October 26. Entry £5. Light refreshments, live bands and DJ. There will also be raffle prizes and games throughout the night for over-18s only.

Call 07779 241535 (Spencer Beard) or 07801 492393 (Robert Hunt).

Tickets can be collected from Le Panini, Holton Road, Barry, and The Back House, Barbour's Island Road, Barry.

### Wick fayre

WICK and District Pensioners Club's autumn fayre takes place at Wick Village Hall, on October 26 at 2pm-4pm.

Various stalls; cakes, books, tombola, Christmas items, pro-

duce, plus raffle.

Admission 50p, includes refreshments.

### St Athan car boot

A CAR boot sale will be held at St Athan Community Centre on Sunday, October 27, from 10am-1pm; £5 a table or car.

### Barry gig

THE Locust Honey String Band, Chloe, Ariel and Meredith, play The West End Club in Barry on Friday, November 1.

Bluegrass, old-time country, blues and folk from Asheville, North Carolina-based trio; support Blind River Scare. Tickets on 075561143114.

### Neil Diamond charity night

THERE will be a Neil Diamond Tribute Night and Disco at Bridgend Rugby Club on Friday, November 1.

Doors open 7.30pm for 8pm start. Tickets £10 in advance/£15 at the door.

Contact Sue on 07861 698918; [sue4marie@outlook.com](mailto:sue4marie@outlook.com)

### Welsh Hearts

Welsh Hearts/Calonnau Cymru, the Heart Charity for Wales, is holding an autumn fayre on Saturday, November 2, from 11am to 3pm in the Town Hall, Cowbridge.

Stalls include a Christmas stall with cards and gifts, homemade cakes, plants, raffle. Free admission.

All proceeds go towards the charity's Hearts All Wales Defibrillator Appeal and funding emergency lifesaving equipment throughout Wales.

### Band concert

THE prize-winning RAF St Athan Voluntary Band and the Morriston Orpheus choir are in concert at Llantwit Major Leisure Centre at 7.30pm.

Tickets (£10) are available from Chris Davies Estate Agents, Llantwit Major, or telephone 01446 798527 to reserve and collect on the door.

## ROMILLY PUPILS RAISE OVER £1,300 FOR THE NSPCC



TWO weeks ago, pupils at Romilly Primary School set about collecting sponsors to raise money for the NSPCC.

The older children concentrated hard on completing a spelling test, while the younger children had to spot shapes in a picture that they decorated. How delighted was Mrs Sara Phillips, local representative of the NSPCC, to come into school on Friday and to find out that the children had raised over £1,300!

### Nursery fun day

A PIRATE-themed family fun day is to be held at St Iltyd's Day Nursery, Station Road, Llantwit Major, on Saturday, October 19, from 10am to 2pm.

There will be arts and crafts, games, face painting and refreshments and all are welcome.

For more details please contact 01446 790178 or email [sidnursery@churchinwales.org.uk](mailto:sidnursery@churchinwales.org.uk)

## 'Love to Sing' for St Donat's Church

'I LOVE to sing - but don't often get the chance', said one of the 100 or so people who joined the Colhughkelele Band and the Valhalla Musicians at an arts centre sing-along in February of this year.

So successful was the event that it is being repeated, with some new elements on Sunday, October 27, at 3pm in St Donat's Arts Centre.

'Love to Sing' will include popular songs from The Beatles, Mary Hopkin, Ralph McTell,

John Denver and many others.

In addition, original Celtic-style music from the Valhalla group will provide a creative musical contrast.

Funds raised from 'Love to Sing' will go to the upkeep of St Donat's ancient church.

Don't miss the opportunity for sharing in an old-fashioned community sing-along and some wonderful homegrown music!

Tickets at £5 (to include refreshments) are available from Nickleby's book shop in Llantwit Major or on the door.

## Shorter cycle!

A UK premiere at St David's Hall on Friday, October 18, features music by Richard Wagner.

His monumental Ring cycle at this year's BBC Proms was a complete sell-out.

For those who couldn't contemplate 16 hours of opera, one of the world's leading conductors, Lorin Maazel, has devised 'The Ring Without Words', a piece that knits together the great orchestral sections of the Ring.

It lasts one hour - leaving out all the singing - and will be performed by Cardiff Philharmonic Orchestra.

Let us know 'What's On' in your area email The GEM at:

[gemeditorial@tindlenews.co.uk](mailto:gemeditorial@tindlenews.co.uk)

## LLANTWIT MAJOR CRAFT & GIFT FAIRS

Saturday 19th October - Llantonian Hall (behind the library) 10.00am - 3pm

Wide variety of crafts and gifts. Come along for a browse, refreshments and a chat.

• Art • Cards • Glass • Jewellery • Wood • Textiles  
E: [petashields@gmail.com](mailto:petashields@gmail.com)

\*\*\*\*\*  
**OCEAN LOUNGE**  
 ★ PORKHERRY ★  
 WE ARE NOW OPEN:  
 FRIDAY & SATURDAY NIGHTS  
 ALL DAY & EVENING ON SUNDAYS  
**LIVE ENTERTAINMENT**  
 plus Bingo  
**KARAOKE**  
**EVERY FRIDAY**  
 Saturday 19th October  
**JADE McDONALD**  
 Excellent Vocalist  
 Saturday 26th October  
**DAVE BARTLETT**  
 Clubland Award Winner  
 Best Male Vocalist  
 Saturday 2nd November  
**HALLOWEEN FANCY DRESS PARTY**  
 With fantastic band 'BURNOUT'  
 Hi-Energy Rock at its best!  
**Traditional SUNDAY ROAST**  
 Only £7.95  
**CAR BOOT SALE**  
 EVERY SUNDAY from 2pm  
 To find us - click directions@  
[www.firejoust.com](http://www.firejoust.com)  
**Tel. 01446 710362/711538**  
 \*\*\*\*\*

## Ty Hafan lottery draw winners

THE following are winning numbers in the Ty Hafan Crackerjackpot lottery draw number D796.

● £2,000: 909913.  
 The rollover, which now stands at £8,500, was not won this week.

● £10: 366551; 642146; 774450; 673722; 293352; 123801; 151246; 772099; 756320;

196079; 797769; 843710; 331347; 228090; 110604; 394874; 143989; 639414; 513593; 144101; 267916; 265758; 409726; 418614; 631019; 204939; 203519; 483002; 219900; 616774; 106746; 155291; 711444.

The GEM cannot be held responsible for any errors or omissions contained in the above.  
 For lottery information please telephone 029 2053 2300.



• 0% FINANCE AVAILABLE • 0% FINANCE AVAILABLE • 0% FINANCE AVAILABLE •

# SAVE ELECTRIC & GAS THIS WINTER!

## WITH OUR A-RATED ENERGY EFFICIENT WINDOWS & DOORS

MPN Windows, your local Network VEKA member is recommended by Steve Davies. **We will beat any written quote like for like!**

### SPECIAL OFFER

BEVELLED FRONT DOORS £499

WINDOW & DOOR REPAIR SERVICE AVAILABLE 7 DAYS A WEEK

6 (YALE LOCKING) WINDOWS FITTED FROM £1795

(YALE LOCKING) DOORS FITTED FROM £475

(YALE LOCKING) FRENCH DOORS FROM £795

(YALE LOCKING) CONSERVATORIES FROM £3495

(YALE LOCKING) COMPOSITE DOORS FITTED FROM £795



WINDOWS & DOORS

FULL REPAIR SERVICE AVAILABLE

FREE VERTICAL BLINDS

WIDE RANGE OF STYLES & FINISHES

10 YEAR PEACE OF MIND GUARANTEE



NETWORK VEKA IS  
APPROVED BY STEVE DAVIES

*Steve Davies*

**Voted Best  
Installer - Wales  
2013 by  
Network Veka**

**Award Winning  
Family Owned  
Business  
since 1994!**

**REPAIR SERVICE**  
**Available 24/7**  
**Call 07976 640959**

**0%**  
**finance**  
**available**

**SPECIAL  
OFFER**

not to be  
missed

This stunning  
**Bevelled  
Front Door**  
fully fitted  
only £499



choose one of these perfect doors

**NO DEPOSITS  
& FREE QUOTES**

ASK ABOUT OUR TRADE WINDOWS,  
DOORS AND CONSERVATORIES

FREE ONLINE QUOTES

[www.mpnwindows.com](http://www.mpnwindows.com)

or Text your quotes to: 07976 640959



**Amazing Offer!**

Claim your free vertical blinds with every full house  
of windows and doors or conservatory fitted!

Terms and conditions apply

Scan with  
your  
smartphone



**Free Conservatory  
Design Service  
Available**

**We supply & fit  
Fascias, Gutters  
& Downpipes**



APPROVED MEMBER

**Network VEKA**  
MEMBER



Email:

[mpnwindows@aol.com](mailto:mpnwindows@aol.com)

Opening Hours:

9am to 9pm

7 Days a Week

**BRIDGEND 01656 349515 - CARDIFF 02920 508770**

**BARRY 01446 439212 | 07976 640959**

**[www.mpnwindows.com](http://www.mpnwindows.com)**

Showrooms at: 10a Ewenny Road, Bridgend. CF31 3HL  
Unit 2 Leckwith Road, Cardiff. CF11 8AP

• 0% FINANCE AVAILABLE • 0% FINANCE AVAILABLE • 0% FINANCE AVAILABLE •



# 'Fitting tribute' to the courageous seafarers

THE Mayor of the Vale of Glamorgan, Coun Margaret Wilkinson, attended a short ceremony at Barry Waterfront when she unveiled a memorial anchor as a lasting tribute to the seafarers from Barry and the Vale.

The ceremony began with the Mayor welcoming everyone and saying: "We are here to remember all those seafarers who have given their lives in time of war in the cause of freedom and justice."

"This dock and the men of Barry played a major role in the war and it is wholly fitting there should be a memorial by the sea for us to acknowledge their contribution to their country."

"This memorial will be a lasting tribute to those seafarers from Barry and the rest of the Vale of Glamorgan."

The prayers and dedication were led by the Rev Duncan Ballantyne. Members of the Barry Branch of the Merchant Navy Association, Joe Norton and Peter Rees made the readings and its chairman, Jim Greenway,



laid a wreath.

Mr Greenway said: "On behalf of the Barry Branch of the Merchant Navy Association, I would like to thank the Vale Council, Associated British Ports, Trinity House, and A G Adams & Son for enabling this project to come to fruition."

"A special thanks must go to the local seafarer who donated the anchor. I am delighted that we have this fitting memorial on Barry Waterfront."



## Council reaches out to the young

AS part of Local Democracy Week, the Vale Council is asking young people about the issues that affect them.

Local Democracy Week focuses on recruiting members onto the Vale Youth Forum charity that brings young people together to discuss issues that affect them and their represented schools and organisations.

As the AM for the

Vale and chair of the Vale Youth Forum, Jane Hutt: "The Vale Youth Forum provides great experiences and opportunities for young people to be involved and to make a positive contribution to their community and to personally benefit from the range of training and experiences on offer."

For more information email [valeyouthforum@hotmail.co.uk](mailto:valeyouthforum@hotmail.co.uk) or call 02920 701254.

## 'Councils will run out of money' a councillor warns

I AM writing to say just how concerned I am about the cuts to local authorities in Wales.

I really believe that many Welsh councils will run out of money or will go bust due to next year's Welsh Government budget cuts. This means in already difficult times the councils will be forced to make further cuts and I am really not sure how much further they can go

before there is a detrimental impact on our communities.

We are struggling as it is and this will only make matters really much worse.

The Welsh finance Minister, Jane Hutt, must think again and help save our Welsh Councils. It's not good for local democracy and Wales!

Coun Richard Bertin, Barry (Independent, Vale of Glamorgan Council)



Mr and Mrs Greenway receive their £1,000 vouchers from chairman Mr Graham Nelson.

ONE lucky shopper is getting ready for a £1,000 spending spree after being picked as the winner in a competition to coincide with The Place for Homes' £1,000,000 refurbishment sale.

The company in Llandow, has undergone one of the biggest clearance events in its 47-year history.

It held a free prize draw as a way of thanking customers and a winner was picked out.

Mr and Mrs Greenway

of Pencoeed were the winners and were presented with their vouchers by chairman, Mr Graham Nelson.

Mrs Greenway was thrilled to win the

£1,000: "I can't believe we won. The first piece of furniture I bought here was a buffet hutch back in 1972 and it was probably Mr Nelson who served me!"

## Brecon Railway trip

THIRTY-FOUR members of the Friends and Neighbours' senior citizen group held their summer outing to Brecon and Cyfartha Castle including a trip on the Brecon Railway.

They enjoyed lunch in the Railway Restaurant, looked around the souvenir shop where many bought a keepsake to take home.

They visited Cyfartha Castle where they admired the architecture and wonderful decor, and also the decorative gardens.

# The Vale gets extra Flying Start cash



ABOVE: Left to right - Vaughan Gething, Kathryn Clarke, early years and childcare manager at the Vale's Flying Start Centre, and Coun Chris Elmore.

THE Deputy Minister for Tackling Poverty, Vaughan Gething, visited the Flying Start Family Centre in Barry recently, to announce that additional grant funding will be made available to Flying Start initiatives across Wales.

The Flying Start programme offers eligible families free quality childcare for 2-3 year olds, parenting support, an intensive health visiting service and early language and play development support.

During the visit, the Deputy Minister said: "This new funding shows that despite the unprecedented squeeze on our budget, we remain committed to helping fami-

lies in our most deprived communities. Coun Chris Elmore, the Vale Council's cabinet member for children's services, commented:

"The Vale's Flying Start team do an excellent job in supporting local families, so the announcement of extra funding is great news. The Vale of visit".

## Energy advice at the Senior Health Shop

ARE you a pensioner and looking for advice on ways to help save your energy bills and help with heating?

The NEST Welsh Government scheme will be at the Senior Health Shop, Holton Road, Barry on Thursday, October 24 from 10am-12noon.

You may be entitled to home improvements insulation, new boiler etc.

No Appointment is needed, just come along and an energy advisor will be available to answer any questions and give advice.

Further information contact 01446 732385.

## Are you suffering from Post-Traumatic Stress Disorder (PTSD)?

If you are experiencing upsetting thoughts, nightmares, flashbacks or are feeling unable to relax after a traumatic event, you could be suffering from Post-Traumatic Stress Disorder (PTSD)

We need volunteers to take part in a study of a new online treatment for PTSD based on Trauma Focused Cognitive Behavioural Therapy (TFCBT) and you could help us

The study will involve following an eight-week programme online with regular guidance from an experienced therapist. We will assess your symptoms before and after treatment

If you are interested in taking part or would like more information about the study please contact

Dr Catrin Lewis  
on 029 20682013 or [catrin@healthcare-learning.com](mailto:catrin@healthcare-learning.com)

Thank you

Did you know you can find The GEM on Twitter? Follow us @gem\_news



## Fun day for the forum at Llantwit



ABOVE: (left to right): Jane Weldon, executive 50+; Lynda Wallis, chairman 50+; Alun Cairns MP; Gill Thomas and Julian Roach executive, 50+.

## Regional AM backs Guide Dogs Cymru

**THE Lib-Dem regional AM for South Wales Central, Eluned Parrott, gave her support to Guide Dogs Cymru at an event at an event in Cardiff Castle.**

Guide Dogs Cymru provides support and assistance for individuals with limited or no sight to enable them to go about everyday tasks that they rest of us takes for granted.

Eluned Parrott, said: "I was pleased to be able to show my support for Guide Dogs Cymru and to witness first-hand the incredible work that they do and I was even happier to be able to meet some of my constituents."

"Guide Dogs Cymru do a wonderful job in promoting and encouraging independent mobility and inclusion for all, especially in enabling people to go about the everyday tasks that the rest of us take for granted so often."

**THE Vale 50+ Strategy Forum celebrated International Older People's Day on October 1 at Llantwit Major Rugby Football Club with a Wellbeing fun day event.**

Members of the public were able to get information from a range of services including leisure, U3A, craft activities, welfare benefits, Action on Hearing, TeleV, etc.

There was also an opportunity to try Zumba, computers and pedal power. The forum was also entertained by the U3A Cowbridge

branch 'Singing for Pleasure' group with songs from South Pacific.

The forum would like to thank the stall holders, members who helped out on the day, and the public for attending.

Also special thanks to Vale MP Alun Cairns; Coun Neil Thomas, the Mayor of Penarth; and Coun Keith Geary and his wife, Mayor and Mayoress of Llantwit Major, for coming to support the event. JW

## NEWS FROM FONMON APIARY

# Varroa still the biggest threat

– but wasps also a problem

**THE fine weather of late has certainly given the bees a boost and I am pleased to say a little honey has come my way.**

Treating for Varroa is now being undertaken – not all colonies are receiving treatment as there is abundance of brood present in all stages, and nectar is still coming in.

This season is about a month behind and as a result, the times stated in bee literature for honey to come off and treatments to begin is not at all relevant.

Varroa are the biggest threat and their control has to be addressed. A new product is available, its format is Formic Acid soaked pads.

These are different from earlier Formic Acid applications as they can be used while honey supers are still on the hives.

So why am I not treating all of the colonies? Well, as it is a new formula, I do not wish to put all of my eggs in one basket so to speak.

The results from a couple of colonies will help me in my evaluation of this product and should it turn out egg-shaped, I will not lose all.

The name of this newest treatment is MAQ STRIPS. Translated to Mite Away Quick strips.

Varying the approach to mite control is sound sense. Over the years, several generations of miticide have been used but due to stipulated regulations being ignored, it has resulted in the mites developing resistance and, of course, a money-waster to the beekeeper.

Unfortunately, there are still many beekeepers that firmly believe that they do not have a Varroa problem. Consequently, little or no control is undertaken and there we have a ready

supply of mites and their associated problems waiting in the wings.

Quite apart from the Varroa, this year has produced an abundance of wasps and they are causing problems to the beekeeper.

Reports are coming in of colonies being lost to invasion by wasps. Why is this happening?

It is that time of the year when wasp colonies proceed to die out. This comes about because the queen wasp has finished laying eggs and there are no grubs (larvae) to be fed by the adults.

The grubs have a diet of meat (caterpillars eg). In return for this, they produce a sticky substance that is the diet of the adult wasps. The lack of their feedstuff means that a search is on by these adults to find a substitute and the contents of a beehive meet their requirements, as does your beer, jam, fruit of all kinds and anything remotely sweet and sticky.

Finding such resources means that they can live a few more days, before death overtakes them.

Although I have reduced the entrances to my hives, the wasps are very persistent and guard bees are very busy but not always victorious.

The shortening days mean that the bees and I are preparing for the winter to come. Will they survive? I will certainly assist them as best as I can and hope that the weather will not be too severe.

We can only hope that spring 2014 puts in an appearance and not be the disaster that occurred this year.

Being a beekeeper requires an optimistic outlook, plus the will to tackle all of the problems that are our lot at present.

**HAROLD WILLIAMS**

## Llantwit Major Rent First Scheme Rent Now Buy Later – No Deposit Required

### An end-link four-bedroom house opportunity has arisen under the Rent First Scheme

The property comprises:

- three storey, four-bed house
- with downstairs wet room;
- integral garage and driveway; and
- enclosed rear garden.

The property is sited close to the town centre, and local bus and train routes.

These properties are aimed at aspiring home owners who can rent now and buy the properties later.

Occupiers will save for their deposit on the mortgage while they are renting.

**Rent: £173.08 per week**

### Who will qualify for the Rent First Scheme?

To be eligible for the scheme applicants must:

- be over 18; and
- have lived or worked in the Vale of Glamorgan for six months, priority will be given to those who have a local connection to Llantwit Major.

Applicants will need to be first time buyers or consider themselves first time buyers in their own right and meet certain affordability criteria (including a minimum income requirement).

**For an application pack call Homes4U on (01446) 700 111 or e-mail homes4U@valeofglamorgan.gov.uk**





## Readers' Letters

**IMPORTANT!** We reserve the right to edit all letters. We do NOT accept anonymous mail. LETTERS AND EMAILS MUST INCLUDE FULL ADDRESS AND A CONTACT TELEPHONE NUMBER. AN EMAIL ADDRESS ALONE IS NOT SUFFICIENT!

We will (in certain circumstances) protect a writer's identity, if requested. Please keep your letters BRIEF and address them to: The Editor, DON JOHN, at Glamorgan GEM Ltd, Graig House, 53 Eastgate, Cowbridge CF71 7E OR email gemeditorial@tindlenews.co.uk

## FIREFIGHTERS PAY OUT MORE FOR PENSIONS

**I** WOULD like to answer some of the queries raised by the retired soldier in last week's letters page.

Firstly, Mr Watt is not a highly-paid union official, but a local official who also works for the fire and rescue service.

Secondly, he is acting on behalf of his members, after a national ballot where 80 per cent of the members voted for industrial action.

Lastly, which I think is the most important point, firefighters are paying more for their pensions, as much as 14 per cent of their salaries by the end of 2014 – only the police pay a similar contribution.

Whilst members of the fire service are not happy about this, they accept they have to contribute more towards their retirement.

They are not happy about the Government's proposal about fit-

ness tests, where, if a serving firefighter has 28 years' service and fails a fitness test, they could be sacked without their pension and have to wait until normal pension age, with little or no chance of re-employment.

I have the utmost respect for members of the armed forces, but please get your facts right before criticising members of a profession I was extremely proud to be a part of for over 31 years.

Mark Bell, Barry

## Facts about the firefighters

**I**N answer to 'recently retired soldier' in last week's GEM. He might think he has a point when he says that firefighters have to work longer along with everyone else to help reduce the deficit. I certainly don't.

Now, I think it's safe to discount the likelihood of those who instigated the deficit, the average bankers, working longer; but how on earth does he expect a 60-year-old firefighter to go out climbing ladders into burning buildings?

Like a lot of ex-forces people in the same position (myself included) he makes great play of the fact that he's covered a fireman's job when asked – but the point is, he didn't do it for long, and I'd bet my shirt that he wasn't 60 years old.

He says that firefighters should try doing a soldier's job. I can tell you that most firemen are at least as fit and as capable as the average

soldier, they have to be, they, too, put their lives on the line when necessary. Soldiers and policemen don't do that at 60, why should a fireman?

He mentions pensions... does he know how much a fireman pays in pension contributions? A lot more than a soldier, believe me.

That's why they can, and should, have the ability to retire earlier than most.

I've heard it said that they can step back off the front line into a desk-based job when they are older. No, they can't – those jobs aren't available in any number.

All that would happen is that the firefighter would fail a fitness test or two, be dismissed on 'capability' grounds and then be penalised for having to take an early pension.

I would urge people to get some facts together before demeaning what he freely admits is 'a great and dangerous job.'

Gerwyn Thomas, Llantwit Major.

## Notice of Motion

**I** WAS surprised by the comment in the letter from Coun Bertin in last week's edition that the failure by the Vale Council to secure further Regeneration funding had resulted in the 'forcing' of a debate.

All that happened was that members moved a Notice of Motion, a procedure that is long-established and only requires a request from two members.

Perhaps in the future, Coun Bertin could find another member to support him in such a request.

It always puzzles me why more opposition members of the council don't use this procedure to 'force' debates on

important issues. As far as I can recall during the four years of the Conservative administration between 2008 and 2012, there were only two such motions, both at the same meeting.

Both were requested by Labour members, one calling for the immediate restoration of the mobile library service. I'm not sure what was meant by immediate!

Gordon Kemp, Llancarfan

## 'Barry has been disregarded'

**I** AM drawn to the comments of a letter in The GEM on October 10 headed 'Too Much Talk About Barry' (name and address supplied).

I believe the writer in question is totally misinformed and obviously quite out of touch with reality in this real world we all live in.

He or she has the audacity to exclaim that Barry received £10 million in regeneration money last year and that many other areas in the Vale, including Cowbridge, were the subject of neglect by the Vale of Glamorgan Council.

I would like to point out that the regeneration money awarded to Barry was not £10 million but £9 million, most of which was wasted on hair-brained schemes such as the Thompson Street makeover which has, sadly, been revealed by the public as not fit for purpose.

However, in the same

period in time or thereabouts, a staggering £19 million was spent alone on a new school in Cowbridge, plus more money spent in the so-called neglected areas the writer pointed out in the Vale.

The misinformed writer should also recognise that Barry, being the largest town in Wales, has been the subject of total disregard by the Vale Council in recent times.

In Barry, we now have no cinema, very limited or almost no tourist accommodation, and many of our amenities have been totally destroyed or completely ignored; the Knap Lido being a typical example of the savage attitude by the council in recent years towards the once majestic town of Barry.

There are many other examples of decay allowed by previous administrations in our once proud town. **Barrie V Evans** (Group coordinator, Barry First Group/Barry Voice)

## Mike's legacy

**T**HOSE who attended the funeral of local sportsman Mike Ashton on October 9 in Barry, had been invited by Mike to make a donation to the Malarchi Pooncholai Trust.

The Barry-based charity runs a children's home in the south Indian state of Tamil Nadu. Mike was a much-respected trustee of this charity.

I am pleased to say that the collection realised the sum of £293.01. This sum will maintain one of the 80 children in the home in food, clothing, education, medical care and overheads for two years and five months.

This result will be a most appropriate memorial to Mike. The Malarchi Pooncholai Trust was a cause very close to his heart. On behalf of all the trustees, I would like to thank everybody who contributed.

**Douglas Baxter, Barry** (Treasurer, Malarchi Pooncholai Trust)

## PRAISE FOR CAOS' PERFORMANCE

**L**AST Saturday evening, Cowbridge Operatic Society (CAOS) performed at Cowbridge Town Hall, with guest singers Toby Hunt and David Furnell.

There was a wide variety of music from Abba to Les Miserables, a fantastic evening was had by all. One member of the audience said that she had thoroughly enjoyed the

evening and was looking forward to their next event.

Anyone interested in joining CAOS should call 01446-713110 for more information. **Michelle Rowland, St Athan**

## Three cheers for the National Health Service!

**I** RECENTLY had a hip operation at Llandough Hospital. I was in Ward 3 and I had the operation in Cavoc Ward.

After the operation, I woke up in Ward 3 and was put opposite the nurses' desk so they could see I was all right.

After having a new hip, you are not allowed to bend, but the next day you get out of bed with the nurse's help. She – or he – has to put your slippers on.

You are washed daily and have clean sheets daily. You have a cup of tea served to you and then the breakfast trolley comes along. We had a choice of porridge or cereals, and cooked breakfast.

I enjoy my food and I had a cooked breakfast and toast and marmalade every morning. The lady bringing the trolley around was lovely and greeted me with a smile.

The next trolley comes around with books, sweets and other things so you can buy (if you wish). I did the crossword puzzle, or I read.

With the use of my walker, a day or so later I was able to walk to the WC and back to my chair beside my bed – or the nurse helped me back into bed and took my slippers off.

After a day or so, I was moved up the ward because a new patient had a new knee or hip.

The tablets were brought around daily and injections were administered. As I had had trouble with my first opera-

tion and my legs swelled up, I was given an injection in my tummy each day to make sure I didn't get a blood clot.

Well, I received all this for nothing. I have heard people say they paid their NI stamp all their working life for this care; but the amount they paid then doesn't cover the cost today for doctors, nurses, cleaners, cooks, food, maintenance men, and laundry workers.

I think the Government should give extra money to the hospitals and stop the cuts.

My husband's father was gassed in the first war. He had a saying "let them paddle their own canoe", and I am sure he would have said this now about the all the money given to other countries.

Yes, give money to aid other countries – but not so much. First, MPs should look after their own people.

I am sure the vast majority of the people working in the health service do their best, but they are human beings like us patients and they are overworked.

A nurse's job is no easy task – they are dealing with sickness and death every day of their working life and if they are not treated properly, they could become stressed or ill – and then who would care for us?

I say three cheers for the National Health Service and everyone who works for it.

Where would we be without them?  
**Margaret McParlin, Dinas Powys**

## 'We need to hang on to the green'

**W**ITH reference to the Conservat

ive leader in the Senedd, Andrew RT Davies's remarks on the LDP, I would like to remind, or inform him, that Barry was originally made up of small villages, rural, green and mostly farmland.

Barry grew into the town it is, due to coal and the docks, and probably constituted highly to the wealth of the Vale of Glamorgan as a whole.

If he reads the proposed LDP, he will surely see that Barry Waterfront will be accommodating a fur-

ther 1,700 houses. We have also seen Pencoedre woods ripped apart for housing this year, as well as many other smaller developments.

He seems to think we should be upset that other areas are included in this plan.

Whilst I do not agree with some of the proposed sites, I believe Barry can no longer bear the brunt of being the building site of the Vale.

The docks are gone, the roads cannot deal with the volume of traffic and, ultimately, we would like to hang on to our green boundary. Selfish maybe, but hey ho!

Also, in response to 'name and address supplied', the Vale Council tax is worked out in bands, set by the value of the property.

If you are paying more than the people in Barry, you are lucky enough to live in a very valuable property. **Sue Eldridge, Barry**

## The Welsh Government to tackle 'shocking' problem of fly-grazing

**NEW legislation targeting those who deliberately fly graze their horses in Wales has been introduced to the National Assembly by Minister for Natural Resources and Food, Alun Davies.**

The Control of Horses (Wales) Bill will provide all Welsh local authorities with identical powers to seize, impound, return to the owner, and, as a last resort, euthanise horses by humane means when they are on land without lawful consent.

Speaking about the legislation, the Minister said: "Fly grazing and the abandonment of horses and ponies has had a truly shocking impact on communities across parts of south Wales over the recent years. The Welsh Government is determined to take action to address this problem."

"We know that our current legislative framework does not allow the enforcement bodies to deal with the problem as comprehensively and robustly as we would wish."

"That is why I am introducing the Control of Horses (Wales) Bill which if passed by the Assembly will give all local authorities in Wales strengthened and uniform powers to work towards a fly grazing free Wales."

"This legislation promotes more responsible ownership and management of horses and allows for early and swift intervention when horses are abandoned or left on land without consent." The Minister also stated

ed how important it was that local authorities, charities, the Police and Welsh Government continue to work together as closely and effectively as they have been over recent months to stamp out fly grazing.

Lynn Cutress, chief executive at Redwings Horse Sanctuary, said: "Having seen first-hand the devastating impact of fly grazing in Wales, we are delighted that the Welsh Government has taken such decisive action on this problem."

"We hope the new Bill will strongly discourage horse owners from using such a disgraceful and illegal practice, which often has grave consequences for the horses involved."

Earlier this year, the Welsh Government consulted on the need for an all Wales legislative solution to fly grazing and received over 600 responses. The vast majority of those who responded were in favour of improved legislation.

Conservative regional AM, Andrew RT Davies, said: "My calls for action on fly grazing were repeatedly brushed off by the First Minister and the fact that it has come forward is testament to the relentless campaigning of charities, concerned members of the public and opposition politicians who have long recognised the gravity of the situation."

The Minister made a full statement to the National Assembly detailing his plans to tackle fly grazing on Tuesday, October 15.

## Live band charity event

**MURCHFIELD Community Centre in Dinas Powys is holding its first live band charity event on Saturday, October 26, at 8pm.**

Victoria's Music Box will play pop hits from the 60s, 70s and 80s to raise funds for Dinas Powys Voluntary Concern.

Lead singer Vicky is a songwriter, guitarist and recording artist, who has appeared in the touring production of *Jesus Christ Superstar*. Last year, the

Community Centre was refurbished and repainted. It is used by a number of community groups throughout the week as well as being home to the Community Cinema.

The next event will be a St Andrew's Night Whisky Tasting on November 30 (ticket only event).

Tickets for Victoria's Music Box, priced at £5 each, are available from DPVC office at the rear of the hall, The Parish Hall, Britway Road, or by calling 07765 513424.

**YOU CAN FOLLOW US ON TWITTER @gem\_news**



# YOUR **FREE OFFICIAL GUIDE** TO THE 2013 FOOD & DRINK FESTIVAL



The Glamorgan  
**GEM**



**ACTIVITIES • EXHIBITOR LIST • TOWN MAP**  
**FOOD DEMONSTRATION TIMES and more...**

**OCTOBER 26th-27th, 2013**

## ‘WELCOME TO THE TENTH FOOD & DRINK FESTIVAL!’

**I**t has been my privilege to be the Chair of the Cowbridge Food and Drink Festival for nine of its 10 years and I have watched it grow and develop each year.

It is very rewarding to know that the food festival is now regarded as one of the best festivals in Wales, both by the industry and by the producers and exhibitors, who are incredibly complimentary about their visits here each year.

Working closely with the committee and event manager, we start working on the next year's event almost immediately the last one finishes. A huge thank you to all our committee for their help in the

planning of this great event.

Again we welcome Waitrose and HSBC as our key sponsors – they have both been really supportive of our festival. To deliver the event costs over £60,000 each year, which is made up of corporate sponsorship, any funding received, as well as the gate and exhibition fees we receive.

Any surplus each year is put into guaranteeing the following year's event and developing the festival further.

This year, we are introducing a new marking system for gaining entry into the main marquee areas. People will obtain a wristband and throughout the town a number of establishments will be offering incentives and reductions for those wearing these bands – either over the weekend or over the next few weeks.

I am also pleased to report that many of the town's established businesses, as well as some new ones, are joining in the festivities by offering discounts, samples or other benefits to those wearing bands.

This will give visitors even more reason to visit the entire town.

The Park and Ride stops will again be the town centre X2 stops, which we hope will increase footfall in town shops, and encourage more traders to hold activities during the festival weekend.

Our aim has always been to build on the amazing food heritage of Cowbridge and the Vale and showcase this brilliant town, while supporting small producers in difficult times by broadening their audience over a great fun weekend.

### BY JOHN DAVIES, CHAIR OF THE FESTIVAL

We select our exhibitors to give a wide choice of product, some of which you may not see every day.

Thank you again to all those who attend or help us over the weekend – marshalling, on the PA, organising activities to complement the festival, offering their car parks, and generally supporting the event each year.

We look forward to welcoming you on this, our 10th year and hopefully in the years to come.

### Park and Ride

A **FREE** park and ride scheme will be in operation throughout the weekend (daytime only) and this year will drop you right in the heart of Cowbridge town centre – at the existing X2 bus stops.

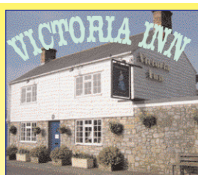
If travelling from the Bridgend direction, you will be directed by the lovely AA signs to the Llwynhelig Farm P&R site, where there is parking for over 300 vehicles.

From the Cardiff direction, you will be directed to the Cowbridge School Park and Ride site, where there is parking for over 200 vehicles.

Buses and parking are free of charge and the service will run every 30 minutes from each site, returning at the same intervals. These drop you in the centre of Cowbridge.



The Food and Drink Festival is returning to Cowbridge! PICTURE BY GLYN EVANS



**Victoria Inn  
SINGINGSTONE  
Nr COWBRIDGE**  
CF71 7LP  
**01446  
773943**  
*A popular choice!*

**Food served Monday - Saturday**  
**12 noon - 2.30pm; 6pm - 9pm**  
**Sunday 12 noon - 5pm**

### DELICIOUS HOME COOKED FOOD

We are famous for our homemade pies  
Chicken, Ham and Leek Pie  
Steak and Kidney Pie, Fish Pie,  
All homemade and served with fresh vegetables

### DAILY TWO-COURSE SPECIALS - £10.95

Lunchtime (Served Mon to Sat)  
Evening (Served Mon to Thurs)

**STEAK NIGHT**  
**EVERY FRIDAY - £10.00**  
*locally sourced*

**SUNDAY ROASTS £8.95**  
selection of four delicious roasts  
and a choice of bar meals

**CHRISTMAS TURKEY**  
**2 COURSE LUNCH £12.95**  
**\* 4 COURSE CHRISTMAS  
PARTY DINNER £21.95**  
**\* 5 COURSES**  
**CHRISTMAS DAY LUNCH £55.95**  
New Years Eve we are serving our normal  
evening menu followed by a dance and free  
\* light nibbles just before midnight \*

**Victoria Meal Vouchers are  
always a welcome gift solution!**

**4\* BED & BREAKFAST**  
**www.victoriainnsingingstone.co.uk**  
*(Five minutes from Cowbridge)*

## FRINGE FUN AT THE FESTIVAL

**T**HE Cowbridge Food and Drink Festival Fringe will provide a showcase for new and smaller food producers, local crafters, makers and artists, sustainable enterprises, community talent, and will be a nice place to relax on what promises to be a busy weekend in Cowbridge.

A marquee for live music, talks, café and seating will be located in the Old Hall Gardens, with additional stalls in the grounds and college annexes, plus the entertainment zone put on by the Cowbridge Comprehensive pupils. Street food, wandering entertainers, a busking spot, mini golf and falcons on show will all add to the fringe atmosphere.

There will be plenty to see, do and enjoy for all the family; silver jewellery making workshops, stained glass making, willow weaving and clay pot throwing,

will be on-going in the artisans' hub.

There will be advice available on chicken keeping and community food growing.

Children will be kept busy by Play Aloud with parachute games and craft activities.

On the main stage on Saturday, Llansannor and Llanharry Primary School will sing at 10am, local melodic rock and covers band Orca play at 1pm, and Richard McCranor, guitarist, entertains at 3pm. Cowbridge Radio will broadcast live from the site with music and interviews.

At 4.30pm it's time to 'Meet the Buyers and Bloggers' local food buyers and writers will visit the new producers on the site, followed by live Q and A in the marquee at 5.30pm, to which all festival stallholders and the public are invited.

Local residents, visitors to the town, and all festival and town traders are invited to The 'Afters' Party and Saturday Night

Takeaway 6.30pm-8.30pm.  
Jazz/folk trio Seafall will play, plus community singing and open-mic for local talent.

Bring your own food and drink, or both available on site. The cob oven – specially built for the food festival – will be lit for hot breads. Bring along a surplus cookbook for the book swap and be inspired by someone else's!

Sunday sees Stagecoach singing and dancing at 12.30pm, a Louisiana band at 1.30pm, cider-making talk from Llanblethian Orchard at 2.15pm, and a Community Foodie projects celebration and film showing at 3pm.

The food fringe festival has been organised by the HubCowbridge Community Network, and funded by Creative Rural Communities and Cywain – championing local and Welsh produce.

Full programme and more information can be found on the Hub website [www.hubcowbridge.com](http://www.hubcowbridge.com)

*Grand Opening*  
*Sunday, 20th October*

*The Stitching Boutique*

*Now at 27 High Street,  
Cowbridge CF71 7AU*

*Join us for tea & cake throughout the food & drink festival weekend – free with every purchase.*

*We have relocated to our permanent premises after our successful trial in the pop up shop. We will be offering a larger range of dressmaking, quilting and home furnishing fabrics. Our 'stitch in time' hourly rental use of our janome sewing machines will be in our training suite with complimentary refreshments, plus our Boutique area to peruse our selection of fabrics at your leisure away from the shop floor.*

*27 High Street, Cowbridge CF71 7AU  
[www.thestitchingboutique.co.uk](http://www.thestitchingboutique.co.uk)*



# FOOD DEMOS AND PLENTY OF FUN!

**T**HE food demonstration area this year will be to the rear of Xantippe on North Road – directly opposite the main marquee site. Thanks so much to Sarah and John for the use of this brilliantly central site.

The schedule offers a wide variety of interesting and fun demos to suit all palates and levels of ability.

Attendance is free of charge, including any information sheets and tasters.

## Saturday, October 26

**10.15am: Sian Basset Roberts, Director of Ceginio (cooking in Welsh), will be cooking a trio of Welsh, French and Spanish biscuits.**

Ceginio are producers of a series of Welsh Cooking DVDs and run a variety of Welsh food presentations and workshops.

This summer, Sian piloted some 'Make Bake Take' Welsh cooking workshops in St Fagans. Guests were able to make, bake and take home their own traditional, chocolate/orange or lemon/cinnamon welshcakes.

Sian organised Ceginio's first Food Safari for Maesteg WI. She also works in the media, and is currently one of the S4C voices, and news reader and continuity announcer for Radio Wales.

See [www.eginio.com](http://www.eginio.com)

## The Cross Inn, Cowbridge

**Llantwit  
Major Road,  
CF71 7LJ**

**Telephone:  
01446 772995**



Visit a 17th century Freehouse pub and restaurant, with cosy fires, 1/2 mile from Cowbridge on the Llantwit Major Road.

**LUNCHTIME & EVENING  
MEALS AVAILABLE**

**FOOD SERVED  
ALL DAY SATURDAY**

**SUNDAY LUNCHES  
AVAILABLE UNTIL 4.00PM**

**CHRISTMAS PARTY BOOKINGS  
NOW BEING TAKEN**

Food Hygiene Rating 5  
CAMRA recommended [www.crossinncowbridge.com](http://www.crossinncowbridge.com)

## The Vale of Glamorgan Inn REAL ALE FESTIVAL



**OVER 50  
BEERS &  
CIDERS  
TO SAMPLE**

**FRI 25th, SAT 26th  
and SUN 27th October**

**LIVE BAND FRIDAY NIGHT  
DIAMONDS IN THE ROUGH**



**High Street,  
Cowbridge** **01446  
772252**

**11.30am: Zeb Barns and Oliver D King, WM Jerk Centre.**

Zeb and Oliver will be preparing traditional jerk chicken and pork with fried festival, seasoned the traditional way with skellion, thyme, garlic, scotch bonnet peppers, spicy, sweet and secret herbs, and marinated in Zebbie's impeccable sauce.

**12.45pm: Anand George, Purple Poppadom, Cardiff.**

Award-winning chef, Anand George, is the driving force behind Purple Poppadom, Cardiff. From Kerala, India, Anand is one of the UK's most acclaimed chefs, renowned for his pioneering of Nouvelle Indian Cuisine – receiving awards, including the prestigious Tiffin Cup for the UK's Best Indian cuisine, and South Asian Chef of the Year.

Recently making a debut entry in The Good Food Guide 2014, Purple Poppadom was also named the Welsh Curry House of the Year 2012 and Indian Restaurant of the Year in the South Wales Echo Food and Drinks Awards 2013.

Enjoy the chef's demonstration of his Keralan mussel stir fry, spinach and lentil dal and chicken curry supreme.

See [purplepoppadom.com](http://purplepoppadom.com).

**2pm: Daniel James, Head Chef, The Vale Hotel**

Daniel has held his challenging and rewarding position at the Vale Resort for four years, having previously worked in larger prestigious hotels in London, as well as smaller hotels in France and across the UK.

Daniel will be recreating the delicious goats cheese cheesecake, which appeared in the Cowbridge Food and Drink Festival recipe book. Everyone could attempt this delicious starter from simple everyday ingredients.

Some elements can be prepared in advance, making this a great dinner party-pleaser and it can be adapted to put your own 'slant' on it.

See [www.vale-hotel.com/Hotel/Dining](http://www.vale-hotel.com/Hotel/Dining).

**3.15pm: Peter Harding, Yellow House Kitchen**

The Yellow House Kitchen joined us last year with their delicious home-reared 'franks' amongst other things.

For 2013, Peter will be joining us in the demo

theatre to create the perfect hotdog with all the trimmings.

See [www.yellowhousekitchen.co.uk](http://www.yellowhousekitchen.co.uk).

## Sunday, October 27

**10.30am: Mike Hendry, Head Chef, Llansantffraed Court Hotel**

Llansantffraed Court Hotel is situated near Abergavenny. Originally from Ayrshire, he began his career as a chef aged 21, and moved to Wales in 2003, after being offered a position at the Michelin-starred Crown at Whitebrook.

Mike was promoted through the brigade and was part of the team when the establishment was awarded a coveted Michelin Star in 2004.

He is passionate about using local produce from trusted Welsh suppliers and the hotel's own large kitchen garden.

He has transformed the hotel's dining room and celebration menus, which includes Cardigan Bay crab sable with crème fraîche, cucumber and apple.

See [www.llch.co.uk](http://www.llch.co.uk).

**12pm: Creative Rural Communities' Community Growing Project**

Three participants in this amazing project will join the chef on stage to produce a starter, main and dessert. In the spirit of the Community Foodie concept, they will use fresh local ingredients – and where better to find this than at your community-growing project allotment, and seasonal produce from around the Vale.

**1.30pm: Wayne Thomas, Canteen on Clifton Street**

Wayne Thomas is co-chef and co-owner of Canteen on Clifton Street in Cardiff – a vegetarian restaurant that has taken the city by storm.

Since opening, Canteen has been nominated for numerous awards, including being shortlisted for the Vegetarian Society Award for Best Vegetarian Food in both 2008 and 2009.

See [www.canteenoncliftonstreet.com](http://www.canteenoncliftonstreet.com).

**3pm: Goldie, Samosa Co, Pontyclun**

This brilliant family-run business has exhibited for several years, and this year will impart the knowledge of creating a delicious stuffed paratha.

See [www.samosaco.co.uk](http://www.samosaco.co.uk).

## Cob oven created at Old Hall Gardens



Last year's small temporary cob oven, built for the food festival fringe, was a great success, and will be rebuilt as a permanent community resource for Cowbridge.

**A NEW resource for the community will be created ahead of the Cowbridge Food and Drink Festival this weekend.**

Join Nancy Evans in Old Hall Gardens from 10am-4pm outside annexe 3 to learn how to make cob, build a cob oven (a pizza-type oven that you could create in your own garden) build a fire and cook in it.

For drying purposes, the cob oven has to be built over two days – but participants are welcome to come along for part of the time, or just call by to find out more about it!

The cob oven will then be a resource for community groups, private gatherings etc.

The cob oven has been funded by Creative Rural Communities, so places are free, but are limited. The project has been kindly supported by The Cowbridge Charter Trust.

Please call Nancy on 07729 758510 for more information, and to reserve a place.

## THE COWBRIDGE FOOD & DRINK FESTIVAL 2013

The Mayor of the Vale of Glamorgan Council, Councillor Margaret Wilkinson, would like to wish everyone involved with The Cowbridge Food & Drink Festival a happy and successful weekend.



Hoffai Maer Cyngor Bro Morgannwg,  
y Cynghorydd Margaret Wilkinson,  
ddymuno penwythnos hapus a  
llwyddiannus i bawb sy'n ymwneud a Gwyl  
Win, Diod a Bwyd Celtaidd y Bont-Faen.

**Cowbridge Comprehensive School's  
Annual PTA  
CHRISTMAS MARKET**

Looking for some unique Christmas Presents? Look no further - come to our annual Christmas Market. Over 60 stalls selling, unique & hand crafted gifts such as ceramics, prints, jewellery, accessories, cards & books.

Refreshments include: mulled wine, home made mince pies, hot food & drinks.

**Sunday, 17 November, 10.30am - 3.30pm**  
Cowbridge Comprehensive School,  
Aberthir Road, Cowbridge CF71 7EN.  
(If you would like a stall to sell your goods please email to: [mandypterry@me.com](mailto:mandypterry@me.com) or call 07979 148989)

[www.funfoundationsdaynursery.co.uk](http://www.funfoundationsdaynursery.co.uk)

**10% discount**  
for each additional  
sibling registered.  
Childcare vouchers  
accepted.

**FUN  
FOUNDATIONS  
DAY NURSERY**

Are pleased to support  
**Cowbridge Food & Drink Festival**

Vale Forge, North Road,  
Cowbridge CF71 7DF  
Tel. 01446 771117

**Adey  
& Fitzgerald  
Walker**

Chartered Certified  
Accountants and  
Tax Consultants

Professional advice  
and a friendly service

Over 40 years  
of excellence

- Free initial consultation
- New business start-ups
- Self assessment tax returns/tax advice
- Business accounts for sole traders/partnerships and companies
- Company formations/audits
- VAT and payroll services

Competitive rates

The Pavilion, Eastgate,  
Cowbridge, Vale of Glamorgan  
Tel: (01446) 772299  
also at Barry (01446) 739953

**Llanerch Vineyard  
Cookery School**

Enjoy brushing up on your culinary skills or learning new ones at Llanerch Vineyard Cookery School – we have it covered!

- Day and evening courses
- Children's courses
- Skill builder courses
- Demonstration and dine events
- Corporate/team building events
- Bespoke private events

We hope you enjoy browsing our website for event details. Please quote 'AG1' to book or purchase that extra special gift voucher.

01443 222 716  
[www.llanerch-vineyard.co.uk](http://www.llanerch-vineyard.co.uk)



# SO MUCH TO SEE AND DO AT THE FESTIVAL

**O**VER the festival weekend there will be lots to see and do around the town. Many businesses hold their own promotions, and this is where we will be listing them as they are confirmed, so please keep looking.

This year, the Festival has introduced a new ticketing system with wristbands given to all paying guests. As well as making things more visible on the entrance this will also offer added value for the ticket price.

**At the time of going to press offers include:**

Free entry into Bijou.  
Leisure Centre: Discounted classes and passes at local Leisure Centres.

Birds of Prey – discounts on picture orders

Robert Lloyd Optician – Complimentary glass of Champagne and a 10 per cent discount on eyewear valid October 26 – November 2 when wristband is produced.

Karma Beauty – 10 per cent discount on all treatments over the Festival weekend, to book a treatment go to [www.karmabeauty.webs.com](http://www.karmabeauty.webs.com).

Sallywags – 10 per cent discount on all items bought over the festival weekend.

Quarter Penny – 10 per cent off all bills over £15 when wristband produced. Valid Monday to Friday from November 4-22.

Caffi Nia – One course lunch for two people including a soft drink or tea/coffee for £10 when wristband produced. Valid

## Cowbridge activities

Monday to Friday from November 4-22.

An up-to-date list will be available at the ticket booths and each business will also display their offer/discount in their shop window.

There has been a general move-around of activities throughout town. Thanks to all those who have supported us in the past and who are supporting us this year with their land and buildings.

### Real Ale Festival (The Vale of Glamorgan Inn)

THROUGHOUT the Festival weekend, The Vale will be offering a vast range of real ales, lagers and ciders. The event is as old as CFDF and continues to go from strength-to-strength, with marquees at the rear of the pub to accommodate the thirsty customers. Live music and food also on offer over the weekend.

**Town Hall Museum**  
OPEN 11am-4pm on Saturday of the Festival – A collection of military and domestic artefacts, as well as the very eerie historical prison cells.

**The Physic Garden**  
CREATED on the site of the old grammar school, to the rear of the Old Hall – this incredible space is maturing beautifully and worth a visit at all times of the year. Here you can see a recreation of the his-

torical garden with many plants thought to have a medicinal nature, as well as rare beauties such as cowslips.

### Craft Fair in the Town Hall

CFDF welcome Craft Fairs Wales, the new organisers of this element. The craft fair this year will take place in the Town Hall and will be over two levels, in the main hall upstairs and the lesser hall downstairs. Trading times will be 10am-5pm on Saturday, and 10am-4pm on Sunday.

Admission to this event will be free of charge. There will be 31 locally-produced crafts, and we are pleased to say that there will be a large number of new exhibitors who have not featured at Cowbridge before. See [www.craftfairs-wales.co.uk](http://www.craftfairs-wales.co.uk).

### The Vale Forge

NEW to the festival this year, The Vale Forge is host to Rudy's Gourmet Pizza Van and Bar 44's Pop-in Tapas Bar, serving Spanish beers and sherry to complement their sumptuous tapas.

### The Bear Hotel (01446 774814)

[www.bearhotel.com](http://www.bearhotel.com)  
THE Bear Hotel will again be hosting an amazing, packed weekend of deliciousness. With daily wine tastings, pop-up restaurants, including Dim Sum and Oysters and much more, live music and culinary activities – this offers another exciting venue for foodie fun over the festival weekend.

## WANDERING TROUBADOURS...

# That's entertainment!

**R**OVING ENTERTAINERS – throughout the weekend, some great bands and entertainers will be wandering around Cowbridge and the festival sites to entertain the crowds.

There will also be performances scheduled throughout the day in the main marquee site and the Festival Fringe as well as 12pm-1.30pm in the Kids' Zone at Fun Foundations Day Nursery on the Saturday.

**Fiddlebox:** [www.fiddlebox.net](http://www.fiddlebox.net).

**Jelly Roll Jones:** <http://www.reverbNation.com/#!/JellyRollJones>.

**Magician 4 U Entertainment:**

<http://www.magician4u.co.uk>

**Iron Eye:** [www.facebook.com/ironeyewales](http://www.facebook.com/ironeyewales)

**Dandy Doodles:** <http://www.dandy-doodles.co.uk/>

## SHOWCASE AND A PLACE TO RELAX ALL THE FUN OF THE FRINGE!

**A**S a complement to the main event, the Cowbridge Food and Drink Festival Fringe, organised by the HubCowbridge Community Network, provides a showcase for new and smaller food producers, local crafters, makers and artists, sustainable enterprises, community talent – and a nice place to relax on a busy weekend in Cowbridge.

Located in the Old Hall Gardens and college annexes will be the street food quarter, bread-making in the community cob oven, soup kitchen, micro-brewing, art and craft stalls, buskers and street entertainment.

Visit the artisans' hub for willow weaving, stained glass making, pottery throwing and silver jewellery workshops. Find out about urban chicken keeping, the RSPB, come and see the falcons or get involved in Play Aloud and mini-golf.

Enjoy a mug of tea and cake from the CommunityHub café, sit and watch local entertainment in the marquee – a full weekend line up that includes live music and talks, hosted by Cowbridge Radio.

Visit the Entertainment zone over the weekend of the festival to find plenty more for the children. There will be pocket money games for little ones,

face painting, five minute massages, cake decorating, a coconut shy, a pumpkin carving competition, and lots more!

Look out for the students who are running the zone; they will be in Hallowe'en fancy dress!

Special events on Saturday include Cowbridge Comprehensive school choir, children's food photography competition, Waitrose in the Community, local band Orca, 'Meet the Buyers, Bookers, Bloggers' Tour, and the 'After Party and Saturday Night Takeaway' – early evening music, food and fun for the local community, visitors and participants in the Food Festival.

On Sunday, Stagecoach will perform, and there will be a Community Foodie gathering.

For full details and timings, visit [www.hubcowbridge.com](http://www.hubcowbridge.com).

## Arthur John & Co

A WIDE RANGE OF  
Horse Feeds, Dog and Cat Food,  
Horse/Pet Wormers and  
Frontline Pet Flea Control  
NOW IN STOCK

**DODSON & HORREL**  
**SPILLERS**

Competitive prices for Wood Shavings  
**PLUS** Fencing, gates and general  
maintenance products

NAF and TRM nutritional feeds and  
most makes of Horse Feed available  
plus **SHIRES** Equestrian Sundries.  
**JOULES** Clothing stockist.

Local delivery

Farm Shop, North Road, Cowbridge  
01446 772229  
[www.arthurjohn.co.uk](http://www.arthurjohn.co.uk)

FOOD FESTIVAL WEEKEND

FUN, FASHION &  
FANTASTIC TOYS  
@ DAISY & JACK

daisy & jack

CHILDREN'S EMPORIUM

[www.daisyandjack.co.uk](http://www.daisyandjack.co.uk)

On the food festival weekend Willy Wonka will be handing out Golden Tickets and Candy with every purchase. You will be entered into a prize draw to win an amazing gift from Daisy & Jack.

Complimentary glitter tattoos this weekend  
All our Christmas gifts are now in store!  
Christmas Grotto open upstairs

Reindeer Parade Sunday 24th November  
& Father Christmas & treats in store

Book your appointment now, every child receives  
a present, £5 for sleigh fuel.

**DID YOU KNOW SANTA SHOPS  
@ DAISY & JACK**

79 High Street, Cowbridge, Vale of Glamorgan, CF71 7AF

✉ @daisyandjackxxx info@daisyandjack.co.uk

CALL ON. 01446 772133



# A look back at last year's Festival...



What's the Food Festival about? Well, we can all acquire some expert tips, but ultimately, it's about soaking up the atmosphere and having a great time, as Mike Wilcock's photographs from last year's event show only too well!



You're invited to take advantage of our  
2 course **WINTER WARMER SPECIAL** at

## *A Touch of Class, Porthcawl*

### *Starters*

- (v) Chef's Autumn vegetable soup served with warm bread
- Atlantic prawn platter
- (v) Creamy garlic and herb mushrooms
- Brussels p te
- Scottish smoked salmon

### *Main Course*

- Chicken in peppercorn sauce
- Braised steak and onions
- Breast of duck   l'orange
- Smoked haddock on a bed of spinach with au gratin
- (v) Stuffed aubergine with mature Cheddar cheese melt
- All served with seasonal vegetables. Pembroke new potatoes and cauliflower mornay.

**A choice of Starters and Main Course for £9.99**  
including a complimentary glass of sparkling pink bubbly.

**Menu changes monthly**

**Speciality English and Welsh breakfast and lunchtime menu**

Opening hours 5.30pm - 10pm

*The Esplanade, Porthcawl, CF36 34R.*  
*Book your table now! Call 01656 771383*  
*or email atouchofclassporthcawl@outlook.com*



• For a full festival round-up  
make sure to pick up your  
free copy of **The GEM**,  
or read us online at:  
[barry-today.co.uk](http://barry-today.co.uk)

Vale of Glamorgan



## Local Quality Value

Delighted to be part of the  
Cowbridge Food Festival,  
why not come and visit us  
throughout the year:

**Arthur John's Car Park,**  
**Cowbridge 1st & 3rd**  
**Saturday of every month**

**Westbourne School,**  
**Penarth, 4th Saturday**  
**of every month**

Contact Myfanwy 01446 771033



Proud to support Yn falch i gefnogi  
Cowbridge Food & Drink Festival

Advice Surgeries across the Vale  
Sesiynau Cyngori ledled y Fro

Call to make an appointment  
Ffoniwch i drefnu cyfarfod

**01446 403814**

All welcome / Croeso i bawb

[alun.cairns.mp@parliament.uk](mailto:alun.cairns.mp@parliament.uk)

29 High Street / 29 Y Stryd Fawr  
Barry / Y Barri, CF62 7EB  
[www.aluncairns.co.uk](http://www.aluncairns.co.uk)



**ALL ASPECTS OF ELECTRICAL WORK UNDERTAKEN**

- Rewires, repair work, inspection and testing
- Fuse boards, earthing and bonding upgrades
- Extensions, outside lighting, smoke alarms
- Intruder alarms, TV/BT points

**> Honest, reliable &  
highly efficient  
electricians**

**01443 260 671**

**email@hansenelectrical.co.uk**



[www.hansenelectrical.co.uk](http://www.hansenelectrical.co.uk)



# THE FACE OF THE FESTIVAL!

**P**RESENTER and television personality Frances Donovan has hosted the foodie demonstrations at Cowbridge Food and Drink Festival since it began 10 years ago. The event celebrates its landmark anniversary next weekend.

In this interview, she looks back at her involvement with the festival.

*Q Are you much of a foodie?*

I love being involved in the chefs' demos but am actually worse than useless in the kitchen. The chefs at Cowbridge Food and Drink Festival

are all from such a mix of cuisines and disciplines, and although I don't know my blind baking from my blanching, I really enjoy all their demos.

I'm a foodie to the extent that I appreciate good food and I'm lucky that my husband is a great cook, and I also love going out to eat. I love great Welsh cooking, but I'm also pretty partial to Greek dishes.

The cheeses, olives and dolmades are my favourites, but Baklava is my weakness. On a recent trip to Kefalonia, I just couldn't get enough of it. Good Baklava is the food of the gods!

*Q Which are some of your highlights from the festival's last 10 years?*

I enjoy catching up

with the same chefs and seeing what they are now cooking, as well as being introduced to new ones. As I'm vegetarian, I love Wayne Thomas' demonstrations with Canteen on Clifton Street.

Another highlight one year was Massimo Bishop-Scotti from Zucchero in Pontyclun, making the most memorable, delicious pudding ever with salted caramel and chocolate, and talking about the puddings he created for M&S.

Massimo is exhibiting again this year and I can't wait to see what he has up his sleeve.

*Q How has it changed during this time?*

It's surprising how the festival has grown in terms of attendance



LEFT: Frances Donovan.

since the early days, but on the other hand, it's no surprise how it has evolved – when you think of all there is on offer there.

As well as the faithful locals, people travel from afar for the festival because of the great chefs, fantastic exhibitors and quality produce. Every year, I come to realise a little bit more just how good Welsh produce is.

It is great seeing people coming back year after year and that's down to festival organiser Polly Wilson, who ensures the event runs like clockwork.

The combination of cooking, produce, temperamental gas, thousands of people, hundreds of vehicles and the elements could see the event go completely pear-shaped – but it never happens and that's because of Polly and her fantastic team. She's like Boudicca with a walkie-talkie sweeping through Cowbridge!

*Q Why is this such a special event?*

For me, the festival marks that lovely sense

of the beginning of autumn, when it's getting cold, and you can pick up all sorts of goodies to take home to holt up with friends and enjoy over a glass of wine.

It has been a busy time for me with sports presenting for BBC Breakfast, BBC World and the news channel and working on football coverage for IMG.

I've also been recording ITV's monthly In Touch programme, which combines sport with conversation and so is right up my street. It has been pretty hectic, so I am really looking forward to Cowbridge Food and Drink Festival. It's always one I look forward to.

• Cowbridge Food and Drink Festival runs from 9.30am to 5.30pm next Saturday, October 26 and from 10am to 4pm on Sunday, October 27. Tickets are £5 for a day pass, £8 for a weekend pass and under-12s are free. Tickets can be purchased on the day. For more information, please see [www.cowbridgefoodanddrink.org](http://www.cowbridgefoodanddrink.org).

## The Caeffatri

Castle View, Bridgend

Sister Pub to The Highwayman



**NEWLY REFURBISHED**

Meals served  
Mon - Thurs 12 - 9pm.  
Fri & Sat 12 - 9.30pm.  
Sundays 12 - 5pm

The full menu is now available and is the same as our sister pub The Highwayman, Rhooose - including steaks, fresh fish, pasta plus lots more, including the famous 'Condemned Mans Meal'.



**OPENING OFFER VOUCHER**  
**FREE BOTTLE OF HOUSE WINE**

for 4 people dining from the main menu. Offer valid evenings only, until 31/10/2013. Only at The Caeffatri, Bridgend, only with this voucher. Conditions apply.

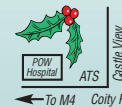
**Traditional Sunday Lunch**  
**Served 12-5pm**

Choice of meats; fresh, seasonal vegetables; Kids Menu available, plus full Grill Menu & Takeaway Sunday lunch available

**Over 60's Special Menu**  
**Mon - Sat 12-3pm**

Traditional, fresh home cooked meals - superb choice **Only £4.45**

**CHRISTMAS PARTY BOOKINGS NOW BEING TAKEN**



We are here  
Sat Nov  
CF31 1NJ

Fully refurbished large Function Room available.

**01656 660668**

For a full festival round-up make sure to pick up your free copy of The GEM, or read us online at: [barry-today.co.uk](http://barry-today.co.uk)

**WATTS & MORGAN**

Pleased to support the Cowbridge Food & Drink Festival

**01446 773500**

[cowbridge@wattsandmorgan.co.uk](mailto:cowbridge@wattsandmorgan.co.uk)  
[www.wattsandmorgan.co.uk](http://www.wattsandmorgan.co.uk)

## the barley mow inn

300 year old country inn with original features and winter warming log fires.  
Famous for its contemporary food style using only locally sourced fresh ingredients.

**Mondays & Tuesdays - £6.95 mains specials**  
**Wednesdays - Curry Night - £8.95 incl. a drink**  
**Thursdays - Steak Night - from £12.95 incl. a drink**  
**1st Thursday of every month- Quiz Night**  
**£40 worth of prizes to be won!**  
**Sunday Lunches Served 12-4pm**  
**Booking recommended**



Graig House, Graig Penllyn, Cowbridge CF71 7RT  
Tel 01446 772558 • [www.barleymow.net](http://www.barleymow.net)  
Opening Hours: Mon - 5pm-10pm, Tues-Sun - 12 Noon-Close

FOOD HYGIENE RATING



FREE CAR PARK

### Christmas at The Barley Mow

Hors d'oeuvre & a glass of Prosecco or Bucks Fizz on arrival

#### Starters

Tempura Coated Soft Welsh Cheese  
Cranberry preserve, lime and balsamic drizzled rocket  
Root Vegetable & Puréed Dahl soup  
served with warm bread and Welsh salted butter

#### Trio of Fish

Smoked salmon, mackerel paté and whole tail tiger prawns  
with warmed ciabatta and butter  
Galia Melon & Cured Parma Ham  
with coulis of red berries

Grilled Welsh Goats Cheese and Marinated Beetroot  
with rocket and warmed ciabatta

#### Mains

Slow Roasted Saddle of Turkey, Chestnut & Cranberry Stuffing  
and Bacon Rolls

Roasted Loin of Pork and Baked Ham with mustard and  
honey glaze

Oak Roasted Scottish Kiln Salmon & Loch Awe Langoustine  
Hazel & Walnut Loaf with chunky tomato and sweet pepper  
sauce, glazed melted mature Welsh Cheddar

Seasonal glazed vegetables, Yorkshire Pudding, goose fat  
roasted potatoes and buttered mash

#### Desserts

Christmas Pudding with Brandy Cream  
Winter Berry Cheesecake with Cream

Crème Brûlée

Warm Chocolate Fudge Cake with Ice Cream  
Apple Pie & Custard

- Adults £55 p/h  
- 10-16 years £35 p/h  
- 0-10 years £20 p/h

Under New Management





**Festive Menus**  
**from £12.95**

For parties up to 100 in Tyler's Cabin and Conservatory

For a special occasion how about a Christmas Celebration in our luxury marquee for 100 or more guests.

**SPIRO'S**  
THE FINE DINING CATERERS

**£28 per person with catering from Spiros the fine dining caterers.**  
**A delicious three course festive meal with coffee.**



**COTTRELL PARK GOLF RESORT**

For further details Tel: 01446 781781 or e-mail [events@cottrellpark.com](mailto:events@cottrellpark.com)

Terms & Conditions Apply

**For a full festival round-up make sure to pick up your free copy of The GEM, or read us online at: [barry-today.co.uk](http://barry-today.co.uk)**

## Food Festival - Diary at a glance

### SATURDAY 27th OCTOBER

**TIME:**

9.30am-5.30pm  
10am-4pm

10am-8pm  
10am-5pm  
10am-4pm  
10am-5pm  
10.15

10.30am-5.00pm  
11am-11pm

11am-4pm  
11.30am

12-1.30pm  
12pm

12.00pm  
12.30am

12.45pm  
2pm

2pm  
3pm

3.15pm  
3.30pm

5.30-8.30pm

**EVENT:**

Festival and Cheese & Wine Marquees  
Entertainment throughout the day

inc. music, magic & balloons  
Champagne Marquee & Bar

Craft Fair

Face Painting

Festival Fringe – including kids' workshops!

Sian Basset Roberts, Coginio

Gourmet Garden Village

Real Ale Festival

Town Hall Museum

Zeb Barns & Oliver D King, WM Jerk Centre

Magic Show & Entertainment

Fiddlebox

Cup Cake Master Class by Sara

Wines of South Africa Tasting

Anand George – Purple Poppadom

Daniel James, The Vale Hotel

Wines of South Africa Tasting

Magic Show & Entertainment

Peter Harding, Yellow House Kitchen

Wines of South Africa Tasting

'Afters' Party

**Info**

North Road (Ticket Office & marquee)

North Road Marquee Site

Everyone welcome, North Rd

Free Entry, Town Hall & Lesser Hall

Kids' Zone, Fun Foundations

The Old Hall Annex & Gardens

Presented by Frances Donovan

Free Entry, Bear Hotel

Vale of Glamorgan Inn

Town Hall

Presented by Frances Donovan

Kids' Zone, Fun Foundations

Festival Fringe/Ents Zone

Christopher Fielden, St Quentin Suite

Christopher Fielden, Bear Hotel Ballroom

Presented by Frances Donovan

Presented by Frances Donovan

Christopher Fielden, Bear Hotel Ballroom

Festival Fringe/Ents Zone

Presented by Frances Donovan

Christopher Fielden, Bear Hotel Ballroom

Festival Fringe/Ents Zone

### SUNDAY 28th OCTOBER

**TIME:**

10am-4pm

10am-4pm

11am-4pm

10.30am

11am-4pm

11am-11pm

12pm-6pm

12pm

1.30pm

1.30pm

3pm

3pm

**EVENT:**

Festival and Cheese & Wine Marquees

Craft Fair

Entertainment throughout the day

inc. music, magic & balloons

Mike Hendry, Llansantffraed Court Hotel

Festival Fringe – including kids' workshops!

Real Ale Festival

Champagne Marquee & Bar

CRC Community Growing Project

Wayne Thomas, Canteen on Clifton St

Music from 'Ironeye'

Goldie, Samosa Co

Pumpkin Competition Judging

**Info**

North Road (Ticket Office & marquee)

Vale Forge, North Rd

North Road Marquee Site

Presented by Frances Donovan

The Old Hall Annex & Gardens

Vale of Glamorgan Inn

Everyone welcome, North Rd

Presented by Frances Donovan

Presented by Frances Donovan

Festival Fringe/Ents Zone

Presented by Frances Donovan

Kids' Zone @ Lesser Town Hall

Now you can click at  
[johnlewis.com](http://johnlewis.com) and  
collect from Waitrose.

With our free Click & collect service you can order before 7pm and collect your purchase from 2pm the next day. Available from one of 200 participating Waitrose stores or your nearest John Lewis. We'll even send you a text when your purchase is ready to pick up.



Never Knowingly Undersold  
on quality | on price | on service

**John Lewis**  
in store | online | mobile

**We are delighted  
to support  
Cowbridge  
Food and Drink  
Festival 2013**

**HSBC** 

X1290 09/13 Issued by HSBC Bank plc.

Click and collect available for most but not all items, and selected Waitrose stores only. See online for more details. QR readers can be downloaded online. Data charges may apply. Please contact your network provider for more details. Our commitment to value means that we match the prices of high street competitors (this excludes online-only or mail order businesses). Service conditions must be comparable. See our 'Never Knowingly Undersold' badge in our shops or online for details.



# Having a great time at the festival!

*There is just so much to see and do at the Cowbridge Festival of Food and Drink. New ways to cook food, new drinks to sample, and new tastes to savour.*

*As these photographs by Glyn Evans illustrate, the sights and sounds are many and varied. What's the best advice The GEM can offer? Starve yourself the day before, because there are so many delicious dishes you will want to try!*



**VALE 4X4 LTD**  
SERVICING, REPAIRS, MOTS, DIAGNOSTICS AND MUCH MORE!  
NORTH ROAD, COWBRIDGE  
YOU'LL FIND US OPPOSITE ABBEY JR 68

WE LOOK AFTER ALL MAKES OF VEHICLES NOT JUST 4x4s

Don't forget to book in for a Winter vehicle check

WHY NOT BOOK YOUR PRIDE AND JOIN IN AND HAVE A WANDER AROUND COWBRIDGE WHILE THE WORK IS BEING CARRIED OUT.

01446 773768  
email vale4x4@btconnect.com

**The Good Garage Scheme**



**INDEPENDENT ADVICE**

SAVINGS & INVESTMENT ADVICE

PENSION ADVICE

RETIREMENT PLANNING

FAMILY & INCOME PROTECTION ARRANGEMENTS

EQUITY RELEASE & MORTGAGES

TAX PLANNING

Telephone:

01446 773669 | 771949

www.hppltd.co.uk

Harries, Powell & Price Limited, 70 Eastgate, Cowbridge, CF79 7AB.

Harries, Powell & Price Limited is authorised and regulated by the Financial Conduct Authority Reg. No. 029442. Your money may be protected by the Financial Services Compensation Scheme or the Financial Ombudsman Service.

## WTL Wales Ltd Soft Furnishings & Accessories

Domestic and commercial customers are welcome

### Fully Assembled Furniture Ranges

- ✓ Bedroom
- ✓ Lounge
- ✓ Dining Room

Experienced with new build projects, extensions and refurbishments



### Made to Measure Items

- ✓ All Types of Curtain Poles And Finials in Metal And Wood
- ✓ Metal Contract Curtain Tracks
- ✓ Cubicle Swish Tracking
- ✓ Full Installation Available on Request
- ✓ Soft Valance & Padded Pelmet
- ✓ Swags & Tails
- ✓ Roman Blinds
- ✓ Pinch Pleat Curtains
- ✓ Vertical Venetian & Roller Blinds
- ✓ Tie Backs
- ✓ Fire retardant fabrics

Outstanding Quality  
**Competitively Priced**

For further assistance call Wendy on

Mobile: 07969 066981

Tel/Fax: 01656 890617

Visit: [wtlwailes.co.uk](http://wtlwailes.co.uk) Specialise in Healthcare Requirements

*We Care*



# FOOD FESTIVAL ACKNOWLEDGEMENTS

**COWBRIDGE Food and Drink Festival Committee thank all our sponsors and supporters for their help with the 2013 festival:**

**Sponsors:** Waitrose, HSBC.

**Major contributors:** Arthur John & Co, Vale 4x4.

**Thanks to:** 293sqn Air Training Corps, 750 Cowbridge Charter Trust, Cowbridge Chamber of Trade,

Cowbridge Comprehensive School, Cowbridge Cricket Club, The Cowbridge GEM, Cowbridge Health Centre, Cowbridge with Llanblethian Town Council, Creative Rural Communities, Effective Communication, Fun Foundations Day Nursery, HSBC, Hub Cowbridge, Lloyds TSB Bank plc, Llwynhelig Farm, Michael Rosser, South Wales Police, St John Ambulance, Sustainable Wales, Watts Coaches, West Farm Veterinary Clinic, Xantippe, all committee members and the town of Cowbridge and all the town traders.



## THERE'S PLENTY TO DO FOR THE WHOLE FAMILY AT THE FESTIVAL

**T**HE Festival is a great foodie weekend for the whole family with delicious treats and things to try in the food marquees.

As well as The Kids' Zone, the Festival Fringe at Old Hall will have pocket-money games and activities, as well as workshops for all ages. Entertainers and magicians will meander through Cowbridge and the various sites.

### Kids' Zone day nursery

THE Fun Foundations Day Nursery will be opening its doors on Saturday to offer an array of kiddy-friendly and family-focused activities and facilities.

There will be a buggy park for those able to do without, to ease your shopping in the festival, a discreet feeding area for Mums, as well as changing facilities.

A café will offer light refreshments and some local exhibitors offering their wares.

For the children, there will be activities and facepainting, tattoos and balloon bending, as well as some performances by travelling minstrels.

### Kids' Zone scheduled activities:

Saturday: 10am-4pm, face painting with Dandy Doodles;

12pm-1.30pm, magic show and entertainment.

See [www.funfoundationsdaynursery.co.uk](http://www.funfoundationsdaynursery.co.uk).

### Scarecrow trail

**THIS** year, Cowbridge Food and Drink Festival has gone even more Scarecrow mad! There will be over 30 locally-made scarecrows dotted around the whole town.

Free trail maps can be picked up over the Festival weekend from The Entertainment Zone, Liquorice Laces, Cakes for Celebrations and Oscars, with children being asked to vote for their favourite scarecrow, as well as a few questions on well known books and characters.

This year, the Scarecrows are themed to children's stories. To spot them all, you will have to look up high and look down low! And remember to vote for your favourite, to be in with a chance of a prize...

### Champagne Marquee

**THIS** ever-popular feature of the festival runs for the entire weekend and is in a new location this year – situated just down the road in Vale Forge next to the main festival site.

The full bar serves Prosecco and a variety of Champagnes – as well as wines, beers, spirits and soft drinks. There will be live music and dancing all weekend from Aubrey and The Watchmen Band. Arrive early if you want to get a seat. Tapas and pizza will also be available. Entry is free to all on Saturday and Sunday.

**Open Saturday: 10am-7pm; Sunday: 12 noon-6pm.**

Thank you to these businesses  
for the use of their land  
and representatives...

Arthur John & Co.



Cowbridge  
Comprehensive  
School



Cowbridge  
**Food  
& Drink  
Festival**  
26 - 27 October 2013



**COWBRIDGE  
HEALTH CENTRE**

**Llwynhelig Farm**

**XANTIPPE of  
COWBRIDGE**



# Multisport event brings the family together

**PHOTOGRAPHS**  
by GLYN EVANS  
OTHER PICTURES ARE  
AVAILABLE FROM THIS EVENT.

Pictures can be purchased  
by contacting:  
e-mail [ffotoimage@tiscali.co.uk](mailto:ffotoimage@tiscali.co.uk)  
telephone 07791 228684.  
[www.ffotoimage.co.uk](http://www.ffotoimage.co.uk)



A Dinas Powys team.

**A TEAM** from Dinas Powys were the overall winners of the recent 'Mini Burn' event at Margam Park.

Father and son Jeremy and Hugo Holmes were joined by nephews Tom and Ben and, racing under the name 'Team Sherlock', they took the team title.

All the competitors completed a 3,000m run, a 1,000m kayak course, and 2,000m orienteering in the park grounds.

The winning team finished in one hour, 20

minutes.

The mini burn events encourage parents and their children to take part, and the youngest competitor was four-year-old Talar, and her sister Mali, aged eight, who are pupils at Ysgol St Curig, Barry. They ran with their parents, Ceri and Brian.

Mini burn events are organised by Multisport Wales, and the next event is the Cardiff Mini Burn at Llandaff Rowing Club on October 27.

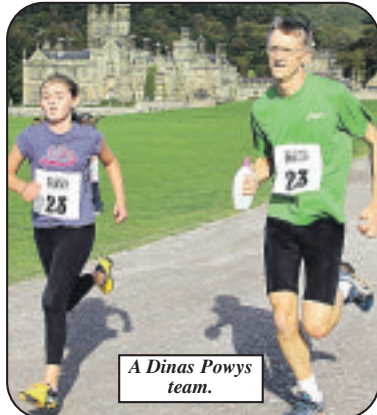
For more information, go to [www.burnseries.co.uk](http://www.burnseries.co.uk)



ABOVE: A Bridgend team tackle the kayak



A team from Cowbridge.



A Dinas Powys team.

## The Barry Bees are put to the sword

**BARRY BEES** under-11s entertained Llanishen RFC, in a re-run of the final of last week's Llantwit Major mini rugby festival.

Unfortunately the Bees were woefully off form, and Llanishen put them to the sword again.

The signs were ominous from the kick-off, as Llanishen moved the ball wide and scored a fine try, outflanking the Barry defence.

This was to be the story of the match, as the Bees lost their defensive structure, and could not contain a rampant Llanishen backline.

Before the Bees managed to gain any meaningful possession or territory, they were three tries down.

At last the Barry forwards began to get into the game, led by the indomitable Isaac McBride, who put in a herculean performance.

After a series of attacking phases, Isaac smashed his way through the Llanishen defence, to bring the Bees briefly back into the game.

However the problems out wide continued and Llanishen scored again to make the score 5-20 at the break.

The second half brought no respite for the battered Bees, and the pattern of the first-half continued.

Barry remained a potent force with ball in hand, albeit the Llanishen tackling was consistently robust; but out wide the visitors simply had too much firepower for Barry.

The Bees continued to battle and Cian Anderson scored a deserved try, after another surging attack, as the Bees went through the phases.

But the game finished as it started, with Llanishen continuing to exploit the lack of structure and commitment in the Barry defence, to make the final score 10-55.

This was without question the most disappointing performance from the Bees in the four years they have been playing together. Time is needed to address the defensive shortcomings.

**Squad:** Isaac McBride, Jacob Pereira, Charlie Bale, Ethan Watkins, Dylan Morris, Joe Davies, Stephen Williams, Cian Anderson, Rhys Lloyd, Cole Saunders, Robson Mallam, Joe Nationstead, James Campbell, Kie Scurlock. JM

THE WINNING TEAM FROM DINAS POWYS



ABOVE: Three teams of two from Maesteg.

## ROMILLY PUPILS RAISE OVER £1,300 FOR NSPCC



**TWO** weeks ago, pupils at Romilly Primary School set about collecting sponsors to raise money for the NSPCC.

The older children concentrated hard on completing a spelling test, whilst the younger children had to spot shapes in a picture that they decorated.

How delighted was Mrs Sara Phillips, local representative of the NSPCC, to come into school on Friday and to find out that the children had raised over £1,300!

## Where are the Wrens?

**I**N November 1993, the Women's Royal Naval Service ceased to exist when over 4,000 women then serving, were fully integrated into the Royal Navy.

Almost 5,000 former Wrens and many of today's RN women are members of the Association of Wrens; a charity existing to celebrate the past achievements of the Service, preserve its history and traditions, foster the esprit-de-corps and encourage serving RN women to benefit from the experience of former members of the WRNS.

The association also supports the Wrens Benevolent Trust which exists to benefit all Wrens who have fallen on hard times.

There are many branches of the association worldwide (I spent 34 years as a member of the Cape Town branch) and they hold regular meetings or just get together for lunch, tea or days out.

The camaraderie we all experienced when serving is preserved, memories exchanged and branches with serving women as members learn about the life and successes of the talented and dedicated women who currently serve.

If you are a former Wren or have served, or are serving in the Royal Navy, and wish to find out more, please contact me on 01633 810744. Mrs Dilys Beckett, Newport (Secretary, Cardiff Branch Association of Wrens)



# WHO WANTS TO BUILD WHAT, AND WHERE?

Mr I Smellie and S Ransley – **Rexton House, Wine Street, Llantwit Major** – alteration and extension to existing dwelling.  
Miss Catherine Simkiss – **6 Church Terrace, St Mary Church** – two-storey extension on north east elevation.  
Mr Gareth Morgan – **3 Cattwg Cottages, Llancarfan** – extension to existing dwelling.  
Mr Jonathan Lane – **Crescent Corner Newsagents, 41 Park Crescent** – 3.8m x 2m hoarding advertising local business.  
West Register (Property Investment) Ltd – **Land at Excelsior Road, Gabalfa, Cardiff** – erection of an A1 retail unit for the preparation, baking and retail sale of bread, flour, sugar and confectionery, cereal products,

fresh and delicatessen foods, ice cream, sandwiches, snacks, soft drinks, beverages, soups and other products, as might be sold from time to time in any other multiple bakery branch and a full take away service normally associated with the bakery trade.  
ALDI Stores Limited – **Cardiff Bay Retail Park, Ferry Road, Grange town, Cardiff** – erection of single storey extension and external alteration of existing Class A1 food-store.  
Dr Richard Davies – **25b Archer Road, Penarth** – new extension to side; front windows to be changed back to timber framed windows; front first floor window to be enlarged to match existing first floor window.  
g2 Energy Renewable Development Ltd – **MB**

**Jones Farm, Corn town** – erection of a single wind turbine, with a maximum blade tip height of 77 metres, along with accompanying access track, crane handstanding, substation, associated underground cabling and temporary construction compound.  
Mr Haydn Morgan – **Old Mill Cottage, Mill Road, Dinas Powys** – proposed new two-storey dormer bungalow with garage.  
Mr John Williams – **Sealawns Hotel, Slon Lane, Ogmere by Sea** – construction of seven apartments, including car parking and landscaping.  
Mr Mark Edwards – **Happy Jakes Touring Park, adjacent to 1 New Barn, Flemingston** – proposed extension providing 36 additional touring pitches, with 12 of

which to be the seasonal type.  
Mr Tom Bennett – **41 Baron Road, Penarth** – demolition of existing garage to rear of property, replace with garden.  
Demolition of lean-to 2. Demolition of lean-to 2. New two-storey extension to side of existing semi detached house.  
New lean-to extension to rear of existing semi detached house.  
Conversion of existing loft and construction of third floor, within loft space of new extension.  
Form flat roof dormer to rear, at third floor, as part of loft works.  
Mr Mark Haynes – **Rhws Primary School, Fontygary Road, Rhose** – replace like for like roof timber, ceiling boards and timber lintel.  
Check condition of lead flashing over parameter wall for any replacement.  
Existing covered roof lights to be removed and make good to roof boarding.

Ms Louise Cochrane – **Holly Cottage, Michaelston le Pit** – 01 Construction of new single storey sun lounge extension. 02 Removal of two windows on the ground floor of the existing cottage and replacement with French doors.  
Mr Keith Glaister – **Church Farm, Welsh St Donats** – to demolish existing farmhouse, two storey barn, garage and rear annex (building structurally unsound); refer to Structural Engineer's details of design and access report). To construct new five-bedroom farmhouse to same location.  
Mr Christopher Heffer – **2 Baron Close, Penarth** – double storey extension to the side and a single storey glazed roof extension to rear of the property.  
Mr Philip Walker – **The**

**Coach House, rear of 20 Plymouth Road, Barry** – administrative office for building company operating from Coach House to rear of main building.  
Mr William Edmunds – **2 Cosmeston Drive, Penarth** – conservatory.  
Mr and Mrs Michael David – **Hen Dafarn, St Mary Hill, Bridgend** – construction of a wind turbine access track and new vehicular access.  
Mrs Elizabeth Renwick – **Ty Mawr, Llanbethery** – construction of new house.  
RWE Npower – **Aberthaw Power Station, The Leys, Aberthaw** – variation of conditions 11 and 12 attached to permission reference 2012/00506/FUL relating to transportation of ash.  
Mr Hywel Samuels – **11 Ludlow Street, Penarth** – single storey extension to rear.  
Ms Rachel Morgan – **16 Meliden Road, Penarth** – demolish existing garage to rear of property. Demolish existing lean-to single storey building to rear of house. Demolish existing lean-to conservatory to rear of house. Construct new single-storey flat roof extension to rear and side of property. Remodel existing hip roof to form new gable to roof. Construct new full width dormer to rear of property. Convert remainder of loft space.  
Mr Matthew Phillips – **Palla Farm, Peterston super Ely** – redesign of existing agricultural storage building.  
Peter Manchester – **Lime Kiln Cottage, Llanbethery** – fell or reduce Willow.  
John S Smythe – **Kynance House, Mount**

**Road, Dinas Powys** – fell Cherry tree and Robinia Pseudacacia Frisia.  
Mr James Davis – **Winterstream, Penllyn, Cowbridge** – erecting a greenhouse.  
Mrs Summers – **1 Church Road, Penarth** – fell three conifers and one Cherry.  
Mrs Evans – **Rockside, 41 Station Road, Dinas Powys** – crown lift one Beech and one Yew, also coppice Bay tree.  
Lightsource SPV 76 Ltd – **Treguff Farm, St Mary Church, Cowbridge** – installation and operation of a solar farm and associated infrastructure, including photovoltaic panels, mounting frames, inverters, transformers, substation, communications building, fence and pole mounted security cameras for the life of the solar farm.  
Argae Lane – **41a Highwalls Avenue, Dinas Powys** – floor porch and sun rooms, internal alterations.  
Mrs Frances Butler – **Dinas Powys Community Council, Council Office, Parish Hall, 2 Britway Road, Dinas Powys** – remove two self seeded Sycamore trees on driveway at side Parish Hall.  
Mr N Jefferies – **37 Dochdwy Road, Llandough** – conversion of existing side garage plus the addition of new storey above.  
Mr Graham Still – **23 Cedar Way, Penarth** – two-storey extension to rear of property with single storey lean-to.  
Ms Karen Ingram – **Unit 50, Vale Business Park, Llandow** – to change the use of the existing industrial unit from B1 to D2.  
Mr Ian Symonds – **Mill Farm, Pen-y-Turnpike Road, Dinas Powys** – erection of single storey timber shed/store.  
Mr Ken Shapley – **3 Cosmeston Cottages, Lavernock Road, Penarth** – new three-bedroom house (two storey) on side adjacent to 3 Cosmeston Cottage, Lavernock Road.  
Professor Kim Graham – **114 Westbourne Road, Penarth** – demolition of existing single storey lean-to kitchen to rear, and construction of new single storey family room and utility park.  
Mr Marcus Mulot – **RAOB, 58A Arcot Street, Penarth** – change of use from Social Club (closed) to single two-bedroom dwelling including demolition of single storey annex to provide external amenity space.  
S Andrews and Son (Pwllheli) Ltd – **Britannia House, Penny Lane, Cowbridge** – proposed new external signage and replacement of old graphics design.  
Mr Michael Kemp – **College Fields Nursing Home, College Fields Close, Barry** – three storey extension to the side of the existing building to provide a new kitchen facility, an eight-

person lift to all floors, eight ensuite bedrooms and two communal day rooms and to undercroft disabled parking spaces.  
Ms Sally Knight – **13 Craig yr Eos Road, Ogmere by Sea** – demolition of existing outbuilding with material resulting from demolition works to be crushed and reused to raise garden level to existing finished floor level, external alterations to windows, doors and dormers with the provision of new access stops and internal modifications to existing dwelling.  
Mr Jeet Sohal – **Blockbuster Video Express, 88-90 Holton Road, Barry** – planning application for the change of use of a video and games rental and sales shop (A1 use) to a mixed class coffee shop (A1/A3 use).  
SCN Properties – **Unit 8, Atlantic Trading Estate, Barry** – extension to workshop and associated offices by addition to further storey.  
Windsor Terrace – **Penarth, E318636, N171717** – Trees.  
Mr Nicholas Hegarty – **St Brides Court, St Brides Major, Bridgend** – erection of 5kW wind turbine on 15m tower following refusal of 2013/00450/FUL.  
Redding Limited – **Adjacent exit/entrance, Cambrian Park, Culverhouse Cross** – fell Oak tree T3.  
Mr Sam Nolan – **Glandwr, Beach Road, Sully** – Orangery style rear extension.  
The National Trust – **Dyffryn Gardens, Dyffryn** – external alterations to roofspace and minor internal alterations at St Michaels Cottage.  
Minor internal alterations at Long Acre Bothy to rehouse croquet club store. External landscaping as St Michaels and underground gas tank.  
Miller Holdings (Wales) Ltd – **Land of Dinas Road, Caversham Park, Penarth** – erection of two three-bedroom bungalows.  
Upper Boat Business Centre – **E317300, N170700** – with dormer roof, providing landscape and ancillary works at land off Dinas Road, Caversham Park, Penarth.  
Mr and Mrs Gamlin – **Manor Piece, St Hilary** – remove two Conifers and two Eucalyptus trees.  
Network Rail – **Barry Railway Station** – proposed demolition of brick building on Operational Railway Land.  
Mr Ahmed – **Land north west of Bendrick Road, Barry** – approval of reserved matters relating to application number 2009/00019/OUT 14 two/three bedroom houses.

## THE VALE OF GLAMORGAN COUNCIL (WELSH ST DONATS PUBLIC FOOTPATH No12) TEMPORARY CLOSURE ORDER 2013

The Vale of Glamorgan Council in exercise of its powers under Section 14(1) of the Road Traffic Regulation Act 1984 (as amended), and of all other enabling powers intends in not less than seven days from the date of this Notice to make an Order the general effect of which is as described in the schedules below:-

### SCHEDULE 1

1. No person shall proceed on foot in the location specified in Schedule 2 below.

### SCHEDULE 2

**Location** Welsh St Donats Public Footpath No 12, shall be closed from its South eastern most end at grid 302756 extending in a generally north-westerly direction for approximately 100m to grid 302675 176233

**Alt. Route** The diversion shall direct pedestrians along a temporary footway to the south-west of the closed footpath from ref 302756 176204 to grid ref 302675 176233 and visa-versa.

**Reason** To prevent danger, to pedestrians from an unsafe structure.

**Duration** From Monday 28th October 2013, for a maximum period of six months.

Dated this 17th day of October 2013  
M. E. Punter,  
Director of Visible Services & Housing  
Vale of Glamorgan Council,  
The Alps, Wenvoe. CF5 6AA.



## THE VALE OF GLAMORGAN COUNCIL (PORTKERRY ROAD (PART) AND PORT ROAD (PART) RHOOSE) (30MPH SPEED RESTRICTION) (TEMPORARY) ORDER 2013

The Vale of Glamorgan Council in exercise of its powers under Section 14 of the Road Traffic Regulations Act 1984 (as amended), and of all other enabling powers intends in not less than seven days from the date of this Notice to make an Order, the general effect of which is as described in the schedules below:

### SCHEDULE 1

No person shall cause or permit a motor vehicle to proceed at a speed greater than 30 miles per hour between the locations specified in Schedule 2 below:

This order will override in part the existing speed restriction order known as "THE VALE OF GLAMORGAN COUNCIL (PORT ROAD (WEST) A4226 BARRY EXTENSION TO 40MPH SPEED RESTRICTION AND NEW 50MPH SPEED RESTRICTION ORDER 2008)", while the appropriate signs are in place.

### SCHEDULE 2

**Location:** The section of Portkerry Road from its junction with Port Road (at grid 307241 167389) in a south easterly direction to a point 80m southeast of the junction at grid 307701 166914 adjacent to a property known as The Stables.  
The section of Port Road from its junction with Portkerry Road (at grid 307241 167389) in a north easterly direction for a distance of 125m.

**Reason:** To allow the construction of a shared footway/cycleway on the north eastern side of Portkerry Road

**Duration:** From 06.00Hrs on Monday 28 October 2013, for a maximum period of 18 months. (It is expected that this work will take around 8 weeks to complete).

Dated this 17th day of October 2013  
M. E. Punter,  
Director of Visible Services & Housing  
Vale of Glamorgan Council,  
The Alps, Wenvoe. CF5 6AA.



## CYNGOR BRO MORGANNWG 2013 GORCHYMYN (CYFYNGU CYFLYMDRA I 30 M.Y.A.) (DROS DRO) (RHAN O PORTKERRY ROAD A RHAN O PORT ROAD, Y RHWS)

Bydd Cyngor Bro Morgannwg, gan arfer ei bwerau o dan Adran 14 Deddf Rheoli Traffig 1984 (ddiwygiedig), a phob p-er galluogi arall, yn gwneud Gorchymyn ymhen o leiaf saith niwrnod ar ôl dyddiad y Gorchymyn hwn y mae i effaith gyffredinol wedi'i disgrifio yn yr atodlenni isod:

### ATODLEN 1

Ni fydd neb yn gyrru nac yn caniatáu i neb arall yrru modur yn gyflymach na 30 milltir yr awr yn y manau a nodwyd yn Atodlen 2 isod:

Bydd y gorchymyn hwn yn rhannol ddrymu'r gorchymyn cyfyngu cyflymdra presennol a adwaenir fel "GORCHYMYN YMESTYN CYFYNGIAD CYFLYMDRA 40 M.Y.A. A GORCHYMYN CYFYNGU CYFLYMDRA NEWYDD 50 M.Y.A. PRIFFORDD A4226 (GORLEWIN PORT ROAD), Y BARRI, CYNGOR BRO MORGANNWG 2008)", tra bod yr arwyddion priodol yn eu lle.

### ATODLEN 2

**Lleoliad:** Darn o Portkerry Road rhwng y gyffordd â Port Road (wrth gyfeirnod grid 307241 167389) a man (wrth gyfeirnod 307701 166914) sy'n 80 metr i'r de ddwyrain o'r gyffordd honno, ger eiddo a adwaenir fel 'The Stables'.

Darn o Port Road rhwng y gyffordd â Portkerry Road (wrth gyfeirnod grid 307241 167389) a man sy'n 125 metr i'r gogledd ddwyrain o'r gyffordd honno.

**Rheswm:** Darparu llwybr troed/seiclo cyfun ar ochr ogledd-ddwyreiniol Portkerry Road.

**Cyfnod:** O 06.00 ar ddydd Llun 28 Hydref 2013 ymlaen am 18 mis yn

unig. (Mae disgwyl i'r gwaith gymryd rhyw 8 wythnos i'w gwblhau).

Dyddiedig 17 Hydref 2013.

M. E. Punter,  
Cyfarwyddwr Gwasanaethau Gweladwy a Thai,  
Cyngor Bro Morgannwg,  
Canolfan yr Alpau, Gwentf. CF5 6AA.





# Local midwife praised for her caring work

**BEREAVEMENT** midwife Tanneke Berwick is asking the ABMU community to support her at the national 'Butterfly Awards' by giving her their vote.

The Butterfly Awards recognise families who have shown strength during the loss of a baby, as well as the professionals who support them. Shortlisted in the midwife category, Tanneke works with families who have had a stillborn baby, or whose child has passed away during the first few weeks of life.

Both on the ward and during home visits, she provides practical support to the whole family as they make choices about their next steps.

This could mean organising for them to bath their baby, giving them hand and foot prints as a keepsake, or helping them arrange their baby's funeral.

Emotional support is also part of the role and Tanneke spends time with the family at home, listening to them and providing advice as they grieve. When they are ready, she refers them to a support group to meet other families with similar experiences.

Tanneke, who is based at the Princess of Wales Hospital, said: "I am very honoured to be nominated for the award as I am very passionate about the role. It is a privilege to be able to help and support families through a critical and very sad time in their lives.

"We build up a relationship during our time together and families know I am here for them for as long or as



ABOVE: Bereavement midwife Tanneke Berwick, with Brooke-Mae Anderson, baby daughter of a family she has supported.

little as they need."

Tanneke was nominated for the award by Heatherjane Coombs, chair of the Cardiff and Newport SANDS, a charity group which supports patients experiencing the loss of a baby. They work together closely as the group provides packs and boxes of information for Tanneke's patients.

Heatherjane said: "Tanneke is absolutely amazing. She is so in tune with her patients' needs and goes above and beyond to help them through their grief. "The dedication Tanneke gives is immense; one of her patients didn't have a car, so she drove them to the cemetery so they could visit their child's grave. She truly is extra special and I really hope she wins."

Antonia Thomas, from Brackla, received support from Tanneke when her baby boy Harley passed away.

She said: "Tanneke is so supportive and so helpful; she made a truly awful time bearable. She is such a special person and you can

tell she genuinely cares about her patients.

"It is nice to be able to talk to someone who is so willing to help you and when I was ready to think about having another baby, Brooke-Mae, Tanneke was there for me.

"It is lovely that she has been shortlisted for the award and it would be brilliant for her to win and receive the recognition she deserves."

Cathy Dowling, head of Midwifery for ABMU Health Board, commented: "I am absolutely delighted to hear Tanneke has been nominated for a Butterfly Award. It is a fantastic achievement and one which is thoroughly deserved."

To vote for Tanneke, visit <http://tinyurl.com/ghamt> 3d. Voting closes on Friday, October 18.

## Newton WI plan busy schedule

**NEWTON WI** has had a very busy time recently: the harvest supper prepared by the committee was a great success.

Lunch in the Fairways was arranged by Jan and the annual quiz in the Hi-Tide was very entertaining - we came fourth!

We have started our choir rehearsals for the Christmas concert and are all delighted that Only Men Aload are also taking part.

We had a talk on Edwardian maids by Debra John and we have a full programme ahead - a walk and lunch at Parc Slip, the Christmas lunch and fayre.

Ladies, if you would like to join us, call Pearl on (01656 772657) or Pat on (01656 788003).

ANN VIPOND



LEFT: Badger Photo by Sue Dobbs

## TLC turns wildcat into cuddly kitten

**A TINY six-week-old kitten was admitted to Bridgend Cats Adoption Centre after he was spotted by a keen-eyed employee at Rockwool, Pencoed.**

The adorable bundle of fur, named Badger by staff in the centre, was terrified, dirty and very hungry.

Badger, is believed to have taken refuge in the factory, after becoming separated from his semi-feral mum.

Ross Evans, product data controller at Rockwool, said: We saw him sitting on some pallets by our office; I sneaked over and picked him up.

"He was dirty, half asleep, very skinny and small. He hissed and spat at me a lot, but once I put him in the box to take to Cats Protection, I didn't hear a peep out of him."

Jenna Hunt, cat carer said: "The last thing I expected when I opened the huge box was to find a tiny ferocious bundle of fur spitting at me. We had some reservation about whether we would be able to socialise

Badger. However, two weeks of TLC has turned him into a big softie. He is now a friendly, playful kitten who enjoys nothing more than having a cuddle."

Badger is one of over 150 cats and kittens in Bridgend Adoption centre looking for permanent homes. There are a further 346 cats and kittens on the waiting list but the centre has been powerless to help them all, as it is already stretched to the limit.

Sue Dobbs, centre manager, said: "We try to prioritise our waiting list and help the neediest of cats, but it is a difficult task as there are so many desperate cases."

"We have closed our waiting list twice this year, to enable us to clear the back log of requests for help."

"To prevent this, we'd urge people to adopt a cat from us. Not only will you be giving a home to a loving companion animal, but it will help the centre to free up vital space so we can take in another cat that desperately needs our help."

To adopt a cat, contact the centre on 01656 724396, or email [bridgend@cats.org.uk](mailto:bridgend@cats.org.uk)

## Pupils explore a 'wonderful library'

**PUPILS** from the Nursery at St Clare's School in Porthcawl recently went on a trip to Porthcawl Library where Elaine, the librarian, welcomed them and showed them around the different sections of the library and the wonderful collection of books on offer in the children's section.

The children were read a story about a bear in a book who came to life!

Then the children chose lots of books from the children's section to have a look at.

At the end of the visit they picked their favourite book and Elaine scanned them on the computer and stamped the date so the children knew when to bring them back.

The children are eager to return to the library with their families.

Pupils and staff at St Clare's school would like to say a big thank you to Elaine and everyone at Porthcawl Library for a wonderful trip!

JH

**Did you know you can read your GEM online?**  
[bridgend-today.co.uk](http://bridgend-today.co.uk)

This year's Splashup in Porthcawl will provide a spectacular feast of water sports, arts and music.



## Porthcawl gets ready to make a big Splashup!

**THE Porthcawl Splashup, October 25-27, will bring together water sports, arts and music for a weekend of entertainment in the town.**

Beaches feature water sports taster sessions, fun competitions and night surfing contests.

Soundtrack to The Splashup weekend will be played out on stage at 'Cosy Corner'.

'Catching the Wave' is a special arts project funded by the Arts Council of Wales, which aims to capture the spirit of Porthcawl, its heritage and its future.

Artwork, talks and films will all be shown in a number of venues across the town, with several buildings on Porthcawl's seaford also doubling up as giant projector screens.

The Splashup weekend is being organised by local businesses and

water sports organisations with support from BCBC and opens with children and artists leading a sunset procession from 'Bottle Bank' to Cosy Corner.

Among the highlights will be the showing of a series of films that will uncover Porthcawl's appeal for water sports enthusiasts.

Artist Ami Marsden will be creating a unique piece of beach art and at the Grand Pavilion, Sustainable Wales' 'Green Room' event will feature multi-media displays and performances.

Ex-Wales rugby star Paul Thorburn will be recounting the epic challenge he tackled earlier this year to kayak from Anglesey to Mumbles and showing a film.

For full details of all the weekend events, search for 'The Splashup' on Facebook or Twitter, or visit [www.splashup.co.uk](http://www.splashup.co.uk)

## Age Concern team works alongside the hospital staff

**HOME** may be where the heart is, but getting there is not always straightforward for hospital patients.

Now, a partnership at Princess of Wales Hospital means older people well enough to leave the wards can return home quickly and safely.

Age Concern Morgannwg has longstanding links with the Bridgend hospital, but that stepped up a gear in December 2011 when an on-call service was established.

It identified older people who were in A&E after a fall or minor accident who didn't need to be hospitalised, but would have to be admitted without support to get home.

Age Concern Morgannwg would send drivers to take those patients home and provide any support they needed to stay there, such as making sure they had food and heating, and informing family and friends.

Last December, Age Concern Morgannwg established a base in the hospital and the service



Discharge team manager Michele McCarthy and Age Concern's Rob Doyle check to see which patients are ready to go home.

was expanded to include the wards, as well as A&E.

The Princess of Wales Hospital discharge team manager, Michele McCarthy, said the partnership had gone from strength-to-strength since then.

She said: "It's my job to ensure that patients who don't need to be here return to the community. I feel at ease when Age Concern Morgannwg takes them home because I know they are not going to be left on their own."

"To start with, they were taking perhaps four patients a week home from A&E, but that built up rapidly and now it can be as many as 13 a day."

Age Concern team member Rob Doyle, from Maesteg, said: "We go around the wards, talking to patients, getting to know them, making them relaxed and comfortable and checking if they need any help. "We cover the whole of the Bridgend county but have also taken people home to places like the Vale, Neath Port Talbot and Swansea and Gower."

The hospital has established links with another charity, Care and Repair, which again should help get patients back to their homes without delay.

Michele said: "Hopefully, they will ensure minor repairs and adaptations, such as ramps and grab rails, are done in timely fashion."

## Memories of life in the Murder Squad

SKER WI NEWS

**THE October meeting was held recently at St David's Church Hall, Nottage, when ten members enjoyed the fashion show held at the Hi-Tide put on by Glad Rags of Margam.**

Just over £1,200 was raised for LATCH. Pupils from Porthcawl Comprehensive also presented a fashion show of the work they have been doing, which was very good.

The speaker was Helen Jones on 'Life in

the Murder Squad and Metropolitan Police."

After basic training, she went on the beat in the Chelsea area for a few years before transferring to the Murder Squad.

One incident they attended was the Hyde Park bombing.

The Christmas fayre is on November 22 at Trinity Church Hall.

The next meeting on November 14, will be a members' evening which will include some entertainment and social time. Anyone wishing to join us will be very welcome.

ANN VIPOND

PT



# YOUR CHANCE TO SHARE THE COMMUNITY NEWS

## Kenfig Hill Wellbeing Centre

Included in the activities being held by the Mental Health Matters, Wales, at the Talbot Community Centre, Prince Road, Kenfig Hill from 1pm to 5pm on Wednesday, October 23 will be arts and crafts from 2pm to 4pm and the reading group from 3pm to 4pm.

There will also be a great social afternoon when everyone is welcome to go along and enjoy themselves in a relaxed and friendly environment with a cup of coffee and join in the activities.

## Mynydd Cynffig Junior School

Pupil of the week – Congratulations to the following pupils who were nominated for impressing the staff at the school last week: Cameron Wallis – class 1, Finley Turner – class 2, Brooke Rees-Simcock – class 3, Ellis Peart – class 4, Ben Jackson and Hadi Akpinar – class 5, Ola Kruk – class 6 and George Buckley – class 7. The headteacher's award went to Luke Hamer – class 4.

Special lunch – Congratulations go to the following pupils who joined Mr Davies for a special lunch last Friday as a reward for their high standard of behaviour, including politeness to both staff and fellow pupils during lunchtimes last week: Joshua Jones, Conor Jenkins, Ellie Rees, Lowri Powis, Alex Foote-Bruce, Callum Young, Chloe Parry, Amber Tidmarsh, Lewis Watkins, Amy Hardy, Matthew Watkins and Caitlin Fallow.

Class Assembly – Class 7 with Mrs Brace, will be performing their assembly on Friday, October 18 in the school hall starting at 10.15am. Parents and grandparents of the pupils taking part are welcome to stay for refreshments after the performance.

Rugby – The school rugby team will be taking part in the Keith Grice 10-a-side tournament at Porthcawl RFC on Friday this week, starting at 1pm.

Bridgend Schools Cross Country League – To generate greater interest in this event, Mrs Jones has organised a cross country club which will take place every Wednesday lunchtime at 12noon.

Last week, over 30 pupils took part and ran approximately one mile before eating their lunch and it is hoped that many more pupils will take part. All pupils of Mynydd Cynffig Junior School are welcome to take part in the second race of the season which will take place at Cynffig Comprehensive School on Saturday, November 30 at 9.45am and finish by approximately



## COMMUNITY NEWS from KENFIG HILL AND PYLE

by Richard Sims

Telephone: 01656 746840

Mobile: 07802 439679

E-Mail: richardsims@talktalk.net

10.30am.

Many congratulations to Mrs Powis and Mr Pedler who both completed the Lloyds Bank Cardiff Half Marathon last Sunday. It is good to see the teachers taking part in these events.

Halloween party – A Halloween party, which will include a children's fancy dress, will take place on Thursday, October 31 from 5.30pm to 7.30pm at the Grove Golf Club.

Entrance is £4 which will include a burger or hot dog and a drink. There will also be a disco and party games. However, all children MUST be accompanied by an adult.

For further information regarding this event, ring Claire at the Grove and choose option 3 on 01656 788771.

Harvest celebration – As part of the harvest celebrations, the school has decided to support 'The Trussell Trust Foodbank'. It is to help feed local people in a crisis by buying non-perishable food and donating them to the school by Friday, October 25.

PTA – Friends of Mynydd Cynffig Junior have organised a film night on Thursday, October 24, 5.30pm to 8pm. The film to be shown will be 'Diary of a Wimpy Kid'. Entrance is £2 to include a 'goody bag'. Hot dogs and chocolate will be on sale during the interval.

## Talbot Community Centre

By popular demand there is more starting in the community particularly in the Talbot.

Keep Fit – Following many requests, keep fit classes will be starting in the Talbot Community Centre on Monday, October 28 with two sessions at 9.15am and 10.15am.

Coffee mornings – Every Tuesday morning quite a crowd of ladies meet at 9.45am and generally have a chat about what's happened over the last week. They also check their weight to see how they have got on over the past week as well as discuss holidays and trips that they would like to go on. Finishing at 11am, they generally find that they have had an interesting hour.

Bingo – Following the success of the bingo on a Friday, a game was set up on a Monday evening ready for the winter. This has also proved to be popular and numbers are growing every week.

Everyone is welcome, the doors open at 6pm, eyes down at 6.30pm.

Christmas – Like everyone else, the community centre is already gearing up for Christmas with local residents aiming to get their bookings in following their disappointments of missing out last year.

There is a superb cook at the Talbot and the freshly-cooked Christmas dinners (including the turkey) served at the Talbot are second to none with a three-course meal, fancy hats, crackers and poppers costing a mere £6. I am told that there are limited places so book early to avoid disappointment.

Party Time – Something new this year at the Talbot is the New Year's Party. We share our New Year's Party, everybody mucks in, bring your own liquid refreshment, your own turkey sandwiches and we will make our own entertainment. It starts at 7.30pm and goes on until 12.30am for only £5 per person. Again, numbers are limited.

## Parish of Kenfig Hill

Piano concert – A piano concert has been arranged by the pupils of Liz Dewhurst in St Theodore's Church on Saturday, October 19 at 2pm. This promises to be a brilliant concert with admission and refreshments being only £3.

Shopping trip – A shopping trip to Cheltenham on Saturday, December 7, price £13.50, is being planned. This is a popular trip, so

to ensure that it takes place, avoid disappointment by giving your name to Christine Portsmouth on 01656 742986 as soon as possible.

Sunday service – On Sunday, October 20, sung Eucharist will be held in St Theodore's at 10am with Evensong being held at 6pm.

On Wednesday, October 23, Eucharist will be held in Theos at 10am.

## Shout

**KENFIG Hill Shout Forum for the over-50s will be holding its next meeting at Theo's Charity Shop, Bridge Street, Kenfig Hill on Tuesday, October 29 between 2pm and 4pm.**

There is a mystery speaker on this occasion. If you would like to help improve local services for older people in the community, you would be very welcome to attend the meeting.

For further information on this and other activities of the Kenfig Hill Shout, ring Stan Rumble on 01656 741203.

## Pisgah Ladies Fellowship

Super Supper – The Pisgah Ladies Fellowship are once again treating us to one of their super suppers at 6.30pm on Thursday, October 24.

This time, it is one of their great sausage and mash suppers, something of which you have to try to realise what a great taste it has.

For just £5, you get a real bangers and mash supper.

It also gives a chance to have a night out in great company and a chat with old friends, 6.30pm in Pisgah Chapel, Pisgah Street, Kenfig Hill.

For details of this and other events they have planned, telephone either Rhian on 01656 744772 or Karen on 01656 740684.

## Fundraising night nets £1,000 for charities



ABOVE: Star of the show Miss Tina Sparkle (centre) with revellers at the Farmers Arms.

STAFF at the Farmers Arms in St Bride's Major are saying a big thank you to customers and supporters who helped raise £1,000 for the charities, LATCH and the British Lung Foundation.

The pub managers, Kristian and Emma, told THE GEM: "We raised £1,000 through a comedy drag evening with a two-course dinner, followed by a disco.

"The evening went down really well with everyone and we're looking forward to welcoming Miss Tina Sparkle back again on December 12 for her Christmas show.

"We just wanted to say a massive thank you to everyone who attended and supported us. Thanks also to all the staff at Mason and Chambers of Bridgend for their kind donations".

# 'HOLD FIRE ON THE LAND SITES' call by regional Tory AM

**LAND at the centre of a Wales Audit Office investigation has received planning consent from Bridgend County Borough Council to build 94 homes.**

Now, Welsh Conservative Regional AM Byron Davies has rung alarm bells about the plan for land at Ty Draw Farm, Pyle.

The land was one of 18 sites across south Wales which were sold by the Welsh Government to Guernsey-based South Wales Land Developments Ltd via the Regeneration Investment Fund for Wales (RIFW). This is an arms-length body within the Welsh Government.

Mr Davies, a former police officer, referred the £20.6m deal to the Wales Audit Office last September because of concerns about the value of the land involved. The land was sold pri-

vately and did not go to tender or auction.

At the moment, the WAO is still conducting an investigation into the sale, including why it was sold privately and what its value.

Mr Davies, who is Shadow Welsh regeneration Minister and a regional AM for South Wales West, said that there were question marks over what went on.

"I am concerned that plans have been approved for the Ty Draw site and applications are also being made for some of the other sites," he said. "Until we have the results of these investigations, it is inappropriate to start any developments on these sites."

"Depending on the findings of the on-going investigations, the status of these pieces of land could be called into question."

"The land at Ty Draw, which had previously been owned by the

Welsh Development Agency, had been reserved for special employment purposes for over 20 years. It is located right next to the Pyle junction of the M4 and is a key site.

"I know that local residents and councillors in North Cornelly fought hard to have this site retained for employment. Instead, 94 homes are to be built there although some land is being retained for employment use."

"Apart from the issues connected to the way this land was sold, there is also concern in North Cornelly about having more houses in the village."

"Almost 700 houses have been built in the past decade or so, putting a strain on local services including the health centre. People feel that enough is enough," the AM warned.

## Local pupils get dentists' approval



Tomos Hutchinson (Brynmenyn).



Lewis Fitzpatrick (Maes yr Haul).

**DRAWINGS from St Brides Major Church in Wales, Brynmenyn and Maes yr Haul Primary Schools in Bridgend are among the winners in a competition organised by the Dental Public Health Unit at Cardiff Dental School, in conjunction with the British Dental Journal and Smile Designed to Smile programme.**

Seven-year-olds Catherine Rowe (St Brides Major) and Tomos Hutchinson (Brynmenyn), along with eight-year-old Lewis Fitzpatrick (Maes yr Haul) were three of the 12 winners' drawings, picked from over 2,000 entries, which will feature on the front cover of the journal between July and December 2013.

The overall winner, five-year-old Thora from Ysgol Glan Morfa, Splott, Cardiff was presented with her prize of books to the value of £100 and a copy of her work as featured on the cover of the British Dental Journal by Health

Minister Mark Drakeford. Her school received a cheque for £200.

Designed to Smile is a key component of the Welsh Government's national oral health improvement programme.

It is being run in 1,200 schools across Wales in areas of social and economic deprivation. Over 78,000 children are taking part.

A spokesperson from the dental health unit said: "It is so important to develop good dental healthcare habits from a young age as they serve you well for life. This competition has been a great chance to remind children about keeping their teeth healthy."

## Pool party

**THERE will be a Halloween pool party at Bridgend Recreation Centre on Saturday, November 2 between 5.30pm-7pm, when the pool will be turned pumpkin orange.**

Call 0300 012 1223, option 1, or ask at reception.

## Sale at a rugby club

CYLCH Meithrin Llanilltud Fawr will hold a nearly new sale on Saturday, October 19, from 10am to 11.30am in Llantwit Major Rugby Club, Boverton Road.

£1 per family donation; top quality, toys, equipment and maternity wear at bargain prices; email cylvch@hotmail.co.uk

**Did you know you can read your GEM online? bridgend-today.co.uk**



# Tough loss for Cowbridge RFC against Abercwmboi

LAST Saturday Cowbridge 1st XV travelled to the Cynon Valley to take on Abercwmboi and lost 28-17.

Abercwmboi scored first with their scrum half putting over a penalty after nine minutes. From the kick off, there was some lovely counter-attacking by full back Richie Howson and left wing Tom Zaslon.

There was a let off for Cowbridge at the midpoint when a kick downfield saw Abercwmboi running it back through the middle of the defence, and only a final pass into touch prevented a certain score.

Cowbridge got on the scoresheet after 30 minutes as the ball was moved down the line; Howson made the extra man and put winger Jamie Picton-Tuberville clear for an unconverted try.

After 37 minutes there was a well deserved try for scrum half Tom James, after several phases of play and good forward drives from second row Steve Birchenough and flanker Connor Wyatt.

James found a gap in the defence to cross for a try converted by outside half Carwyn Morgan.

Aber put over a second penalty through their lively no 9 to bring a halftime score of 6-12.

The second half was a repeat of the game last season, as Abercwmboi scored a further penalty and then a try through their second row to lead 16-12 after just 10 minutes.

Aber scored again four minutes later; after a kick was not gathered, the ball moved right for the wing to cross.

After 18 minutes, prop David Popham had to leave with an injury, Rhys Thomas deputised. There was some good counter attacking from both Howson and centre Alex Jones, but after further pressure, Aber's prop crossed for a converted try.

Cowbridge's problems were compounded by prop Jon Phillips being

forced off with an ankle injury, Alun John taking his place.

Just before the final whistle, James secured his second try to bring a final score 28-17.

This was a very disappointing result with few positives, plus the worry of two injured props. The team are better than this showing and need to work hard in readiness for this Saturday.

The youth had another superb win, beating Llangennech 41-07. Centre Nicky Griffiths scored the opening try after a barnstorming run by Harry Driscoll on the wing, finishing off a try which had gone through many hands and phases. Harry then scored almost immediately again from the kick off for a halftime score of 15-0.

In the second half, full back Josh Thomas scored after Danish international John Nexmand gave him the scoring pass. The remaining scores were all about prop Sam Richards, who came on in the second half and carrying a number of injuries, scored three tries and converted each of them. Final score 41-7.

It was great to see back in action Sam Woods, who played at hooker, and Rhys Elms, who came on to the wing in the second half. There was a controlled performance by Alex Guard at outside half.

This Saturday, the first XV have a hard game against Glyncoch at home, kick off 2:30pm. All support would be very welcome and much appreciated.

Finally, 60th birthday wishes go to Rob Vaughan. Rob, like his father, Vic, is a much-loved character with many friends in the club and also in the town, all of whom send their best wishes for his birthday today (October 17).

JK

# Kenfig Hill under-16s lose to late drop goal

KENFIG HILL under-16s travelled to Mumbles in the hope of reversing their run of recent losses.

However, with an experimental back-line due to absenteeism, this was always going to be a difficult assignment.

In the early exchanges both teams cancelled each other out with solid defence.

However, with Kenfig Hill unable to make any clean breaks, Mumbles soon showed their attacking capabilities and taking advantage of some very average Kenfig tackling, a Mumbles forward scored the opening try under the posts.

This seemed to spur Mumbles on and led to a period of sustained pressure where, with good options being taken, straight running and quick passing, they created a number of overlaps.

Only some last ditch tackling by Kenfig kept them at bay but the inevitable eventually happened with Mumbles running in a try from the halfway line following some broken play.

At 14-0 down, Kenfig needed some individual magic from somewhere and as in most cases, it came from captain Connor Tatum who was playing out of position at fly half.

Taking the ball on the opposition's 22, he stepped inside the first and second oncoming defenders before touching down with two other defenders left in his wake.

With the try successfully converted by Tatum it gave the Mules some hope at only 14-7 down.

However, with the try coming against the run of play, Mumbles continued to attack for the rest of the half although failing to score again with full back Sam Young stopping a certain try with a very strong tackle in the left corner.

The second half started in exactly the same manner with Mumbles camped in the Kenfig 22 from the beginning, pressure that finally resulted in a further Mumbles try, putting them into a 19-7 lead.

It was, however, from a Mumbles' scrum in the Kenfig 22 that the Mules

scored their second try.

An error in the Mumbles' back line meant the ball was kicked downfield to the halfway line; from the ensuing ruck Kenfig left wing Tom Cross picked up the ball and cut inside handing off the first defender, seemingly held he kept pumping his legs to break free of the tackler.

He handed off another cover defender and set off up the left touchline riding a final tap tackle to touch down in the corner. Tatum again converted a very difficult kick to make the score 19-14 to Mumbles.

This finally seemed to ignite the young Mules to pick up the intensity and offer an attacking threat as a team.

In the last five minutes of the game Kenfig scored their third try through another piece of individual skill by Connor Tatum.

Picking up the ball from a ruck inside his own half, he weaved and dodged his way past three defenders untouched, to score under the posts. With his own successful conversion it looked like he'd put Kenfig into a winning position at 21-19.

However it was not to be with Mumbles putting over a drop goal with the final play of the game and just edging out Kenfig 22-21.

With a number of players playing out of position especially in the back line Kenfig should take some consolation from this result. However, starting so slowly is giving them an impossible task to recover from, as the game continues.

The forwards need to improve the contact area at the breakdown to ensure ball retention, while the backs need to play simple heads up rugby putting the man in space clear.

Special mention to the two try scorers, Connor Tatum and Tom Cross, both scoring fine individual efforts, also Ethan Jenkins who ran himself into the ground with his tireless efforts in the back row.

Man of the match was centre Joel Peary, who made some good line breaks as the game went on and was consistent in defence.

JC

# LLANTWIT MAJOR JUNIOR RUGBY ROUND-UP

THE under-7s travelled on Sunday for their first away match to Penarth to play against Old Penarthians.

All players were very excited to be playing; the team for the matches was Ioan, Abbie, Iestyn, Kaiden, Osian, Ryan and Ieuan, and they played three 10 minute matches.

The first game score was Old Pens 7 Llantwit Major 4, second match Old Pens 6 Llantwit Major 3, and the third match Old Pens 5 Llantwit Major 3.

The try scores were Ioan with four, Kaiden with three, Abbie, Ryan and Ieuan; all players had fun and enjoyed themselves, which is what it's all about.

The under-8s travelled on Sunday to play against Old Penarthians.

The team for the match was Braydan, Flynn (c), Kian, Rhys, James, Thomas G, Marcus and Owen.

They played two matches - the first match was Old Pens 9, Llantwit Major 4 and the second match was Old Pens 3, Llantwit Major 3.

The boys played fantastic - they were excellent with their tagging and Thomas G managed his first tag of the season and was very proud; Owen managed to get his second tag and was beaming from ear to ear.

Flynn was excellent at organising the team as well as managing some excellent tagging, while Kian did some fantastic tagging also.

There was no stopping Braydan with three fantastic tries and some excellent tagging; Marcus scored two wonderful tries and also did some good tagging, and James and Rhys also scored to finish the match. Man of the match was Marcus.

Sunday saw Llantwit Major under-9s travel to Penarth for a match against the Old Penarthians.

A strong squad of 16 players turned out, with all the boys ready for a good match.

The Llantwit boys

started hard from the whistle, putting in some really amazing tackles right from the beginning.

Llantwit took the lead early in the match due to some great running and passing between themselves. With some fantastic running from Sam A and Caleb, and great defence from Logan and Dylan L, the first match finished 8-0 to Llantwit.

The second match started with as much commitment and determination as the first.

Llantwit scored first after some great teamwork. The Old Pens came back at Llantwit with some fight and great running; their passing and quick feet saw them get past Llantwit's defence to score two tries in quick succession.

Llantwit came back with some awesome tackling from Sam H and Owen, and then scored two more tries, making the final score 5-3 to Llantwit.

Man of the match was Logan Pike for his determination not to let any of the opponents past him!

Squad: Logan, Sam H, Rhys, Sam A, Dylan L, Tomas, Dylan W, Sammi, Jack, Josh, Aneurin, Corey, Dylan M, Owen, Caleb and Iwan.

Well done boys! Llantwit Major travelled to Penarth to play against Old Penarthians following on from two confidence boosting wins.

The first 10 minutes of the game was a tense affair with neither side gaining a foothold in the other's half. Llantwit Major tried to get their running game going but a mixture of handling errors and well drilled defensive work kept them at bay.

On the 10 minute mark, however, a break through the middle by Oskar Williams set up good ball for the backs to spread wide with Morgan Jenkins springing over to score in the corner.

This sparked Llantwit Major into action and seemed to ignite some passion into their play. With the scrum set on

the halfway line, outside half Ethan White spotted the narrowest of gaps on the blind side and broke through, only to be brought down just short of the line.

Scrum half Ben Reilly saw the opportunity to dash down the blind side of the cover defence to sneak in the corner and double the Llantwit lead.

With only two minutes to go in the first half a quick tap from a penalty freed up room for Morgan Jenkins to race away from the cover defence, scoring in the same place as his first, and give Llantwit Major a hard earned 15-0 lead at halftime.

After the break Old Pens used their forward advantage and started to pressurise the Llantwit defence, and as the weather worsened so did the standard of play.

Both sides were making handling errors and it looked as if the score would remain 15-0 to Llantwit Major. With play camped on the halfway line Olly Wong made some strong yards and following the ruck the ball was spun wide and hooker Sam Brown ran in from 30 yards to make it 20-0.

With time almost up, Llantwit put in a deep restart and some aggressive tackling saw Morgan Greenaway come away with the ball and show great strength to barge over and make it 20-5 with the last play of the game.

Another good victory for Llantwit Major saw the team record their third win in a row, and a good defensive performance meant that they head to Wednesday's blues cup match full of confidence.

MP

# Darts league round-up

ON Tuesday, October 8, last season's top two teams played each other with Llanharri coming out on top with a 6-3 win over the Edmondes B.

The other unbeaten team, the Edmondes C, lost 4-5 to the Farmers Arms. The Highwayman Inn won 9-0 at the Star Inn, the Old Post Ladies lost 2-7 to the Hare and Hounds and the Cross

Inn were beaten 6-3 by the Edmondes A.

Present league standings, after three matches, are: Llanharri (22 points), Edmondes B (19), Edmondes C and Highwayman Inn (16); Farmers Arms and Hare and Hounds (15), Edmondes A (13), the Cross Inn (8), Old Post Ladies (2), The Star Inn (0).

Next week, Tuesday October 22, at the Farmers Arms, there is

the completion of the four competition.

The first semi-final will see the Edmondes A (Steve Simmonite, Cedric Simmonite, Trevor Morgan, Lee Harding) play Llanharri (Morgan John, Michael Newble, Stephen Newton, Paul Newton) and in the other semi-final the Hare & Hounds (Simon Reader, John Izzard, Jon Williams, Rob McCaver) play the Edmondes B (Dai Thomas, Martin Thomas, Matt Pay, Jonathan Cheal, Tom Gingell), the winners then playing in the final.

All matches start at 8.30pm and spectators are welcome. Note, all teams can register new players until the New Year so if you wish to play darts this season get in touch.

For further information e-mail Paul at cowedbridge@gmail.com, up-to-date information can be found on the website

www.darts.apsn.co.uk

BRIAN LEE

PJT

# Aberthin's Tim lands Chepstow winner

HIDDEN IDENTITY, a seven-year-old bay mare by Beneficial, and trained by Tim Vaughan at Aberthin, was a 14-1 winner of the handicap hurdle at Chepstow last Saturday.

Given a cracking ride by Aidan Coleman, Hidden Identity won by a neck from Open Day, who was ridden by the legendary A P McCoy.

Bargoed's Rob Williams, riding for his grandfather Bernard Llewellyn, also had plenty to smile about; Riding the 20-1 outsider Tijori, he beat the even-money favourite Berkeley Barren by a neck with 3 Potters Cross just a further head away in third place.

# The Huskies start season in style

BARRY HUSKIES started their season last week with two wins over the previously-undefeated Cardiff Met Archers in both division 1 and 3 of the Welsh basketball league, while the division 3 team knocked up another win away to the Baglan Blazers on Sunday.

Last season, Barry veteran players came first in division 2 and have re-established themselves throughout the teams and coaching staff to ensure their experience is shared.

The players have responded well to coaches' demands and are looking like a team that will do Barry proud. The club would also like to congratulate Fletcher Mace, at 16 years old, getting his first experience at men's basketball - he has proved to

be a great addition to the team, handling to pressure brilliantly and managing to get on the scoresheet.

In other Huskies news, Basketball Wales held their annual national team trials last month and the team are pleased to announce four players were selected to represent Wales at under-14 level. Pictured above, they are (from right to left) Owain Harri, Ben Whitlow, Chaceel Whelan and Ryan Allen.



## Athletic Youth in impressive form

**BRIDGEND** ATHLETIC youth travelled to the Bishopston Sports Centre to play their fourth league fixture against Mumbles youth in the Ospreys "A" league.

The Ath were hit with a number of injuries but despite only being able to field a squad of 21 players the strength in depth once again proved decisive.

Once again the Athletic started the game at a high pace with the forwards looking extremely strong and this led to an early long range penalty attempt from Scott Govan from fully 50 metres. Unfortunately the kick went just wide.

The Athletic came straight back at their opponents and with just eight minutes on the clock, a quick tap penalty and great back up play led to the game's first try with hooker Iestyn Merriman crossing the Mumbles line. The try with successfully converted by Scott Govan, taking the score to 7-0 to the Athletic.

It was clear from the start that the Athletic pack meant business with front row players Ethan Candlish Nott, George Carter and Iestyn Merriman dominant.

This dominance allowed the Ath backs a little time and when outside half Scott Govan found a huge touch kick on the Mumbles five metre line the pressure was well and truly on the home side.

From the resultant lineup, the Ath second row pair of Lloyd Griffiths and Tom Evans, who was outstanding, took possession and rolled the maul towards the Mumbles try line and with great forward momentum prop George Carter crashed over for the Athletic's second try.

This was again converted by Scott Govan to take the score to 14-0 to the Athletic.

Despite the score the plucky Mumbles team tried hard to come back at the Ath and combined well between forwards and backs to run at the Athletic. The determination of the Athletic team was plain to see however, with the defensive work of the Ath

back row of Geraint Lang, Andrew Wilcox and captain Rory Thomas outstanding.

The service from young scrum half Tom McCardle was also excellent around the base of the scrum and this prevented the home team from making any real progress up to the break.

From the kick off in the second half it was clear Mumbles were going to throw everything at the Athletic and run the ball at every opportunity.

Indeed on a number of occasions it was only the strength of the Athletic midfield defence where Scott Govan, Tom Jenkins and Craig Lewis were outstanding that prevented Mumbles from breaking through.

With the Athletic defence looking so strong and despite playing uphill and into the breeze the Athletic began once again to take control and run back at Mumbles.

It was only last ditch defence from Mumbles that prevented Athletic full back Ben Jones from breaking through on a number of occasions following long runs.

The coaches began to ring the changes in personnel with substitutes Sean Wilcox, Hywel Cosby, Cian House, Jake Williams, Liam Phillips and Lewis Taylor being brought into the game.

The game ebbed and flowed with the brave Mumbles boys testing the Athletic defence in all positions, but the game was effectively sealed with 10 minutes to go when from broken play Scott Govan landed a lovely 40 metre drop goal to take the score to 17-0.

This remained the final score of the game and sealed another important league victory for the Athletic. This was a massive squad effort from the boys and once again the coaches were extremely happy with the performance and the attitude of the players throughout.

The hard work will now continue in preparation for the match against Aberavon Quins at Newbridge Fields on Saturday.

MP

# Major bow out of Welsh Cup with dismal performance

**LLANTWIT MAJOR AFC welcomed fellow Welsh League side Treharris Athletic Western to their Windmill Lane ground for a Welsh Cup tie, the winners claiming £750 in prize money and the chance to draw one of the top Welsh League clubs in the next round.**

On a fine autumn day the game kicked off and it was the home side who took control of the game in the first quarter with three shots in the first five minutes from Dawes, Pratt and Jones.

This early effort was rewarded when Luke Dawes received the ball out on the left and cut inside striking a superb curving shot into the corner giving the visiting keeper no chance.

The Major continued the pressure and won two corners in succession, the second culminating with a shot that hit the bar but went over.

The Major would regret these missed opportunities and when the visitors broke clear on 25 minutes they had a clear chance but it was struck well over the bar. Another attack ended with a shot well wide.

The youngster Dawes then won a free kick on the edge of the box and he struck a neat free kick which the Treharris keeper

did well to tip over the bar.

However, from the corner at one end of the field, the Major conceded a goal at the other. A poor corner, and there were plenty of those from the Major in this game, the visitors broke free on the right and following some poor marking and a poor tackle the Treharris winger cut inside crossed and a neat goal was scored by the visitors for the equaliser.

The visitors were back in the game and from this point on the Major were poor, lacklustre and many players looked uninterested and out of sorts, irrespective of the prize at stake.

Nearly every pass out from the Major defence and also from midfield found a Treharris red shirted player and there was little control upfront - perhaps next week the Major should play in red shirts and see if their performance improves.

The teams went in at 1-1 at halftime and unlike last week the team talk made little difference to the Major. They came under constant attack, mainly caused by their disappointing possession and poor passing.

The visitors took the lead 20 minutes into the second half and were well in control of the game. On 25 minutes the Major won a free kick on halfway and it was struck well by Robinson into the box and

was headed in by the Treharris centre half for a very fortunate equaliser.

The teams now had 20 minutes to decide who was going through to the next round and collect the prize money on the way.

As the clock ticked on, it looked like extra time was coming, but in the last minute the Major were in possession in their own half and the ball should have been played forward; however, the defence had other ideas as vital possession was lost and the ball played through for the unmarked Treharris forward to score and deservedly win the game 3-2 as the final whistle went.

*Squad: Lansdown, Provis, Gould, Robinson, Morgan, Jennings, Jones, Pratt, Dawes, Lindsay, Harley-Smith, Rees, McCarthy, Cox, Phillips, and Whitlam.*

The club wish to thank their sponsors, the Blacksmiths Arms, Llanmaes, Watts and Morgan, Eurgent Express, MPI Aviation and The GEM for their continued support.

The next game is an away Welsh League fixture against Cwmaman Institute on October 19, kick off 2.30pm, followed by a home game the following week against league leaders Barry Town.

PL

## VI's keep up 100 per cent record

**THE VI's faced familiar opposition this week as they faced off against Barry Albion in Cowbridge just a week after defeating them in the Barry Cup.**

That game ended 4-1 to VIFC and this time they improved on that

result with an impressive five goals and a clean sheet.

This victory keeps the VI's seven points ahead in the league on a week-end when fellow promotion chasers, Rhoeose Rovers and Holton Road, also won their respective games.

It wasn't all plain sailing in the opening

exchanges of the game for the VI's though, and momentum was almost instantly sunk when Barry almost took the lead within seconds.

VI goalkeeper Craig Joughin was looking to impress with his chance keeping guard and instantly steered the ship into smoother waters by saving the early warning shot by Albion.

At the other end, after their successful partnership last week, Phil Morgan and Dean Cleave combined again to almost take the lead with Morgan's early volley narrowly drifting over the bar.

Jamie Butcher stepped up for the next opportunity minutes later after the home side looked to capitalise on a series of poor clearances from Albion.

After receiving the ball from a Barry defender, Butcher took the ball past a couple of players before sending it just wide from the edge of Albion's box.

The opening goal didn't take long to surface and when it did come, it was from an unlikely source. A rare, headed goal by Leigh Lewis rounded off a quick and impressive movement by the VI's.

Keeper Joughin began the attack and sent the ball to Rogers who flicked it onwards upfield with one touch to Cleave. Last week's top assist man then sent a lofted pass straight onto the advancing L.Lewis's head, knocking it past Albion's shot stopper.

With confidence high, Jamie Robinson was next to test Albion's defence with his solo effort. The full-back put pressure on

Albion's winger on his side and won the ball with ease before dribbling the ball past several players and testing their keeper with a low shot which was well saved.

The VI's soon doubled their lead when captain, Jordan Mortimore won the ball at the back and found previous scorer, L.Lewis.

The winger sent the ball long with towards Morgan who capitalised on a fumbled interception by an Albion defender, turned and sent the ball over their keeper to make it two.

The third goal came within two minutes of the last when another poor clearance found Reece Lewis. Brothers Reece and Leigh tried an attack down the line before the ball came back to Butcher.

The right-back, similar to his earlier effort, beat two players before shooting towards goal. This time his effort was blocked but the rebound fell to nearby Dean Cleave who scored his well-earned 11th goal of the season.

The home side thought they had scored a fourth 35 minutes in when a long ball straight from keeper Joughin found Morgan in the box and he fired past the keeper, but the referee on the day judged Morgan won the bouncing ball unfairly with a push and disallowed the top scorer's effort.

The league leaders did head into half time four goals up though, through the very same man.

In the blink of an eye, L.Lewis threw the ball into play to Cleave who turned and found Morgan inside the 18-yard box

who, in turn, found the back of the net to send the VI's into half time delighted.

Ten minutes into the second half, Morgan almost managed his second hat-trick in two games when he found himself facing goal after a Mortimore long ball and Cleave flick-on.

The striker sent the ball with power towards the goal, but it struck the bar and the ball bounced on the line and out.

Poor defending gave Morgan another chance within seconds but his second shot, although on target, was saved well.

Jamie Butcher, Sean Lucas, Dean Cleave and Michael King all came close to adding a fifth goal for the VI's heading into the final ten minutes of the game, but it took a controversial sequence of events to finally reach the high five.

After an Albion attack, the ball broke free and Tony Charles sent the ball long and wide towards Robinson. The ball looked to bounce out of play before Robinson hooked it back in and then sent Geraint Jones on a run into the box.

Jones was then fouled inside Albion's box for the referee to only give a free-kick outside the area. There was nothing controversial with the taking of the set-piece, however, and a well worked play saw Mortimore run over the stationary ball before Charles fired low past Albion's defences.

The final whistle blew soon afterwards and the VI's celebrated continuing their 100 per cent start to their debut season.

RC

## PORTHCAWL RFC EARN VICTORY

**CONTINUED FROM PAGE 40**

Jones' performance continued its purple patch on 48 minutes when he slotted his third penalty before Edwards also kicked his hat-trick penalty for Ferndale, taking the score to 23-9 with 30 minutes still remaining.

The home side sensed that maintaining pressure would yield results, yet at times they tried too hard, over-complicating their use of possession and promising positions often fizzled out.

That said, the Porthcawl pack continued to give the visitors a hard time and lock Nick Nutman, having by far his best match of the campaign to date, showed great determination and took the more direct approach with a couple of storming runs into the heart of Ferndale's struggling defence.

The second such charge saw Nutman bounce defenders away as he surged over for a deserved try near the posts; Jones' conversion put the match to bed, approaching the final quarter with the score 30-9.

The final 20 minutes saw a number of home opportunities come to grief against a determined Ferndale outfit and when home centre Price limped off injured, it signalled a limping end to the match.

With their best given, Porthcawl tired sufficiently to allow Ferndale a breakaway consolation try from right wing Gardner to close scores at 30-14.

Despite the anticlimactic end to the match, Porthcawl coach Gareth Barker was only too pleased to get the win and Saturday's forthcoming match at both borough and league table neighbours Ogmose Vale could be an interesting and entertaining affair.

**PF**  
**EMPHATIC WIN FOR YOUTH**

**Even the absence of a number of regular players could not prevent Porthcawl youth clinching a 24-0 win over Bryncethin last weekend.**

The Seaweeds registered two tries in each half to stretch their unbeaten start to the season to seven games at the expense of determined opponents.



*Gareth Davies looks to offload.*  
**PICTURE BY TRACEY WILLIAMS**

College commitments and injuries to star backs Ollie Banner and Cory Gardner forced Matthew Owen, in his first year as Porthcawl youth coach, to reshuffle his side, but they were still too strong for Bryncethin.

"We had loads of players out," Owen said. "It just shows what great strength-in-depth we've got at the moment."

Porthcawl had been averaging over 40 points per game in recent outings, but Bryncethin provided far more resistance in a fiercely-contested encounter that occasionally became too physical.

This resulted in the referee, who had already issued yellow cards to players from both teams,

sending off Bryncethin's James Harris with 10 minutes remaining.

By then Porthcawl's victory was assured after forwards Emrys Wile, Ethan Newbery and Jack Taylor all crossed for tries. Centre Jack Power added two conversions before wing Dylan Winn-Davies touched down to complete the scoring.

Man-of-the-match Jobe Owens was in dominant form at No 8 while Will Robinson excelled after being pressed into action in the front row.

The only cause for concern for coach Owen was his side's uncharacteristically indifferent finishing.

"We squandered lots

of chances," he admitted. "We weren't clinical enough in the 22. Bryncethin fought hard but didn't really offer much in attack."

**TW**  
**Porthcawl RFC is proud to announce the main kit sponsor for 2013/14 - Jeff & Debbie Williams, Herbalife.**

The sponsorship deal will mean that the company's logo will take pride of place on the shirts. Club chairman Andy Morgan said: "It's hugely important for us to secure sponsorship. It must always be remembered that our sponsors contribute significantly to the development of rugby football at Porthcawl RFC."



# PENCOED RUGBY ROUND-UP

## Huge crowd sees Firsts just pipped

A large crowd was present at the Recreation Ground, local intrigue quite obvious for this game between Pencoed RFC and Pontycymmer.

The visitors opened the scoring through centre Nathan Hawkins, who capitalized on a breakdown in the home back line, snapping up a loose pass to race over from 22 metres, Stephen John adding the extras.

Pencoed levelled matters with Liam Halse fielding a high ball in midfield to feed full back Ken Morris, whose outside break split the visitors' defence for the supporting Marc Davies to put centre Lloyd Ryland over wide out; Davies converted.

Pencoed then took the lead following a quick tap penalty. Davies fed hooker Ieuan Watkins who transferred to Dano Howells, the second row feeding out of the tackle for flanker Aaron Halse to cross.

Pontycymmer were doing well at the scrum-mage taking a couple of balls against the head, and they regained the lead through their determined pack, who drove for Tony Millington to get the touchdown, John converting, and the visitors led 12-14 at the break.

This was fast becoming an error strewn performance from the home side with the loss of two early second half line-outs, the home backs also guilty of a number of handling mistakes; Davies, however, edged Pencoed ahead 15-14 with a penalty goal.

Despite being reduced to 14 players for periods during the half it was the visitors who threatened, and only a last-ditch cover tackle from Morris a couple of metres out prevented a score.

Pontycymmer replacement David Upton then broke the home ranks with his direct running,



Lloyd Ryland hands off a would-be tackler. PHOTOS BY JULIE HANCOCK

and only desperate scramble defence kept the Green and Yellows out.

Pontycymmer sensed victory and, following a home offence at the breakdown, in the final minutes scrum half John made no mistake with the resultant penalty to give his side a deserved 15-17 win.

On Saturday Pencoed travel to league leaders Ystalyfera.

**Pencoed youth shrugged off the loss of several of their more mature key players to gain this 24-25 victory at Kenfig Hill in the Ospreys League.**

Pencoed tries came from Jack Picton, Aled Bargery and Ryan Russell, with Morgan Jones adding two conversions and a penalty goal.

In a good all round Pencoed team performance, 16 year old flanker Jordan Thomas did well, while behind the scrum Shane Izatt was a fierce competitor in the contact area.

On Saturday Pencoed host Waunarlwyd in Division A of the Ospreys League.

**Pencoed Phoenix dominated the opening quarter of their match against Gwernyfed ladies, encamped in the home 22 where eventually a well rehearsed lineout catch and drive saw prop forward**



Andrew Shillam looks for support.

**Michaela Excell cross for the touchdown, the former Plymouth University captain getting her first Phoenix try.**

Despite Phoenix being territorially on top the home side levelled matters through their powerful No 8 Lily Snape. Wing Leanne Burnell was looking dangerous for Phoenix when in possession, and almost worked her way clear of the Gwernyfed defence.

Approaching halftime, good handling from the home backs worked left wing Katie Hewson over in the corner, and despite being on top for most of the half in terms of possession and territory, Phoenix found themselves 10-5 down at the break!

Phoenix scrum half Sam Trickey put her team on the offensive with a well placed kick at the start of the second half, but then against the run of play the speedy Hewson split the Phoenix midfield to race away from 60 metres to score under the posts, Delyth Thomas converting.

Trickey then broke to feed Burnell, the elusive wing unfortunately brought down when almost clear. The Phoenix front row of Excell, hooker Lowri Reeves and Michele Halse, were clearly on top at the scrummage; unfortunately Phoenix were unable to turn this advantage into points.

Gwernyfed once again, against the run of

play dealt a killer blow, Hewson racing away from 50 metres for her try hat trick, Thomas converting.

The Phoenix pack, despite the scoreline, continued to dominate in the tight, with second rows Hannah Brunskill and Charlotte Mundy covering every blade of grass in the loose. Phoenix flanker Natalie O'Shea then saved what looked a certain try with a desperate last ditch ankle tap tackle.

The final ten minutes, to their credit, was all Phoenix, once again hammering at the Gwernyfed line, with Debra Evans adjudged held up to deny her first try for Phoenix. A series of scrums close to home line saw the Gwernyfed scrummage in disarray, however Phoenix got no reward, the match official clearly not a card player!

The final scoreline of 24-5 did not reflect the Phoenix effort, with the front five of Excell, skipper Reeves, Halse, Brunskill and Mundy taking the plaudits in this performance, never for a moment letting the scoreboard detract from their considerable efforts to win the match. Mundy and Trickey were chosen as best Phoenix forward and back respectively by Gwernyfed.

On Sunday Pencoed Phoenix host Caernarfon in National League Division 1.

## BRIDGEND SPORTS under-10s travelled to Maesteg to play Celtic.

Sports started strongly putting real pressure on Celtic's line but unfortunately a final pass didn't go to hand; Celtic then played their way into the Sports half and came away with the first try.

Sports continued to play their attacking brand of rugby and were very unlucky to have a pass intercepted which allowed Celtic to go 14-0 up.

Sports continued to fight back and following a period of play where they were camped on Celtic's line, they spread the ball wide allowing Will P to burst over for the first try.

In the second half both sides relentlessly tackled with Celtic scoring the first try of the half. Sports soon struck back with Josh finishing off a well worked move to claim a try in the corner. This was converted by Morgan.

Despite fierce resistance Celtic scored the last try of the game. Coaches were proud of the performance by Bridgend Sports who came up against a tough team but competed hard, ending with a respectable scoreline.

MVP went to Tom Gardner for his consistent work at the breakdown, the number of turnovers he won and his committed tackling.

**Team:** Owain Peters, Morgan Rees, Rhys McNally, Rhys Vaughan, Josh Wilkinson, Will Price, Mac Francis, Cullen Loynton, Rhys Chick, Dom Manaseitava, Tom Gardner, Rory Lee and James Murray.

**UNDER-9S**  
**Due to the Maesteg Celtic team only having eight players, it was decided to play four 10 minute halves of eight players per side.**

Unfortunately the game finished after three halves because Maesteg had a couple of injuries.

In the first half the Sports had a slow start, conceding two early tries. Although Morgan Palethorpe then pulled one back, Maesteg soon scored again to make it 3-1.

Morgan again scored but Celtic replied with another two, making it 5-2. The Sports looked dead and buried in this half, but two late tries from Dan Hughes and Logan Davies made the score a more respectable 5-4 to Maesteg Celtic.

In the second half the Sports showed great determination and teamwork with the ball in hand and in defence, not conceding a try and winning 2-0, with the two tries coming from Shea Duggan.

With the lead changing four times this was an entertaining third half with both sides providing some great running rugby, with tries coming from Joe Wilkinson, Jacob Hughes and two from his brother Dan for his hat-trick. Well done to Logan for his first try of the season.

**Squad:** Morgan Palethorpe, Fynn, Sam Barraclough, Morgan Burke, Oliver Logan, Tristan, Shea, Max Harris, Max Hemsley, Dan Hughes, Jacob, Cameron, Sam Jones, Curtis and Joe.

**UNDER-7S**  
**Bridgend Sports travelled to Maesteg Celtic to find two further teams had been invited.**

First up was Tondy. A very close contest on a small pitch resulted in a 1-1 draw with strong tagging and pressure from both teams.

Tondy lead 1-0 at halftime after an opportunistic try, and in the second half there was more of the same with good tagging -

a special mention to Dylan, Ben and Jack, who made last ditch tags when it looked like Tondy were odds on to score.

With more direct running and good support play, Owen was able to collect an excellent offload from Sam and score a try in the corner.

Up next was the home team, Maesteg Celtic. After a good team talk before the game, Sports came out all guns blazing with excellent runs from Jack, Ben, Owen and Sam and support/tagging play by the entire team.

Three tries by Ben and two for Jack resulted in a 5-2 halftime lead. The second half was a bit scrappy with a lot of stoppages and turnovers but two further tries from Ben and Sam meant a 7-2 win for the Sports.

The third team did a disappointing act - maybe we scared them off with our second game performance!

Congratulations to Owen for his player of match performance always looking to run forward and support his teammates. Well done!

**UNDER-11S**  
**It is always a shame when any team at grass root levels cannot field a full team for various reasons.**

Hopefully Maesteg Celtic will overcome the present difficulties as they do have a strong nucleus of a team and all they require are extra players. Three of the Sports players played for Maesteg Celtic to make up the numbers.

It seems that the rugby season has definitely started; the referee blew for the start of the game only when it started raining.

This truly was a game of two halves; the first half was a very close game with both teams committed, fluid attacking rugby counteracted by determined defending.

Maesteg Celtic scored a well-deserved try and conversation. It was only then that Sports started to attack with more determination and tries by Xander and Elliot and a conversion by Tomos ensured that at the end of the first half Bridgend Sports were leading 12-7.

The second half started with Bridgend on the ascendancy; they were more determined in attacking and a couple of quick tries more or less finished the game.

As Sports' confidence increased they became more in control of the game and scored eight tries and eight successful conversions, the final score 68-7. Man of the match was Ben.

**UNDER-14S**  
**The Sports opposition this week were a tall Tata Steel side.**

The Sports started the game strongly as they had most of the possession and they came close to scoring several times but they couldn't break down the Steel defence.

Shortly after, against the run of play, the visitors scored a try when one of their players ran down the wing to touch down in the corner. Their conversion was

unsuccessful as it fell just short.

The Sports showed great determination to edge in front when number 8 Callum Reape powered himself over the line off the back of several phases to score an important try. Outside half Drew Price then kicked an impressive conversion from out wide to put the Sports in the lead.

Just before halftime, Tata Steel regained the lead when their winger made a break and came close to scoring, but full back Will Prosser made a crucial tackle and then flanker James Skinner forced their scrum half to step into touch but this went unnoticed and they scored a controversial try. This made the score 10-7 to Tata Steel going into the second half.

The second half started with the opposition continuing to press, but the Sports defence was well organised and they managed to prevent their opponents from scoring for a long period of time.

The Sports kept on battling but they couldn't find a way through the strong Tata defence. In what turned out to be the last play of the match, Tata extended their lead when they scored a try from a penalty. This made the final score 15-7 to Tata Steel.

The boys shouldn't be too disheartened by this defeat as they were in the game from start to finish.

**UNDER-8S**  
**The under-8s travelled to Maesteg.**

After some good recent training sessions, it was evident the boys are starting to pull together and gel as a team.

Some superb attacking rugby saw them running in a flurry of tries from the onset. Great angles of running and support play by all, with the speed of the Sports players too hot to handle for Celtic. This was coupled by a very encouraging defence where every player tagged tirelessly.

Four quarters were played and the Sports managed to come out on top in all of them; being able to field two separate teams helped as Maesteg were low on numbers and subsequently tired as result.

Sports came away with a 11-4 margin, having conceded a few sloppy tries towards the end. In fairness to Maesteg, they never gave up and competed well throughout.

The try scorers were Dylan, Joel, Callum and Tom Chick, and man of the match was awarded to Dylan Morgan for his excellent work in both offence and defence. This was a very pleasing all round team performance and easily the most impressive of the season to date.

This group of players are beginning to click and mature into the game of tag, the coaching staff are very pleased with the efforts they are putting into training, it's starting to show on the pitch and we look forward to more performances like this week's.

**Squad:** Joel, Dylan, Callum, Kian, Cian, Iestyn, Jodie, Nathaniel, Ruben, Tom Chick and Zach.

JD



Michaela Excell breaks through the tackle for Pencoed Phoenix.

**Did you know you can read your GEM online?**  
[bridgend-today.co.uk](http://bridgend-today.co.uk)





# DON'T DO IT YOURSELF

Call a professional  
From our A-Z list



## Aerials & Satellite

**SONOS WiFi**  
Wireless Sound  
Systems  
Supplied and  
Installed

**ONE VISION**  
DIGITAL AERIAL & SATELLITE SERVICES INSTALLATIONS

**Free Sky TV Dish & Sky Box Installation**  
Ring for Latest Subscription Package Deals  
£60 CASH BACK for any New Sky  
Customer Taking a Subscription Package

**SKY Repairs, adjustments  
and installations.**  
✓ Domestic & Commercial  
✓ Discounts For Cops  
✓ 24 Hour 7 Days Service  
✓ 12 Month Guarantee  
✓ RDR Approved Installers

**FREE ESTIMATES  
SAME DAY SERVICE**

**Digital TV Aerials Supplied & Installed  
at competitive prices**  
CAT V extensions for Broadband and Smart TV  
Get HD Picture Quality into every room via CAT V

**Is Your Aerial Installer...?**  
Confederation of Aerial Installers  
Certified? Please Check! Only  
Using Industry Benchmarks, Aerials,  
Cables and Accessories?

**ONE VISION ARE!**  
Wall Mounted TV Installation Specialists  
visit our website for examples

**Call Paul Williams**  
**Cowbridge 01446 439 306 Bridgend 01656 349 281**

**www.onevisionltd.co.uk**

## Blinds & Curtains

**SALE  
NOW ON**

**3 for 2**  
Buy 3 blinds  
for the price of 2

This fantastic  
offer is for a  
limited time only,  
call us today

Probably Wales' Number 1 for:

- Blinds
- Shutters
- Awnings
- Canopies

**solar  
blinds**

**SOLAR**  
North Road, Bridgend  
Industrial Estate, Bridgend CF31 3TP  
**Tel: 01656 663800**

**DAYTONA**  
Unit 3F, Palmersvale Business Centre,  
Palmerston Road, Barry  
**Tel: 01446 740842**  
**www.solarsunshades.co.uk**

**THE AERIAL MAN (Barry)**  
TV Aerial and Satellite Specialists

Poor Reception Problems  
OAP Discount  
Additional TV Points  
Digital Aerial Installation  
Freeval Installations  
Free Home Visits

**Call today for your FREE quotation**

**01446 439 125 or 07818 413 451**

LOCAL PERSONAL SERVICE • ALL AREAS COVERED

**1st Digital Aerials**  
Local Digital Aerial  
Specialist

**SPECIAL OFFER - £60**  
Complete installation  
plus £20 per  
extra room

Digital Aerials Installed & Repaired.  
Set Up and Tune In Service.

**Problems with:**  
• Missing Channels • Freezing • Breaking Up

**Call Adrian on 07999 331 160  
or Barry 01446 743267**  
**www.1st-digital.co.uk**

## Aerial & TV Repairs

**TELE-ELECTRICAL  
SERVICING**  
Specialist repairs in TV,  
Video, DVD & Audio.  
Installations, tuning  
and set-up service.  
**Tel: (01656) 654156  
or 07792 887835**

**BLIND SALE!**

**STARLINE**  
Awnings & Blinds

Unit 3 & 4, Western Industrial Estate, Caerphilly  
CF83 1BQ • **www.starline-blinds.co.uk**

**GENUINE  
15% OFF  
SALE**

**TEL (029) 2086 0631**

**VALE DIGITAL**  
DIGITAL AERIAL & SATELLITE SERVICES

**SPECIAL OFFER!!!!**  
DIGITAL AERIAL COMPLETE  
INSTALLATION FROM £60  
EXTRA ROOMS £20 EACH

TV WALL MOUNTING & TV SET UP & TUNE IN SERVICE  
ALL TYPES OF AERIAL & SATELLITES REPAIRED OR REPLACED  
Tel. TIM on 07980 702229 / 01446 793189 ANYTIME

**COMPETITIVE PRICES - FREE ESTIMATES - OAP DISCOUNTS - 7 DAY SERVICE  
COVERING ALL AREAS**

**BARRY & VALE DAMP & TIMBER TREATMENT**  
SOLVING ALL YOUR DAMP PROBLEMS

**01446 420784  
07970 642537**

**www.barryandvaledampproofing.co.uk**

## Cleaning Services

**3 GOOD REASONS**  
1 FREE Fitting  
2 FREE Quotation  
3 5 Year Guarantee

**BLINDS & CURTAINS**  
3 Vertical Blinds  
from **£99**

**Freephone: 0500 295192**  
Made in Wales.....Proud to be Welsh

**Mirage Blinds**  
One offer per Household - Selected Ranges  
Maximum 60" x 60"

## Building Services

**R.J.T  
PLASTERING  
& GENERAL  
BUILDER**

Flat/Fibre Glass, Roofs,  
Damp Proofing,  
Refurbishments.  
Best Prices.  
Free estimates.  
**01446 450088  
or 07920 195775**

**GRABit**

Loads from  
£150 + VAT.  
Stone &  
Aggregate  
deliveries.  
**01446 700535**

**D.P.  
BUILDING  
SERVICES**

- Kitchens
- Extensions
- Carpentry
- Roofing
- Conservatories
- Bathrooms
- Plastering
- Joinery
- Brickwork

NO JOB  
TOO SMALL

**Tel: 01446 711968  
07831 655429**

**G&J  
BUILDING  
SERVICES**

Gary Richards  
**07815 730480  
01443 776616**

New Build, Extensions  
Renovations. All aspects  
of building work.

2 Seaview, Heol-Y-Cyw,  
Bridgend CF35 6NL.

**CCMS (Wales) Ltd**  
GUTTER CLEANING  
& FASCIA WASH

**01446 741460  
07830 480569**

## Computer Services

**AB COMPUTER  
SERVICES**  
TUITION - BROADBAND  
WIRELESS NETWORKS  
REPAIRS & INSTALLATION

For home or office  
**Tel: 07811 422 946**  
27 High St, Cowbridge  
**www.cowbridge-it.co.uk**

**HD Computer  
Solutions**

- All problems fixed
- Fast, reliable, on-site service
- Friendly advice freely given
- No fix, no fee
- Free callout

**Tel 01446 773158  
07779 713604 anytime**

## Carpentry Services

**R. GRIFFITHS CARPENTRY**  
ALL ASPECTS OF CARPENTRY WORK

Professional, Friendly,  
Caring Service  
Weekend Calls Welcome

- Kitchen Refurbishments
- Bespoke Wardrobes
- Fencing
- Decking
- Flooring
- Doors

Contact Rhys on  
**01446 790384 / 07803 696451**

**www.rgriffithscarpentryservices.com**

**Labour 25% Off**

**Richard  
Malia  
Carpenter-Joiner**

All aspects of Property  
Maintenance undertaken  
**07531 370659**

**CALL NOW FOR  
A FREE QUOTE**

Kitchens & Carpentry  
Plumbing  
Electrical  
Painting/Decorating  
Plastering/Rendering

contact@ark-carpentry.co.uk  
**02920 09 72 72**

## Carpet Services

**VALE CARPETS**  
The Carpet Shop  
that comes to you

100's of Carpet & Vinyl samples  
Established since 1980  
Also Carpet, Upholstery Cleaning

**Tel: Paul Wright  
01446 751152  
07811 092477**

**STEVE SEGUST  
FLOORING**  
Carpet Fitting, Refitting  
& Repair Service Available

~ Est 1987 ~  
Choose from the comfort  
of your own home.  
Free quotations, fitting,  
underlay and gripper.  
All types of flooring  
available with a huge range  
of samples to choose from.  
Best prices around.

Call anytime...  
**01656 768120  
or 07774 807111**

**MASONWISE  
BUILDERS**

Established since 1979

- Extensions
- Disabled Grant Work
- Roofing & Repairs
- Conservatories
- Patio & Drives

No Job Too Small  
Free Estimates  
masonwise.builders@hotmail.com  
44 Newlands Street, Barry

**Glamorgan  
Property  
Maintenance**

General Property  
Maintenance &  
Building Work

**"We do it all"**

**01446 711023  
or 07950 004049**  
info@gpmaintenance.co.uk

**Vale of Glamorgan  
Stonemasonry**

NATURAL RAWING  
Approved

All building work  
covered, plus  
maintenance from  
brickwork to  
plastering with all  
internal finishes.  
Realistic prices.

**FREE QUOTATIONS**  
Call Wayne on...  
**07974 110396  
01656 857891**

**The  
GEM**

**VALE  
CONSTRUCTION**

- ALL GENERAL BUILDING WORK
- ROOFING
- BRICKWORK
- DRIVEWAYS

**01446 488698**



**Chimney Sweep**

**Clear Soot**  
Hetas Registered  
**SWEEPING & INSTALLATIONS**  
Efficient, reliable, no mess.  
Insurance certificates issued.  
Tel. 07890 857238  
google me @  
guidofmastersweeps

**Decorating Services**

**STEVE AIREY**  
Decorating Services  
For a Free Quote...  
Internal & External  
Painting, Decorating,  
Coving.  
Fully qualified.  
01446 795520  
07891 768151

**STADRE**  
**PAINTING & DECORATING**  
• Interior/Exterior  
• Clean, Friendly  
• Professional  
• No job too small  
**07791 752532**  
grussell@live.co.uk

**Disposal Services**

**FLOYDS ENVIRONMENTAL**  
\*Septic Tank\*  
\*Cesspit Emptying\*  
\*Treatment Plants\*  
Floyds is a well established service  
**07970 809096**  
**01656 722665**  
floyds@homecall.co.uk

**Gardening Services**

**Arborwood Tree Care**  
Tree pruning • Crown lifting  
Tree felling • Dangerous tree work  
Pollarding • Dead wooding • Hedge cutting  
Tree dismantling • Root pruning  
Ground clearance  
Call us for a friendly, free quote. Fully insured.  
Tel: 07910 417471 or 01446 792262

**Plastering Services**

**GUY FORD**  
**Quality Plastering Service**  
No job too small  
**FREE QUOTES**  
**07812093098**

**Cowbridge & Vale PLASTERERS**  
All Interior and Exterior work  
**Free Quotes**  
Tel. 01446 774899  
0781 685 7935

**Double Glazing**

**WELSH WINDOW SYSTEMS**  
Est. 1987  
Repairs to all UPVC & aluminium windows & doors  
**01446 749821**  
**07877 836798**

**TRUE COLOURS**  
Painter & Decorator  
Interior & Exterior  
City & Guilds Certified  
25 years experience  
Free Estimates  
Quality Guaranteed  
**07873 326 892**  
**01446 402 708**

**Bryan Hicks**  
**Painting & Decorating Specialist**  
Est 1981  
Interior - Exterior  
**01446 776203**  
**07544 169855**

**Garage Door Services****GARAGE DOOR SERVICES**

The garage door specialists  
All types of doors supplied, fitted & repaired  
Over 15 years experience.  
Same day repairs.  
**07783 703366**  
**01446 743181**  
www.gdsdoors.co.uk

**W&J Lewis GARDEN SERVICES**  
For all types of garden work.  
**07830 228877**  
**01446 406457**

**The Green Factor Ltd**  
Free estimates, fully insured.  
• Landscaping • Fencing  
• Decking • Hedge Cutting  
• Garden Clearance  
• Patios and Paving  
Call Paul on 01446 736525 or 07815 319427  
WE ARE QUALIFIED, RELIABLE AND LOCAL!

**Plumbing Services**

**M MARTYN PLUMBING SERVICES**  
For all your plumbing needs. No job too small  
**07526 125982**  
or **01446 753503**

**DC Plumbing**  
• NO call out charge  
• Flexible hours  
• No job too small  
Call Dave on:  
Tel: **01446 413971**  
Mobile: **0779 263 0998**

**Dave The Gas**  
All heating and plumbing work undertaken, free estimates, no job too small!  
Tel: **07779 598844**  
or **01446 421006**  
215639

**The GEM**  
**01446 774484**

**Double Glazing Services**

**All Double Glazing Repairs & Maintenance**  
pvc-U, Aluminium & Timber Windows  
• Misted Units inc. Bevels & Stains  
• Broken Handles/Hinges  
• Door Locks Repaired & Upgraded  
• Replacement Door Panels  
• New Rubber Seals  
• Fully Qualified Locksmith  
**01656 788403**  
Mobile: **07515 860113**  
www.bridgendwindows.com

**STEVE MOLONEY**  
Double glazing repairs.  
Hinges, handles, misted up sealed units, complete repair service available.  
Established 1979.  
**01656 783594**  
or **07877 558525**

**Electrical Services**

**Dave Reffell**  
Electrical Services  
Approved Contractor  
Domestic Installer Scheme  
Free Quotations  
**01446 751743**  
**07743 500149**  
dmreffell@hotmail.co.uk

**ELECTRICAL REPAIRS**  
Washing Machines, Cookers, Fridge/Freezers, Tumble Dryers, Ovens, Hobs, Hoods, Built-in or Freestanding Appliances.  
**APPLIANCE CENTRE**  
**01446 700206/730884**

**CHAINSAWS**  
**RIVERLEX Horticulture**  
SALES - SERVICE - REPAIRS - SPARES  
WINTER SERVICE DEALS NOW AVAILABLE  
Most makes serviced and repaired  
Collection service available  
LAWN MOWERS • RIDGE-ONES • CHAINSAWS • STRIMMERS  
HEDGE CUTTERS AND GARDEN ACCESSORIES  
**VIKING**  
Vale Business Park, Llandow, Cowbridge CF71 7PF  
Tel: **01446 775602**  
**HEDGE CUTTERS**

**JOHN SARTAIN**  
Plumbing & Tiling  
**01446 794266**

**GASP Services**  
**All aspects of Plumbing**  
NO JOB TOO SMALL  
Competitive & Reliable  
**01446 796263**  
**07814 394378**

**WINDOW AND DOOR REPAIR SERVICE**

OVER 30 YEARS EXPERIENCE IN ALL ASPECTS OF UPVC AND ALUMINIUM WINDOW AND DOOR REPAIR  
Do you have any of the following problems...?

Misted-up Double Glazing • Broken Hinges  
Seized Patio Door Rollers • Faulty door Locks  
Seized Handles • Draughts • Broken Letter Box • Leaks, etc  
If so phone for a free estimate and advice

**FREEPHONE COWBRIDGE 0800 169 5171**  
We offer a competitive and friendly service to the Vale and surrounding area  
**TRY US FOR NEW UPVC WINDOWS AND DOORS**  
**8 am - 8 pm (7 days)**

**Window Tec UK**  
• Window and Door Repair •

**Gas Services**

**35 years established company**  
**C.S.Boxall Ltd.**  
**INSTALLATION, SERVICE & BREAKDOWNS**  
for all Gas, Oil, Solid Fuel, LPG  
Static Homes, Caravans, Etc  
Gas, Landlord Safety Checks  
plus Electrical Services  
by fully qualified indentured Service Engineers  
198501  
**Call 01446 772444**

**G.M. Plumbing & Heating**  
**01446 735 681 or 07815 097 994 24hrs**  
Combination Boiler Specialist  
Annual Boiler Service only £40  
For all your plumbing and heating requirements  
**All Work Guaranteed. Fully Insured.**  
**Fast, Friendly Service.**  
301616

**S.M.Vaughan**  
HEATING & PLUMBING - DOMESTIC & COMMERCIAL  
• Boilers • Pipework • Radiators  
• Gas Safety Certificates  
• Fires Servicing • LPG Specialists  
• Static Homes/Caravans/Boats  
**01446 734733 • Mob 07976 790096**  
Unit 11, Ty Verlon Ind. Estate, Barry

**Roofing Services**

**Roofing specialists**  
**S. MIDDLETON & SON**  
We cover all aspects of roofing including Firestone EPDM Flat Roofing Rubber Systems  
www.middletonroofing.co.uk  
**01656 720551**  
**07973 488806**

**MG WINDOWS**  
Upvc Windows, Doors, Conservatories, Porches, Fascias, Soffits, Gutters, Sealed Units, All Maintenance. 25yrs exp.  
Call Martyn on:  
**01446 796795**  
or **07712 631772**  
martyn.george73@hotmail.co.uk

**Electrical Services**

**Cowbridge & Vale Electrical**  
R.J.B.  
All electrical installation works carried out.  
Emergency call-out, re-wires, sockets, lights, Security.  
**01446 771655**  
**07885 347642**  
National Inspection Council for Electrical Installation Contracting  
**EIC**  
Approved Contractor

**Gas Bottles**

**R&T**  
**WE SELL BOTTLED GAS**  
Free Local Delivery and Collection  
Tel. **01446 771999**  
Unit 20, Vale Business Park, Llandow  
www.randt.co.uk

**GASP Services**  
**Gas Services**  
Combination Boiler & LPG Specialist  
Competitive & Reliable  
**01446 796263**  
**07814 394378**

**The GEM****Telephone Broadband****Electrical Services**

**Lilford Electrical**  
Design, installation and testing for homes and businesses  
**ELECSA**  
Part P Approved Contractor  
www.elecsa.co.uk  
Contact Rob:  
**01446 796905**  
**07747 858514**  
rcilford@gmail.com  
Fast • Polite • Professional

**REPAIRS**  
Washing Machines Electric Cookers, Tumble Dryers, etc  
**Repaired in your own home**  
**Freephone 0800 2984518**  
**Barry 744117**

**Handyman Services**

**K&A Handyman**  
"A family run business"  
All aspects of general maintenance, carpentry, painting, decorating, carpet cleaning, gardening, garden & household rubbish clearance.  
No task too big or small, just ask!  
Contact: **07970 711879 or 01446 720840**

**ARDENT TELEPHONE WIRING**  
Local Telephone and Broadband Engineer.  
Extensions and Faults.  
Internet connection issues.  
Tel **07787 380972**  
ardent.wiring@hotmail.co.uk



# DON'T DO IT YOURSELF

Call a professional  
From our A-Z list

## Removals

**U Direct  
I Collect  
Services**  
Light removals  
- odd jobs  
Any Place - Any Time  
Prices start from £10  
07944 743932

**MAN WITH  
A VAN**  
Low hourly rate,  
no job too small,  
fully insured.  
**01656 861120**  
**07789 075104**

## School of Motoring

**LANEWISE  
DRIVING SCHOOL**  
First 3 hours  
from £39 for  
total beginners  
**01446 719555**  
**07798 501267**

## Upholstery Service

**Susan Viant  
Re-upholstery**  
All aspects of  
re-upholstery undertaken.  
Call  
**01656 724005**  
(day)  
**01656 720722**  
(evenings)

## School of Motoring

**Cats Eyes**  
Driving School Ltd  
• Lessons from £10.99 • Instructor training  
• Learn from 14 years of age  
• One week crash courses including test  
• Automatic Vehicles now available  
**0800 0280 406**  
www.catseyesdrivingschool.co.uk

## Tiling/Wetrooms

**Bonny Tiler**  
Wall & Floor Tiling Specialists  
Full Bathroom and  
Wetroom installation  
Professional, Friendly & Reliable Service  
**01446 796582 / 07854 168459**  
www.bonnytiler.co.uk

## Wanted

**SCRAP YOUR CAR LEGALLY**  
Avoid the cell -  
**USE A&L!**  
We collect  
all over S. Wales  
Collection within 1 hour

**A&L**  
VEHICLE RECYCLING  
& SCRAP METALS

We buy any: Car, Van, Lorry, Bus,  
Scrap Metal, Gold and Silver etc.

**UP TO £20,000 IMMEDIATE  
PAYMENT**

We will beat any price locally **REALLY!** for:  
Copper, Lead, Brass, Aluminium,  
Stainless Steel, Household Wire,  
Armour Cable, etc.

**ONLY** licensed  
company  
Registered with  
the DVLA and  
Environmental  
Agency in  
Barry

We collect:  
insurance or 3rd party  
writeoffs • Car Shells  
Engines & Gearboxes

Call us today on  
**01446 701707**  
(24 Hours)

**NEW & USED TYRES**  
fitted at competitive rates

**WANTED**  
**DEAD OR ALIVE  
CARS & VANS**  
Fast, friendly service  
Free Collection

**MRC  
TRADING**  
• MOT failures  
• Insurance write offs  
• Accident damaged  
• Up to £5000 cash paid  
• All scrap and unwanted vehicles  
• Registered with Environment Agency & Council  
**01446 738496 or 07531 782162**  
PART WORN TYRES SUPPLIED, FITTED & BALANCED

**Major Metals Recycling**  
Why  
trash it?  
Cash it!

Top prices for..  
Computers  
Electricals  
Non-Ferrous Metals

**CASH FOR  
CLOTHES,  
BOOKS & DVD'S**

Any queries call  
**07972 510 158**

**SUTTONS  
Auto Salvage**

£125 minimum paid on  
collection, for scrap,  
MOT failures, and tax  
expired vehicles.

Also body shells and  
scrap metals collected.  
No wheels, no problem.

**02920 597887**  
**07971 648596**

**The GEM**  
**01446  
774484**

**CLASSIFIEDS**

- Family Announcements
- Recruitment
- Buying & Selling
- Trade • Property
- Birthdays
- Anniversaries
- Graduation
- Births etc

**The GEM**  
to reach all the people  
you need to!

Call  
**01446 774484**  
for friendly, helpful advice.  
gemsales@tindlenews.co.uk

**DH Solutions - Vehicle Traders**  
Scrap or not we buy the lot **CASH**

**£200** minimum - Any vehicle with at  
least 3 months MOT in good working order

We buy all cars, vans, lorries and plant.

**£150** minimum any vehicle  
up to £50,000 cash paid

Free collection for all vehicles at a time to best suit you.

**£100** minimum any vehicle  
pre 1993 L Registration

All vehicles quotes are on a complete vehicle basis with  
all the factory components. All unserviceable vehicles  
disposed of in a correct and legal manner.

**No wheels, no problem**

www.scrapmetalsvehicletrader.co.uk  
**07785 943145 or 01446 728137**

## Family Notices

### BETTY LEVER Ystradowen

Wally, Peter and all the family wish to thank  
relatives and friends for their messages of  
condolence and attendance at Betty's funeral.

Thanks also to Holy Cross Church and Reverend  
David Boulton for their guidance and support. Also the  
ladies of Ystradowen for tea at the village hall and  
Gwyn and staff at The White Lion for their hospitality.  
Also to Betty's special friend from Air Products,  
Mr Phil Jones, for his kindness shown to family  
and last but not least Betty's second family, The  
Dialysis Unit at Llantrisant.

Wally and Peter are pleased to say that well over  
£1,000 has been donated to Kidney Research in  
memory of Betty - thank you all so much.

### BOBBETT Muriel Gwendoline

Peacefully on 7th October 2013, aged 76 years, loving  
wife to Ray. Will be greatly missed by all her family  
and friends.

Resting at AG Adams & Son Funeral Home, Gladstone  
Road, Barry until the service in the chapel at the Cardiff  
& Glamorgan Crematorium, Port Road East, Barry on  
Monday, 28th October 2013 at 2.15pm. Flowers may be  
sent to the Funeral Home.

### NEWHOOK Herbert James

Peacefully on October 10 at UHW Cardiff,  
Herbert James (Bert), aged 91 years,  
of Butt-Lee Court, Barry.

Dear loved husband of Dorothy. A loved father of  
Kevin, John and father-in-law of Madeline and  
Maureen, cherished grandfather of David, Emma,  
Kate, James and great-grandfather of Daniel,  
brother of Dorothy and Leonard. Bert will be sadly  
missed by all his family and friends.

Resting at AG Adams & Son funeral home,  
Gladstone Road, Barry, until the funeral on  
Monday October 21. Service and committal at  
Cardiff & Glamorgan Crematorium, Port Road East,  
Barry where family and friends please meet at  
2.15pm. Family flowers only. If desired, donations  
may be handed to the funeral director after the  
uneral for Merchant Navy Veterans Association.

### MORGAN Stuart

Peacefully on October 9, after a short illness at his  
home in Llantwit Major, Stuart, much loved  
husband of Anne, loved father of Susanne, Alun  
and their families.

Resting at the Private Funeral Home of W James  
& Sons, Ffônnon, Funeral Monday October 21,  
Service and Cremation 2.45pm at Coychurch  
Crematorium, Bridgend. Family flowers only may  
be sent to the Funeral Home, donations if desired to  
Amelia Trust, c/o J. W. James, 11 Ffônnon Road,  
Rhoose, CF62 3DZ.

### CASEY Kenneth

Passed away peacefully at home on 7th October,  
aged 73 years. A much loved man who will be  
sadly missed by all his family and many friends.

Resting at Park Funeral Directors, 7 Tynwydd  
Road, Barry until the funeral service on Wednesday,  
23rd October at 12.45pm at the Cardiff and  
Glamorgan Crematorium, Port Road, Barry.

Family flowers only by request, donations in lieu to  
Marie Curie Cancer Care may be made during the  
retiring collection following the service.

### WOODROFFE Kathleen

Peacefully on October 12 at Princess of Wales  
Hospital, Bridgend, Kath aged 96 years, of  
Aberthin, Cowbridge. Beloved wife of the late  
Charles, dearly loved mother of the late Gill,  
mother-in-law of Mike, much loved grandmother  
of Rob.

Resting at the Private Funeral Home of W James &  
Sons, Ffônnon, Funeral Wednesday October 23,  
service and cremation 12 noon at Coychurch  
Crematorium, Bridgend. Flowers may be sent to  
the Funeral Home.

## Birthdays

**Happy 30th  
Birthday**  
**GEMMA  
THOMAS**

On 18th October 2013  
Hope you have a  
lovely day!  
Love all of us... xxx

**Happy 21st Birthday**  
**Oliver  
Powell**

Have a wonderful day,  
Wishing you all the best.  
Love from Mum,  
Cheryl and Deizel xxx

**Happy 18th  
Birthday...**  
**Billy & Joe  
LAING**  
**20-10-95**

With lots and lots  
of love to you both - have fun!  
Love - Mum, Dad,  
families and friends. XXX

## Anniversaries

**Congratulations**  
**DES and WYNNETTE ROBERTS**  
on your Ruby Wedding  
Anniversary 20/10/13

All our love  
& best wishes  
Mum, Janine, Clive,  
Shauna, Georgia,  
Lana, Steve, Connor,  
Cadie and Casey-Mae  
XXXXXXXXXX

## Property

**House  
Clearance**

**ANDREW WILLIAMS**  
**HOUSE  
CLEARANCES**  
FULL/PART  
Over 20 years experience.  
Sympathetic handling  
of deceased estates,  
used by estate agents  
and solicitors.  
**01446 409266**  
**07885 251742**

**FOR SALE**  
**PRECAST  
SECTIONAL GARAGE**  
25ft long, 8ft wide,  
9ft high approx. Slight  
damage. Buyer Collects.  
**£250 ono**  
**07974 233863**  
**01446 772672**

## Funeral Directors

**W. A. Brown & Son**  
Funeral Directors

Contactable 24 hours a day, 7 days a week.  
• Funeral pre-payment plans  
• Memorial masonry

**Pembroke House,**  
College Street, Llantwit Major  
**01446 792 489**



## Situations Vacant

VALE OF GLAMORGAN



### Adult Services

Gwasanaethau Oedolion

### Higher Clerical Assistant

Up to £15,598 p.a. pro rata  
12 hours per week, Wednesday to Friday  
Ref: V-CC-MH823

For further information and an application form contact the Council by visiting [www.valeofglamorgan.gov.uk](http://www.valeofglamorgan.gov.uk) or telephone Contact OneVale on 01446 700111 between 8am-6pm.

Closing date: 31 October 2013

[valeofglamorgan.gov.uk](http://valeofglamorgan.gov.uk)

The Vale of Glamorgan Council is an equal opportunities employer.  
Mae Cyngror Bro Morgannwg yn gyflogwr cyfle cyfartal.

## Are you fit to deliver?

We need fit reliable people to help distribute this newspaper to local homes, once a week:

- Teenagers (aged 13 years and over)
- Active Senior Citizens
- Housewives - Students - Shift Workers

Please ring: 01202 670999

email [recruiting@thedistributionbusiness.co.uk](mailto:recruiting@thedistributionbusiness.co.uk)  
If we do not have an immediate vacancy in your area, your details will be placed on our waiting list until a suitable opportunity occurs

You know it makes sense!

### Glamorgan Law

Due to continued expansion Glamorgan Law require an experienced Legal Secretary /Receptionist for their office in Cowbridge. Experience in Conveyancing and/or Probate essential together with good telephone manner and ability to work on own initiative. Good rate of pay depending on experience. Full or part time considered.

Closing date 30th October 2013.

Please apply by email with CV to [tina@glamorganlaw.co.uk](mailto:tina@glamorganlaw.co.uk)

### Female Assistant Service Manager

Can you help others to live life to the full? If so, we have an opportunity for a Female Assistant Service Manager in the Vale of Glamorgan area.

For further details please visit [www.carefirst.org](http://www.carefirst.org) or phone our hotline on 02920 542288 quoting the reference number: 131931/ASMAVALE

Closing date: 31st October 2013  
Charity no. 702290

**Chris Davies**  
Recruiting Now  
Sales & Lettings Negotiators

Visit: [chris-davies.co.uk/careers](http://chris-davies.co.uk/careers)

## Motors For Sale

### Jaguar X Type 2 Litre Diesel

50k Service History, tax'd & mot'd to 2014. Alarmed, CD. Alloys. Excellent Condition.

£5,199 ovno  
07873 754282

### Vauxhall Corsa Energy 16v

1 lady owner, excellent condition, 60k approx, CD, e/w, a/c, alloy wheels, Mot'd to 2014, tax'd.

£2,000  
01446 707901

### BUYING A NEW CAR?

Advertise your old one with us  
£20+vat for 2 weeks  
01446 774484

## Articles For Sale

ADVERTISE HERE £12 inc. VAT - box for 2 weeks. To take advantage of this offer simply either send in your description along with a cheque for the appropriate amount made payable to 'The Glamorgan GEM' at The GEM, Graig House, 53 Eastgate, Cowbridge CF71 7EL or telephone us with your wording by 12 noon Tuesday. All major credit cards accepted. Tel 01446 774484. Adverts must contain a residential land line telephone number. You may alter your advert as items are sold. Sorry no refunds are given.

### Acer Computer

With Epson printer (incl inks), keyboard and 15 inch monitor. Including mouse and cables.

£350

Tel 01656 662473

Lovely collection of Paintings, Frames, Mirrors and other quality curios.

Tel 01446 796329

## Articles For Sale

### Gas Fire

Matchless Heat Machine. Glass front with brass fire set/trim and coals. Excellent condition, complete with manual and user instructions. Buyer to collect £250 ono

Tel 01446 772905

### Self Propelling Wheelchair £50

A selection of aircraft books - £20.  
01446 403897

### Freshwater & Seawater Tackle For Sale

All monies to Macmillan Cancer Nurses.  
Tel 01446 793873

### Upright Piano

Good condition, £15 only.  
Buyer to collect from Barry.  
Tel 02920 700853



### Elvis Presley's Memphis, New Orleans & Nashville

Flying direct from Heathrow  
Departs February - November 2014

Join us for an unforgettable journey through America's musical heartland, from the extraordinary 'Big Easy', the birthplace of the '90s' and his beloved hometown, to the undisputed capital of Country Music.

Price includes • Montgomery, Alabama • New Orleans - the last back 'Big Easy' • Visit Elvis' birthplace • Memphis, Tennessee • Nashville • Country Music capital • Journey through sleepy Alabama • 'Chattanooga Choo-Choo' station hotel • Return flights • Seven nights' accommodation in comfortable hotels • Coach travel throughout • Tour Manager services

[www.newmarkettravel/gig15010](http://www.newmarkettravel/gig15010)  
0843 316 1166 quoting code GIG

# TAE KWON DO PUPILS SHINE AT TOURNAMENT

RECENTLY, the Cadroxton School of Tae Kwon Do took a small group of young novices to compete in the last tournament of the Lordswood Tri Series held in Birmingham.

This group consisted of: Lucia and Thea Cunningham, Mason and Jessica Blackley, Cian and Maddison Allen, Cody Jacobsen and one experienced competitor Thomas Haysham. They all gave a good account of themselves competing against more experienced competitors and gained valuable experience for the future.

Competing in the Point and Continuous sparring categories both Cian Allen and Mason Blackley fought well both just missing out on a podium place this time around.

Although young Maddison Allen was competing against much bigger and more experienced opponents, she came away with a lot of credibility for her will to win and courage.

Having to step up a category Cody Jacobsen found that he was the smallest in a large group. He fought with a lot of heart and courage and is looking good for the future.

Lucia Cunningham just missed out on third place in the continuous sparring by two points,



ABOVE: Thomas Haysham, Cian Allen, Mason Blackley, Jessica Blackley, Maddison Allen, Cody Jacobsen Thea Cunningham and Lucia Cunningham.

and came away from the point sparring with a credible third.

Meanwhile, Jessica Blackley did the opposite, taking third in the continuous and just missing out in the point sparring.

As usual Thomas Haysham had to compete against bigger opponents, and did extremely well to come away with a third place in point and a third in the continuous sparring categories.

The club are now in full training for the European Championships being held in Jersey at the end of October.

TR

## Who wants to build what, and where?

RWE Npower plc - Aberthaw Quarry, Aberthaw, Barry - Variation of condition 11 and 12 of planning permission reference 2012/00506/FUL relating to hours of operation within 500 metres of residential properties. Mr Mark Roach - 25 Hickman Road, Penarth - Erection of first floor extension to provide waiting area for existing dental practice. Mr Richard Gibb - Church Cottage, The Square, Colwinston - Reconstruction of a former pigsty outbuilding from original stone with pitched slate roof.

Mr Andrew Maclean - 5 Pwll y Myn Crescent, Peterston super Ely - Replace failing concrete render, maintaining original appearance of property. Apply exterior grade paint in a shade of white in keeping (retrospective). New front gate and metal archway, plus pebbled area to replace front lawn. Mr Peter Thomas - 22 Iltyd Avenue, Llantwit Major - First floor extension. Mr C Rees - 12 Plassey Square, Penarth - Rear extension to exist-

ing garage.

Mr Neil Bainbridge - 8 Walston Close, Wenvoe - First floor rear extension.

Mr David Pegg - 78 Castle Avenue, Penarth - New covered through walkway at side of extension for the storage of medical oxygen equipment.

Works include new window in gable end of house.

Mr and Mrs McHugh - Green Isaf, Wick - Removal of Sycamore.

Tesco Stores Ltd - Culverhouse Cross, Cardiff - Identifying and directional signage to customer 'click and collect' pick up location within the Tesco store car park.

Ford Motor Company (Bridgend) - Waterton Industrial Estate, Bridgend - Single 500kw wind turbine 79m high with associated infrastructure including foundations, hard-standing, landscaped bund and cabling.

## Puppet master Andy entertains the Sully U3A

THE speaker at Sully U3A's October meeting was Andy Bradshaw, one of the proprietors of Hamptons, Penarth, and a professional puppeteer and bodysuit performer!

Andy went to the Welsh College of Music and Drama, now the RWCMD, with the intention of taking a degree and teaching drama.

However, he found his interest lay in theatre design. He became interested in puppeteering by accident, when he was asked to be the genie in Aladdin, which involved operating a puppet from high above the stage.

He went on to work on many television shows, including Spitting Image. Andy makes puppets as well as performing with them and brought along many heads made from resin, rubber latex and foam latex and glove and string puppets to demonstrate his talk.

Chairman Gill Mathias thanked Andy for such an entertaining talk and said his only complaint was that it did not go on for longer!

Sully U3A meets on the second Thursday of the month in The Old School, South Road, Sully. The next meeting will be on November 14 at 2pm. New members welcome.

SC

## Cowbridge bridge club results

COWBRIDGE and District (Llanblethian) Bridge Club results for October 15 were as follows:

1st Mary Wallis and Myrtle Hansard 65.08 per cent, 2nd Anne Hughes and Teri Pollard 62.30, 3rd Judith Nunn and Ann Miller 59.52.

GR

## Barrivale bridge club results

LATEST results from Barrivale Bridge Club, October 8 - session 1 of the men's and ladies' pairs:

1st Mike Best & Mark Roderick 67.92 per cent; 2nd Denis Mottram & Mick Green 66.67; 3rd Peter Millar & Mike Close 62.5.

Diana Kendrick and Cynthia Luen won on handicap.

New members are always welcome at Barrivale, if you would like to join us ring 01446 418380 or 01446 733425 or call at the Pioneer Hall, Beryl Road, Barry on Tuesdays at 7pm.

MB

We welcome your news, views and reports - get in touch with us at [gemeditorial@tindlenews.co.uk](mailto:gemeditorial@tindlenews.co.uk)



# YOUNGSTERS LOOK GOOD IN THEIR NEW KIT!

*Six Bells FC kitted out for victory!*



ABOVE: Six Bells FC would like to thank Mark Barrett of Rim Motors Barry for his kind and continued sponsorship of the team.

This year's sponsorship has enabled the boys to be kitted out in a new match kit and winter wear.

Pictured above are this year's squad with manager John Harding, and coaches Leighton Yeoman and Rhys Lloyd.

## A BUSY PERIOD FOR BARRY CHESS CLUB

**THIS** was yet another week when three of Barry Chess Club's teams had matches to play.

It was a successful week for the club as we recorded two wins and a draw from our three away games.

First to play was the Bosons in division one. They were up against the Caerphilly Castles who started the season as one of the favourites for relegation.

Due to holidays we were not able to put out our strongest team, although we outgraded our opponents on boards two through to five.

On board five Caerphilly introduced Ian Burrows. This is a player who has been playing chess for many years but was playing his first East Glamorgan match for approximately 12 years, having previously played for the Barclays Bank Chess Club way back in the 1990s.

His opponent representing Barry was Ken Hannah who used the infamous Fried Liver tactic of forcing his opponent's King all the way up the board to earn a victory.

Craig Woolcock continued his good start to the season with a win and to share the spoils Ashley Davis made a rare outing

to earn a hard pressed draw. This final half point was essential as it moves the Bosons to the top of the division at this early stage of the season.

We could drop down to second place this week when the only two teams with a one hundred per cent winning start, the Cardiff Castles and the Nelson Rhinos, meet at the Cardiff YMCA.

Next came the long trek up to Rhondda for the Gambits in division four. So far Rhondda have been the surprise team in the East Glamorgan League.

Being the smallest club in the league they generally end up in the bottom three but before we played them they actually stood at the head of the division four table.

John Stephenson took a quick victory, Dave Adamson blundered with Martin Ricketts in time trouble, it was left to Windsor Lewis and Phil Jones to turn the tables to try and earn the victory.

Both players seemed in control of their games but their opponents doggedly refused to give up. It took almost three hours for the final game to be completed.

The match was 2-2 until Phil finished with a Rook and King mate to give us a three two victory and allow us to replace Rhondda at the top of the division.

Our final game of the week was our third away game. The Camelots made the short trip to Cardiff to take on the Monarchs.

The Monarchs fielded a much stronger team than the Camelots but we would not surrender.

Ken Hannah completed a successful couple of days to record his second victory of the week. Rhys Steele also returned to winning ways after suffering his first defeat of the season while playing for the Bosons at Caerphilly.

Another rare appearance, this time from Nigel Ralphs, who would have been very satisfied with his draw against a higher rated opponent on board one. Our victory was completed by another draw from Craig Wolcock to give us a three two win.

This means the Camelots have already achieved more match points than in the whole season when they were last in the first division and they currently stand in a very healthy third place.

The Barry Chess Club meets at 7.30pm each Monday at the West End Club, St. Nicholas Road, Barry CF62 6QY. The club is open to players of all standards; whether you are interested in playing competitive chess or just the occasional friendly games.

New players are very welcome to just turn up on the night but if you contact one of the club members through the website we can explain what is happening on the night you have in mind, and arrange for someone to greet you on your arrival.

For more details visit our website: [barrychessclub.yolasite.com](http://barrychessclub.yolasite.com).

PJ

## Mixed week for hockey teams

**PENARTH** Hockey Club enjoyed a return to winning ways in week three of the 2013-14 Davis Wood hockey league, while the veterans side completed a clean sweep of victories in miserable conditions on Sunday.

The 1st XI continued their perfect start to the season with a comfortable 2-0 home victory over Hereford at Barry Sports Centre.

Both teams were relegated last year but, of the two sides, Penarth are looking the more likely to show the 'bouncebackability' needed to gain a swift return to Conference South. Last year saw each team win their home fixture, so Penarth went into the game expecting victory but knowing they would have to play well to earn it.

Perhaps distracted by the pre-match photoshoot arranged by sponsors Scaffag, who turned out despite the pouring rain, Penarth allowed Hereford to start the game better and the visitors dominated possession for the first ten minutes, although sound defending by Penarth meant they failed to create any real chances.

Once the Vale side found their feet, however, they were by far the better side, and the more attacking formation they have been playing this year penned Hereford deep into their own half. The pressure finally told with the first goal of the game, as the 'fabulous Baker brothers' combined at the top of the 'D', with Richard sliding the ball to Chris, who bagged his first goal of the season with a sweetly struck shot to the near post.

Penarth are making a habit of scoring goals in quick succession and, two minutes later, the lead was doubled when Phil Lane sent in a long ball which was well converted at the back post by Sam Wooding, who graduated from the second team at the start of the season and has so far justified his call-up with two crucial goals in as many games.

Penarth kept pushing forward, but couldn't manage a third before halftime and were then met by a more competitive Hereford side after the break. Once again, however, the visitors' attacking efforts were met by solid defending, with their best chance coming on the break when a Penarth attack should have been rewarded with a penalty corner for a clear foul.

When the offence wasn't spotted by either umpire, Hereford broke quickly, rounding goalkeeper Mark Harris and flicking the ball towards the top corner – only for ever industrious captain Mark 'Jonty' Thomas to keep the ball out of the net with a good pick on the line.

Penarth could have added a third before the final whistle, with Richard Baker twice

testing the Hereford goalkeeper, but the game ended 2-0 with the home side securing their third victory and first clean sheet of the season.

After the drubbing endured at the hands of visitors Llanishen & Caerphilly the previous weekend, the 2nd XI headed to Neath knowing that they had to get their season back on track against their winless hosts.

A largely unchanged side started strongly and, with Neath being restricted to early 'hit and hope' attacks, were able to exert pressure down both flanks, with Tom Davies, in particular, probing for weaknesses in the home defence.

As usual, Penarth pressure did not result in goals, with both penalty corners and balls into the 'D' being squandered before a quick break from the back resulted in some quick 'scissor hockey' that allowed Dave Watkins space in the area with just the 'keeper to beat.

While the resulting sound of ball on backboard may have been a welcome relief for the Vale side, it also spurred the home team into renewed efforts, with the Penarth defensive line of Ian Smith, Richard Bromiley, Craig Llewellyn and Paul Roberts increasingly called into action.

With any breach quickly dealt with by 'keeper Calum Grant, the score remained 1-0 to the visitors at the break, but the conversion rate up front remained a worry as the teams turned around.

The pattern of the game remained the same through the early part of the second half, with Penarth again wasting pressure before a reprise of the opening goal – quick inter-passing from back to front involving Matt Birch and Dave Kidby – eventually opened the way for Watkins to double the visitors' tally.

With little to lose, Neath responded by pressing forward in greater numbers, and the remainder of the game became something of a rearguard action from Penarth. Although the home side sneaked a goal with 15 minutes remaining, it proved to be a consolation as Birch, Graeme Jones – now back at a more familiar right-half position after recent travels through the positions – and vice-captain Rob Harrison added to the defensive effort.

The win, Penarth's second of the campaign, boosts the Vale side to fourth in the De Cymru 2 standings.

Despite originally being scheduled as a away game at Llanishen & Caerphilly, the second outing for Penarth's 'new' veterans XI became a 'home' encounter when the opposition ran into problems booking their usual Hawthorn pitch.

Despite the supposed advantage of playing on the tricky Barry surface, however, it took an early goal from Llan & Caer to snap Penarth into action. Having fallen

behind, as they had in their debut against Neath last month, Penarth responded with Ian Powell featuring heavily, stretching the visiting defence before the combination with a sharp Marc Sawyer started reaping dividends.

Following an excellent midfield combination and some battling in the 'D' by Dave Thomas, Sawyer eventually managed to force the ball home off a defender's foot to bring the home side back on level terms.

The goal, however, only served to spur Llan & Caer into pressing forward, and the pressure allowed them to snatch another lead shortly before halftime when good work down the right created a one-on-one with Penarth 'keeper Matt Birch. Despite his valiant efforts, the visiting forward was able to slot the ball home and create a 1-2 scoreline at half-time.

The second half ebbed and flowed as both sides struggled for midfield dominance and the passing from both sides was, at times, definitely something for the purists.

Excellent combinations between Mark Robinson, Richard Clarkson, Rob Harrison and 'man of the match' Dave Morgan continued to open up the Llan & Caer defence, with former GB forward Thomas eventually finding the space to slot the ball home.

The continued struggle for midfield dominance was gradually being edged by Penarth and, with less than five minutes to go, Dave Watkins found himself clear with only the 'keeper to beat. Having played a 1-2 off the Llan & Caer goalpost, he coolly slotted the ball home to give Penarth the lead for the first time in the game.

In the few minutes remaining, Llan & Caer pushed forward gamely, looking for a last gasp equaliser, but the cool head of captain Nick Pratt and the assured keeping of Birch ensured Penarth held out for a hard fought first victory.

This weekend, the 1st XI will look to maintain their 100 per cent record with an away game to fourth-placed Cardiff & Met C, while the 2nd XI entertain Gwent 'A' with whom they are tied on points. The veterans' next game is on Sunday, November 10, when they face a Welsh veterans' side at Barry.

Penarth Hockey Club always welcomes new, old and returning players, umpires, supporters, friends and helpers regardless of age and ability. Training takes place on the artificial turf at Barry Sport Centre every Wednesday, with the juniors in action between 6-7pm and seniors between 7-8pm.

Further information can be obtained from: club secretary Dave Stevens at: [d\\_stevens81@hotmail.co.uk](mailto:d_stevens81@hotmail.co.uk).

CL

## Sully bridge club

**MONDAY, October 7, North/South:**

1st Peter Millar/Trish Tracy 68.18, 2nd Pam Powditch/Ann Williams 57.77, 3rd Gareth Stone/Brian Gardner 57.58.

East/West: 1st John Pikoulis/Anne Johns 73.86, 2nd Italo Basiletti/Ann Hilary Jones 58.71, 3rd Una Gavin/Hilary Pickard 54.55.

Saturday, October 12: 1st Pat Verdon/Mary Cartwright 71.00, 2nd Peter Millar/Trish Tracy 56.00, 3rd Reg Dyer/Kay Dyer 48.00, 4th Sue Knight/Brian Knight 44.00, 5th Bill Leyburn/Lynne Leyburn 42.00, 6th Frank Stott/Wendy Stott 39.00.

EK



# RHOOSE LIFE GUARDS DO SWELL!

A SMALL group of Rhose Lifeguards recently attended the annual Swell, beach ocean and water sports festival, which took place at Boscombe beach, Bournemouth, on September 28-29.

Rhose competitors were joined by athletes from three other popular paddle disciplines – Surf Ski (single and double), Stand up Paddle Board (SUP) and Board Paddling.

Saturday started with a 8k double ocean ski race, which was then followed by a knock out round of spec ski sprints.

The windy conditions and rough seas made for some challenging racing with Rhose competitors making it through to semi-finals in the sprints and the B final in the long distance race.

Sunday saw an improvement in weather and sea conditions, and the team from Rhose dominated the long distance open water swim.

This was followed by a board race, consisting of a 1.5k course for the younger competitors and a 3k course for the older ones. Again the team from Rhose dominated in all categories.

Special mention should go to Jai Gerrish, Ethan Wall and Kiera Harris who competed in the age 8-10 category of the board, having never paddled a distance event before and to Georgia Wall who competed in the SUP against the ladies.

Team captain Karen O'Donoghue-Harris said: "It was a brilliant way to finish off a successful season, lots of fun was had by all, it was a young team and they should all be very proud of their achievements."

#### Results:

Boys 13-19 Swim: first, Alex Parry. Girls 13-19 Swim: second, Kelsea Peterson; third, Ellie Peterson, fourth, Georgia Wall. Girls 11-13 Swim: first, Brooke Peterson. Masters Swim: second, Gareth Harris. Boys 8-10 Board: first, Jai Gerrish; second, Ethan Wall. Girls 8-10 Board: first, Kiera Harris. Girls 11-13 Board: second, Brooke Peterson. Boys 13-19 Board: second, Alex Parry. Girls 13-19 Board: first, Kelsea Peterson; third, Ellie Peterson; fifth, Georgia Wall. Masters Board: first, Karen O'Donoghue Harris; second, Michele Wall. Ladies SUP: First, Karen O'Donoghue-Harris; eighth, Georgia Wall. **JF**



*Rhose Lifeguards.*



*The swimming team.*

**Calling all local club officials/pr people!**  
Send us your news and match reports to:  
*gemeditorial*  
*@tindlenews.co.uk*



*The board paddlers.*

## Petanque open makes for thrilling competition

**ON September 29, the Barn Petanque Club held its annual open triples competition.**

As the playing area is limited, a total of eight teams contested this event, with participants coming to The Barn Petanque from as far afield as Cardiff, Wenvoe, Penarth, Barry, Caerleon, Pontypool, Llanhenock, Bristol and Hereford.

The morning was played in two pools of four teams, with timed games to ensure that all the players could take lunch together.

From the morning results the teams were ranked for their places in the Cup quarter-finals with the afternoon games not time limited. The four winning teams progressed to the Cup

semi-finals and the losing teams to the bowl semi-finals.

The four teams contesting the Cup were TPD, Les Gallois, Three Degrees North and The Extras, and the four teams contesting the bowl were The Raiders, The Three Stooges, Joanie 2 Jeffz and Barn's Wallace.

All the semi-finals were well contested games with TPD, players from The Barn, Cardiff and Bristol, and The Extras, a team from the Barn, progressing to the Cup final.

Les Gallois, a team from Penarth, and Three Degrees North, a team from Caerleon, played in the plate final; the other teams then played in the bowl and spoon finals.

After three ends in the Cup

final, The Extras were leading 4-1, then TPD took control of the game and progressed to a 13-4 victory.

By comparison, the plate final was a much closer game; the game was level pegging until Three Degrees North pulled ahead to win 13-10.

Barn's Wallace won the bowl final against the Raiders 13-3, and The Three Stooges beat Joanie 2 Jeffz 13-6 in the spoon final.

The Cup finalists and the plate winners each received a bottle of wine and the plate runners-up received chocolates. All the participants expressed their thanks to the organisers of the competition and also said they looked forward to the event being held next year.

**JS**

## SAVE ON FUEL WITH MICHELIN TYRES

**BUY 2 OR MORE MICHELIN TYRES AND CLAIM A FUEL GIFT CARD WORTH UP TO £60\***



**Offer available from Celtic Tyres.**

BRIDGEND, Bridgend Industrial Estate, Tel: 01656 657424  
CARDIFF, Brindley Rd, off Penarth Rd, Tel: 029 20 221201

**CELTIC TYRES**

Buy 2 or more 13" to 16" MICHELIN tyres and claim a £15 fuel gift card.

Buy 2 or more 17" or 18" MICHELIN tyres and claim a £40 fuel gift card.

\*Buy 2 or more 19" and above MICHELIN tyres and claim a £60 fuel gift card.

Participating dealers only. Purchase necessary. Offer applies to car, van and 4x4 tyres only/valid from 1 October until 30 November 2013. Maximum one claim per vehicle. Terms and conditions apply.

[www.michelin.co.uk](http://www.michelin.co.uk)





# Another win for Dinas Powys RFC

**RETURNING to league action after last week's friendly, the travelling contingent from Dinas Powys made the journey up the A470 to Treharris under the grey autumnal sky.**

Dinas were boosted with the return of flanker Lewis Dunleavy, playing on permit from St Peters. The hosts kicked off and Dinas looked to gain territory early on.

A promising break saw the Villagers penetrate deep into the home teams 22 but the referee adjudged them to be off side and the penalty kick provided Treharris with the ideal opportunity to alleviate the pressure.

A spate of penalties was costing the home side dearly as they conceded possession and territory, and the Villagers soon found themselves with an opportunity to take a three point lead by way of a penalty goal attempt. Fortunately for Treharris the kick by Nick Coles was both short and wide, a let off for the home team.

The first try of the game came in the 19th minute. A lineup in the Treharris 22 was collected cleanly by Gaz Williams and a great pass from fly half Gavin Cooper put captain Dai Lloyd clean through for a run in under the posts. With the conversion all but a formality the score stood at 0-7.

A well worked break from the scrum nearly produced the second score of the game, but Cooper was penalised for accidental offside. Following excellent work from Dunleavy in the resulting scrum the

Villagers were awarded a penalty and Coles extended the lead to 0-10.

Treharris began to leak penalties and with the number of infringements mounting rapidly the official had little option but to yellow card the home fly half and the hosts found themselves down to 14 for 10 minutes. Nick Coles' successful penalty conversion saw salt added to the wound as Dinas pulled away, the score now 0-13.

Both sides traded penalties in a scrappy phase of the game, each trying to use the other's ill discipline to their advantage. It was Dinas that were able to capitalise as a missed clearance kick by Treharris was collected cleanly by James Smith.

The winger continued his excellent run of form and, using the space offered to him by the Treharris scrambling defensive line, ran to the corner for the game's third try. A difficult conversion was expertly taken by Nick Coles and as the ball bisected the sticks the score stretched to 0-20.

Treharris began to throw long passes in an effort to create space but a wayward pass found its way into the hands of James Smith. One click of the winger's heels and he was off, weaving his way mesmerically 90 metres through numerous defenders to score his second try under the posts. Coles' kick was good and the halftime score stood at 0-27.

The hosts were rewarded early on for their enterprise by way of an early try. However the conversion was missed and the score became 5-27.

Dinas went down to 13 men and Treharris scored their second try. This time the conversion was good and the margin closed to 15 points, 12-27, and Treharris soon added another unconverted try to make it 17-27.

The third try seemed to awaken the Villagers and Lewis Dunleavy used his predatory instincts and score the fourth try which was neatly converted by Coles, taking the score to 17-34.

With just minute of the match remaining the crowd sensed that this was the final nail in the coffin for the spirited comeback shown by Treharris.

Despite securing the bonus point captain Dai Lloyd was not satisfied and spurred his charges onto one final attack. It was only fitting that it was Dai himself who put the cherry on the cake with a sublime piece of play, as he deftly chipped the ball over the last defender before running onto the kindly bouncing ball and crashing over for the try. The conversion kick was the last of the game with Dinas running out comfortable winners with the final score a flattering 17-41.

The game had been a thoroughly bruising encounter with many of the players feeling exhausted as they left the field, yet the aches and pains were quickly forgotten as attention quickly returned to the well-being of Gareth Williams, who had been badly injured early on in proceedings.

Unfortunately the injury proved to be quite severe with the x-ray showing multiple fractures which will require surgery.

All at Dinas Powys RFC wish to extend their best wishes to Gaz and we hope to see him on the touchline soon as he is a valued member of the squad both on and off the field of play.

This Saturday, October 19, Dinas entertain Rhigos on the Common, 2.30pm kick off. If you can't make the match in person be sure to follow @dinaspowysrfc on Twitter for blow-by-blow match commentary.

JF

## Cadoxton introduce new team



**CADOXTON BARRY FC has another team this year, the under- 12s, playing in the VOG League.**

Organizers Steve Doyle and Tommy Taylor would like to thank the Vale of Glamorgan Council for their grant and especially Darren Parry of Barry Trade Sales for his kind and generous sponsorship of the kit.

The club is to hold a social evening at Cadoxton Conservative club on Saturday, November 30, juniors and youth from 7pm; contact Steve on 07828641701 for further details. AP

## A bad result for the Glamorgan Farmers

**A familiar site for Vale residents over the last few weeks has been the sound and sight of combined harvesters working tirelessly in the fields to make sure breakfast cereals were produced for all to enjoy.**

For those living near or visiting St Mellons Golf Club last Thursday, they would have witnessed threshing of a different kind with the sad sight of members of the Glamorgan Farmers' Golf Society being put through the mill by their so called friends from the Monmouthshire Farmers' Society.

This annual fixture which for the last 25 years has seen the farmers from the Vale build up a commanding overall lead has produced a few shock results but nothing like last week's resounding defeat by 22 points to 4 has ever been recorded.

Gwyn Thomas, captain of the Glamorgan Farmers', looked distraught shredding his well-rehearsed victory speech but thankfully composed himself in time to accept defeat gracefully although mention must be made that he and Godfrey Lewis, by winning the front nine, did scramble one point in their match against Peter Harris and Nick Hill.

Trevor Wooding, partnered by injury ravaged Bryan Owen, managed just half a point in their match against Ken Davies and Martin Ley while David Williams and Ray Thomas also managed to gain half a point in their match against Andy Hilditch and Martin Richardson.

Hopes of a Glamorgan comeback were raised with news filtering back to the clubhouse that Martyn Edwards and Clive Edwards were mangling their opponents John Anstey and Bill Thompson to produce three points for the shell shocked Vale farmers - but then disaster struck.

The previously unbeaten partnership of Clive Thomas and Tony

McCarthy lost their close match on the last green to Trevor Baker and Mike Williams, to be followed by Ray Howells and Mark Rees who suffered the same devastating nil return to John Duthie and John Morgan.

The much fancied pairing of Julian Kelly and Geraint Davies were blown apart by Jonathan Davies and Steve Waters to lose all three points, and a similar fate was achieved by Jim Hayes and Keith Gibson who lost heavily to veteran golfers Gwyn Jones and Jim Horner.

In the final match to return to the clubhouse, the buggy sharing partnership of Lyn Thomas and Aubrey Thomas again failed to collect anything from their match against the Monmouthshire captain Mike Daniel, partnered with Peter O'Toole, although Aubrey Thomas once again demonstrated his knack of getting a free drink when correctly guessing 46 balls would be lost on the day to collect a bottle of malt whisky that raised £80 for the nominated charity.

Monmouthshire Farmers also outscored the Vale Farmers on the par three holes with Ken Davies, John Anstey,

Gwyn Jones and Steve Waters collecting the nearest pin prizes before Martyn Edwards from The Vale Farmers' saved a complete white-wash with his magnificent shot into the 11th green.

To rub salt into the wounds of the Glamorgan Farmers', Bill Thompson of the Monmouthshire Farmers hit the longest drive on the selected hole to leave a forlorn group from the Vale to return home.

Credit must be given to our friends from Monmouthshire who quite obviously now have far more time to practice and prepare for their matches compared to the hard-working farmers from the Vale.

Hopefully the Vale Farmers' depression will have lifted in time to participate in the next society meeting scheduled for Thursday October 31, when members will be paying their first visit to Glyn Abbey Golf Club which is located next to Ffos Las Racecourse, Llanelli. Local NFU Mutual Insurance Group Secretaries Julian Kelly and David Harris are providing sponsorship of this meeting. TMC

**ON AND OFF THE TURF with Brian Lee**

## Evan's brilliant 'four-timer'

**LANCARFA Evan Williams, who is the leading trainer at Ludlow Races, notched-up a brilliant four-timer at the Welsh border track last Wednesday with Ballyglasheen, Lava Lamp, Dark Spirit and On Tour.**

The first named won the opening Juvenile Maiden Hurdle at odds of 4-1.

Then Lava Lamp, an 8-1 chance, beat stable mate De Faoithesdream in the Novices' Limited Handicap Chase and then bottom weighted 9-2 shot Dark Spirit took the Mares' Handicap Hurdle.

The four-timer was completed when On Tour, the 2-1 favourite, gave Evan his third win in four years in the closing Intermediate Open National Hunt Flat Race.

Adam Wedge was aboard Lava Lamp and

Dark Spirit and stable jockey Paul Moloney rode Ballyglasheen and On Tour.

Evan said: "Ludlow is a grand course with decent prize money and I target meetings. We've had a lot of luck here and it is a joy to come back."

However, Evan's day was marred when his Siberian Tiger broke a shoulder in the Handicap Chase and had to be put down.

## TIM'S TOWCESTER DOUBLE VICTORY

**ON the same day as Evan had his four-timer, Aberthyn's Tim Vaughan took just two horses to Towcester and won with both of them.**

Oh My Mount Brown took the opening Novices' Handicap Hurdle, after being made the 11-4 favourite and his Safferano, an 8-1 chance, took the Handicap Hurdle.

Both horses were ridden by his 3lb claiming jockey Michael Byrne.

## Charity golf day a success

**SATURDAY, October 12, saw the second of Llancaf's annual charity golf days in aid of the Cerys Potter Foundation which was held at Cottrell Park Golf Club.**

Golfers of all standards were thrown together in a Texas Scramble to see who would be champions and hold the bragging rights for the remaining 12 months.

There were a number of competitions throughout the day, Steve Vink won the nearest the pin, Sam Smith triumphed at

the longest drive (he must have added something extra in his porridge) and the winning 4 ball were John Millard, Jon Lovell, Martyn Hughes and Jim Barrett.

It was a close fought match with three teams coming in with the same score but John's team won on count-back with a birdie on the last securing the honours.

We'd like to thank the organisers Matt, Rich and John, and also to Cottrell Park for organising a fantastic event that brought together members of the community and raise £180 for a charity that is very close to our hearts.

MH

## The Barry Atoms go on tour

**LAST weekend the Barry Atoms were part of a momentous occasion for this young side. This was the first, and now hopefully not the last, time that we went go on tour!**

We were gratefully hosted by Haverfordwest RFC. Lined up to play a couple of games, we arrived on a glorious autumnal Sunday morning.

We lined up to play Haverfordwest - the boys had sat patiently and watched them play a game earlier and had noticed that this was a tough physical side who possessed a good amount of technical ability, but also played the game fairly.

We kicked off and straight away they were in our faces, but this was not to be a day where we would be found wanting.

Our forwards started to dominate possession and it was not long

before our backs had the ball through crisp handling and wide play, culminating in a try through Daf Griffiths.

We then decided that this was not the day we were going to give any ground; we restricted their backs to gaining any kind of momentum and the team were pinned in their own half for large portions of this masterclass.

Through further outstanding rugby played by this ever-improving side, there were tries scored by Jacob Jones, Zac Fifield, Jack Norman, Jack Couch, Dylan Wall and Tom Mort. These tries, added to conversions by Griffiths, Fifield, Jones and Cai Macarthur, saw the Atoms run out winners, 49-0.

Next came a completely different type of prospect in the form of Neyland. This was a very different challenge to face the boys. This physical side wanted to play a different interpretation of the rules

but were shortchanged by our aggression in the tackle and defensive lineup.

We were sick in the first game but did not capitulate in the face of hard rugby. Our half backs had been calling the shots and had the boys lined up perfectly.

Tries through the very physical Rory Turner Robinson and pacey Jack Norman, with conversions by Griffiths and Fifield, saw the score finish up 14-0, and had the game not prematurely ended, I am sure we could have gone onto score more.

A big well done to all the players, including Jack Long, Iestyn Neale, Iestyn Escott, Rhys Rendell, Jack Reid and Connor Denbury, without whom the above named try scorers would not have scored.

Thanks go out to the Griffiths' for organising this perfect weekend.

DD



# FRF TOYOTA

**2013 PLATE TOYOTA AYGO FIRE 1.0 3DR**
**2013 PLATE TOYOTA YARIS TR 1.4 D4D 3DR**


- 2 YEARS FREE SERVICING
  - £0 ROAD FUND LICENCE
  - CHOICE OF METALLIC COLOURS
- SPECIFICATION
- UP TO 5 YEARS WARRANTY
  - UP TO 65MPG
  - GROUP 1 INSURANCE
  - FREE DRIVEAWAY INSURANCE

LIMITED STOCK  
MUST END  
31ST OCTOBER  
2013

or for only  
**£7825**



- SATELLITE NAVIGATION
- DELIVERY MILES ONLY

SPECIFICATION

- IN BLACK
- UP TO 5 YEARS WARRANTY
- FULL TOUCH SCREEN
- LOW INSURANCE

Price when new  
**£15815**

OR FOR ONLY  
**£149** Deposit

FROM ONLY  
**£149** Per month

SAVE UP TO  
**£2310**  
AGAINST MRRP

FOR ONLY  
**£10995**

SAVE UP TO  
**£4820**  
AGAINST PRICE WHEN NEW

Cost New: £22005  
Now only  
**£12995**  
SAVE £9010  
AGAINST MRRP



**12 12 Toyota Auris T-Spirit 1.8 HSD 5dr**  
• Black • 14703 Miles

Cost New: £13500  
Now only  
**£10695**  
SAVE £2805  
AGAINST MRRP



**12 62 Ford Fiesta 1.25 Zetec 5dr**  
• White • 10400 Miles

Cost New: £21010  
Now only  
**£14195**  
SAVE £6815  
AGAINST MRRP



**12 12 Toyota Avensis TR 2.0 D4D 4dr**  
• Blue • 14000 Miles

Cost New: £17366  
Now only  
**£12995**  
SAVE £4371  
AGAINST MRRP



**12 62 Hyundai i30 Active Bluedrive 5dr**  
• White • 15500 Miles

Cost New: £16530  
Now only  
**£9990**  
SAVE £6540  
AGAINST MRRP



**11 61 Toyota Auris SR 1.6 5dr**  
• Blue • 19182 Miles

Cost New: £14265  
Now only  
**£11495**  
SAVE £2770  
AGAINST MRRP



**13 13 Toyota Yaris TR 1.33 5dr**  
• Silver • 4000 Miles

Cost New: £20495  
Now only  
**£15995**  
SAVE £4500  
AGAINST MRRP



**12 62 Toyota Verso TR 2.0 D4D 5dr**  
• Grey • 7800 Miles

Cost New: £15020  
Now only  
**£10495**  
SAVE £4525  
AGAINST MRRP



**12 62 Toyota Yaris SR 1.33 5dr**  
• Silver • 9900 Miles

Cost New: £18840  
Now only  
**£12495**  
SAVE £6345  
AGAINST MRRP



**12 62 Ford Focus 1.6 Zetec TDCi 5dr**  
• Black • 15500 Miles

Cost New: £18545  
Now only  
**£11995**  
SAVE £6550  
AGAINST MRRP



**12 62 Vauxhall Astra SRi 5dr**  
• Silver • 13800 Miles

Cost New: £15210  
Now only  
**£8995**  
SAVE £6215  
AGAINST MRRP



**12 12 Toyota iQ 1.3 3dr with Leather**  
• Black • 14200 Miles

Cost New: £24350  
Now only  
**£17995**  
SAVE £6355  
AGAINST MRRP



**11 61 Toyota Rav4 XTR 2.2 D4D 5dr**  
• Grey • 17500 Miles

## Massive Choice & Massive Savings

### Just a small selection of our stock

12 61	TOYOTA AURIS T-SPIRIT 1.8 HSD 5DR BLACK 15281 MILES	£12,495
10 60	TOYOTA AURIS T4 1.8 HSD 5DR BLUE 20231 MILES	£10,995
10 60	TOYOTA AURIS T5 1.8 HSD 5DR SILVER 20361 MILES	£10,495
11 11	TOYOTA AURIS SR 1.6 5DR BLACK 25800 MILES	£8,995
11 61	TOYOTA AURIS TR 1.6 5DR WHITE 17211 MILES	£8,995
09 09	TOYOTA AURIS TR 1.6 5DR BLUE 18677 MILES	£7,495
10 10	TOYOTA AURIS TR 1.6 5DR BLUE 20058 MILES	£7,995
08 08	TOYOTA AURIS TR 1.6 5DR BLACK 46000 MILES	£6,295
12 62	TOYOTA AVENSIS T-SPIRIT 2.2 D4D TOURER GREY 9000 MILES	£18,495
12 12	TOYOTA AVENSIS TR 1.8 4DR GREY 9900 MILES	£13,495
10 60	TOYOTA AVENSIS TR 1.8 TOURER BLUE 29000 MILES	£10,495
12 12	TOYOTA AVENSIS TR 1.8 TOURER BLUE 10500 MILES	£12,995
11 11	TOYOTA AVENSIS TR 2.0 D4D TOURER GREY 24750 MILES	£13,995
10 10	TOYOTA AYGO BLUE 1.0 5DR BLUE 28000 MILES	£6,795
11 61	TOYOTA AYGO ICE 1.0 5DR RED 21500 MILES	£6,695
10 60	TOYOTA AYGO BLUE 1.0 5DR BLUE 21500 MILES	£5,995
13 13	TOYOTA AYGO FIRE 1.0 5DR WHITE 10 MILES	£8,240
13 13	TOYOTA AYGO FIRE 1.0 3DR ORANGE 2000 MILES	£8,995
12 12	TOYOTA IQ iQ3 1.33 3DR LEATHER BLACK 14200 MILES	£8,995
12 62	TOYOTA IQ iQ2 1.0 3DR SILVER 35900 MILES	£9,995
10 10	TOYOTA URBAN 1.4 D4D AWD 5DR GREY 38000 MILES	£9,995
10 59	TOYOTA YARIS TR 1.33 5DR BLUE 14200 MILES	£6,995
11 11	TOYOTA YARIS T-SPIRIT 1.33 5DR SILVER 12300 MILES	£9,495
11 11	TOYOTA YARIS SR 1.33 5DR SILVER 14722 MILES	£7,995
12 62	TOYOTA YARIS TR 1.33 5DR GREY 9200 MILES	£10,495
10 60	TOYOTA YARIS TR 1.0 5DR RED 15288 MILES	£7,495
10 60	TOYOTA YARIS TR 1.33 5DR SILVER 18184 MILES	£7,995
10 10	TOYOTA YARIS TR 1.4 D4D 5DR SILVER 47107 MILES	£7,995
12 12	TOYOTA YARIS TR 1.4 D4D 5DR SILVER 9500 MILES	£11,995
11 11	TOYOTA YARIS T-SPIRIT 1.33 5DR BLACK 28500 MILES	£8,495
12 12	VAUXHALL CORSA 1.4 SXI 5DR BLACK 12900 MILES	£7,995
11 11	NISSAN NOTE 1.5 DCI TENKVA 5DR BEIGE 7500 MILES	£8,795
10 10	RENAULT MEGANE DYNAMIQUE CON BLACK 8300 MILES	£9,995

South Wales' largest selection of nearly new Toyota's

**• OVER 50% OF OUR STOCK ARE NON TOYOTA FRANCHISE**

WITH EVERY USED CAR WE GIVE YOU...

- FREE FUEL ON SELECTED VEHICLES
- FREE MINIMUM 12 MONTHS' WARRANTY\*
- FREE MOT FOR LIFE\*

- FREE 12 MONTHS' AA ROADSIDE ASSISTANCE\*
- FREE 6 MONTHS' SERVICE\*
- OVER 150 CARS IN STOCK

## FRF Toyota Used Cars

Tondu Road, Bridgend,  
Mid Glamorgan CF31 4LH  
**01656 646646**



SCAN HERE WITH YOUR SMART  
PHONE TO VIEW OUR USED CAR  
OFFERS ON OUR WEBSITE



MORE FRF TOYOTA USED  
CAR OFFERS ONLINE

**11.9% APR\***  
REPRESENTATIVE

\*Representative Finance example based on Toyota Yaris TR 1.33. Cash Price £10,995, Deposit £1,650, Balance to Finance £9,345, Total Charges for Credit £2,374.45 (including £0 Acceptance Fee and £0 Option to purchase fee on last payment), Total Amount Payable £13,369.45. 35 X Monthly Payments of £199.39. 1 Payment of £4740.80 based on 10,000 miles per annum. Duration of Contract 36 months, Interest Rate (fixed) 6%, Representative APR 11.9%, Finance subject to status. Over 18's only. Written quotations available on request. A guarantee may be required. Mileage permitted Maximum 30,000. Mileage on delivery of the goods to you. Excess Mileage Charge Rate applicable if the permitted Maximum is exceeded 6 Pence per mile. \*Terms & conditions apply. Models shown are for illustration purposes only. \*\*Mileage figures quoted are based on a Extra Urban figures supplied by Manufacturers. \*\*\*Savings advertised are against new list prices.

**www.frftoyota.co.uk**



# A.B. CAR SALES

**Better Cars at  
Better Prices**

**OVER 100 CARS IN STOCK**

CARDIFF ROAD, BARRY



10 BMW 1 Series 116D SE 2.0 5-Dr. Met Grey, (Diesel), 1 Owner, FSH, £30 a year Tax, 6 Speed, Dual Climate Control, 89k

**£9,290**



57 RANGE ROVER 2.7 TDV6 S 5-Dr. Met Blue, (Diesel), Auto, Full Beige Leather, 22 inch Alloys, Cruise Control, 6 CD Player, 70k

**£16,490**



10 HONDA Civic 2.2i CTDi SE 5-Dr. Met Black, (Diesel), 1 Owner, FSH, 6 Speed, Alloys, Climate Control, 75k.

**£7,990**



10 FIAT Punto Evo 1.4 Multiair 16v Sporting 3-Dr (135). White, 1 Owner, FSH, Air Con, 6 Speed, Alloys, MFSW, 37k.

**£6,990**



58 MINI Hatch Cooper 1.6 3-Dr. Red, Alloys, Air Con, CD Player, C/Locking, E/Windows, 76k.

**£5,990**



10 SEAT Leon 1.6 TDI CRSE 5-Dr. Red, (Diesel), 1 Owner, FSH, Cruise Control, Climate Control, Alloys, 78k.

**£7,190**



08 VAUXHALL Corsa 1.2i 16v SXi 3-Dr. Met Silver, Alloys, CD Player, E/Windows, C/Locking, 74k.

**£3,990**



08 RANGE ROVER Sport 3.6 TDV8 HSE 5-Dr. Met Blue, (Diesel), Auto, Sat Nav, FSH, Full Black Leather, Smoked Alloys, Cruise & Climate Control, and much more, 91k.

**£20,490**



08 VAUXHALL Zafira 1.9 CDTi Life (120) 5-Dr Euro 4. Met Blue, (Diesel), FVSH, Air Con, 6 Speed, CD Player, 1 Owner, 75k.

**£5,190**



10 KIA Pro Ceed 1.6 CRDi 89 2 Ecodynamics 3-Dr. Met Black, (Diesel), 1 Owner, FSH, Alloys, MFSW, 6 Speed, Air Con, 81k.

**£5,990**

TEL. 01446  
735555

**www.abcarsalesltd.co.uk**

SAT NAV  
CF63 2NW



## A.B Service Centre >

### Car Diagnostics



from  
**£39.99**  
+ VAT

**Tyres from**  
**£19.99 + VAT**

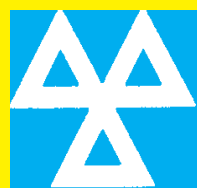


### Vehicle Remapping From £149 + VAT

Eco Tune - Fuel Economy gains of **up to 17%**.  
Performance Tune - performance gains of **up to 35%**.  
50/50 - Increase fuel economy & power.



**DPF Removal**  
from **£199.99 + VAT**



**MOT**  
**ONLY**  
**£25**

01446 735561

Mon-Fri  
8.30am-5.30pm  
Saturday  
8.30am-1pm



**INTERIM  
SERVICE**  
**£69.90**  
+ VAT

All major  
credit cards  
accepted



CARDIFF ROAD, BARRY, VALE OF GLAMORGAN CF63 2NW  
**www.abservicecentre.co.uk** • Tel. 01446 735561





## GARY WATSON MOTOR CO.



NEW STOCK ARRIVING DAILY!



**11 VW Scirocco 2.0TDi GT**  
In white, 43,000 miles with sunroof, etc.  
**£15,995**



**08 FORD Mondeo 2.0 TDCi Edge Auto**  
Blue, 31,000 miles, Diesel, Very Nice Cond.  
**£6,99=5**



**57 FORD Focus 1.6 Style**  
5-Dr, Met Blue, 67,000 Miles, Air Con  
**£3,995**



**55 KIA Sportage 2.0 CRDi XE**  
5-dr, black, 76,000 miles, 1 lady owner  
**£5,995**



**09 HYUNDAI 2.0 Coupe S111**  
Black Leather, 47,000 Miles  
**£6,995**



**57 VAUXHALL Tigra 1.4 Exclusive Convertible**  
In black, 66,000 miles  
**£3,995**



**60 VW Transporter T30 2.0 TDi SWB**  
Red, 17,000 miles with windows, 5 seats, alloys etc  
**£16,995 + vat**



**61 SMART Four Two Passion 1.0 MHD**  
Met Grey, very low miles, with stop/start.  
**£6,995**



**07 JAGUAR X-Type 2.7 Diesel SE Auto**  
Met burgundy/cream leather, sat nav etc  
**£7,495**

## JUST A SELECTION OF OUR STOCK...

- 11 VW Scirocco 2.0TDi GT. In white, 43,000 miles with sunroof, etc, under VW warranty ..... £15,995
- 60 VW Transporter T30 2.0 TDi SWB. In red, 17,000 miles with 5 seats, windows, alloys etc ..... £16,995 + vat
- 06 NISSAN Navara 2.5 Diesel Outlaw. In black, 87,000 mile double cab pick up, with no VAT ..... £8,495
- 08 MITSUBISHI Outlander 2.0 Diesel Warrior 7 Seater. In silver, with black leather, high miles, but only ..... £7,995
- 57 NISSAN Qashqai 2.0 Diesel Tekna 4x4. In black with black leather, 78,000 miles, full glass roof ..... £7,995
- 07 JAGUAR S-Type 2.7 Diesel SE Auto. In met burgundy/cream leather, sat nav etc ..... £7,495
- 09 HYUNDAI 2.0 Coupe S111. With black leather, 47,000 miles ..... £6,995
- 08 FORD Mondeo 2.0 TDCi Edge Auto. In blue, 31,000 mile diesel, in very nice condition ..... £6,995
- 60 FORD Ka 1.4 Diesel Zetec In bright met blue, 29,000 miles, 1 owner ..... £6,795
- 58 VAUXHALL Astra 1.9 CDTi Design 5-Dr. In silver, 33,000 miles diesel at ..... £6,495
- 58 PEUGEOT 308 1.6 Diesel Sport Estate. In black, 43,000 miles ..... £6,495
- 61 SMART Four Two Passion 1.0 MHD. In silver, very low miles with stop/start, sat nav etc ..... £6,995
- 60 SUZUKI Swift 1.3 SZ3 3-dr. In burnt orange, 20,000 miles, low insurance ..... Reduced to £5,995
- 59 FORD Fiesta 1.2 Style 5-dr. In black, 27,000 mile local car ..... £5,995
- 08 TOYOTA Avensis 2.0 Diesel TR. In met, 59,900 miles, very nice example ..... Reduced to £5,995
- 08 SEAT Leon 1.6 Stylance. In met gold, 57,000 miles, stylish family hatch ..... £5,995
- 55 KIA Sportage 2.0 CRDi XE 5-dr. In black, 76,000 miles, 1 lady owner, diesel 4x4 at ..... £5,995
- 59 VAUXHALL Meriva 1.3 CDTi Club. In met grey, 34,000 miles, low insurance ..... £5,795
- 09 HYUNDAI i20 Comfort 1248cc 5-dr. In met silver, 22,000 miles, 1 owner ..... £5,795
- 10 PEUGEOT 107 Millesim Edition. In white, 12,000 miles, 1 owner with a/c, alloys ..... Reduced to £5,695
- 09 MERCEDES A150 Classic SE Blue Efficiency. In black, 25,000 miles. This is a rare 3 door model at ..... £5,695
- 11 FIAT Panda 1.2 Mylife. In red, 5,000 miles, 1 owner, low running costs ..... £5,495
- 58 SMART FourTwo Passion. In black/silver with stop/start, 13,000 miles, 1 owner ..... £5,495
- 58 VAUXHALL Astra 1.4 SXi Twin Port 5-dr. In silver, 37,000 miles ..... £5,495
- 58 VAUXHALL Astra 1.6 SXi Coupe. In black, 63,000 miles, 2 owners ..... £5,495
- 59 PEUGEOT 207 'S' 1.4 5-Dr. In silver, 32,000 miles, a/c, etc ..... £5,295
- 08 VAUXHALL Astra 1.8 Breeze Automatic. In black, low mileage example at ..... Reduced by £300 to £4,695
- 08 FIESTA 1.4 Zetec Blue 5-dr. In black, 61,000 miles, a/c, alloys etc ..... £4,995
- 57 VAUXHALL Astra 1.6 Design Coupe. In met silver, 50,000 miles. Stylish hatch ..... £4,995
- 07 SAAB 9.3 Sport 1.9 Diesel Vector Estate. In black, full leather, 76,000 miles ..... £4,995
- 06 SUZUKI Jimmy 1.3 VVTS. In met gold, low mileage 4x4 at ..... £4,995
- 58 VAUXHALL Corsa 1.2 Club 3-dr. In black, 53,000 miles, low insurance ..... £4,695
- 04 MERCEDES C200 Diesel Avantgarde SE Auto. In light met blue, 89,000 miles ..... £4,695
- 03 TOYOTA RAV4 NRG 2.09 VVTi 3-Dr. In Silver, 58,000 miles, 4x4 at ..... £4,695
- 57 PEUGEOT 207 1.6 Diesel (90) Sport. In red, 71,000 miles, air con, alloys etc ..... £4,495
- 57 VAUXHALL Corsa 1.2 Club 3-Dr. In silver, 54,000 miles, low insurance ..... £4,495
- 54 JAGUAR X-Type 2.0 Diesel SE Estate. In met grey with grey leather, 83,000 miles ..... £4,495
- 57 FORD Focus 1.6 Style 5-dr. In met blue, 67,000 miles with a/c ..... Reduced to £3,995
- 57 VAUXHALL Tigra 1.4 Exclusive Convertible. In black, 66,000 miles ..... Reduced to £3,995
- 59 CHEVROLET Matiz SE (new model). In met orange, 18,000 miles with a/c ..... £3,995
- 57 MAZDA 3 TSZ 1.6 5-Dr. In met grey, 73,000 miles, superb value at ..... £3,995
- 07 FORD Fiesta 1.4 Zetec Climate. In met blue, 40,000 miles ..... £3,995
- 08 MAZDA 2 1.4 TS2 3-dr. In red, nice bright local car at ..... £3,995
- 57 NISSAN Micra 1.2 Acenta 3-dr. In met blue, 28,000 miles. Low insurance ..... Reduced to £3,995
- 57 VAUXHALL Corsa 1.2 SXi 3-dr. In silver, low insurance with a/c, alloys, CD ..... £3,995
- 05 DIAHATSU Copen 700cc Convertible. In black, full red leather trim, 35,000 miles ..... £3,995
- 54 VW Passat 1.9TDI (130) Trendline. In silver, 66,000 miles, 2 owners, Diesel Saloon at ..... £3,695
- 57 PEUGEOT 207 1.4 M Play 3-Dr. In red, 61,000 miles, ideal family car at ..... £3,495
- 08 SMART FourTwo. In white (new shape), £30 road tax, low insurance ..... £3,295
- 54 TOYOTA Corolla 1.6 T3 VVTi 3-dr. In silver, 78,000 miles. Stylish hatch ..... Reduced to £2,995
- 07 RENAULT Megane 1.6 Dynamique Automatic. In sand met. Low mileage example ..... Reduced to £2,995
- 06 MAZDA 2 Antares 1.4 5-dr. In silver, 56,000 miles ..... £2,995
- 55 RENAULT Scenic 1.6 Dynamique. In met burgundy, 48,000 miles, ideal family hatch ..... £2,995
- 55 MITSUBISHI Colt 1.5 Sport 5-dr. In black, 71,000 miles ..... £2,995
- 54 SMART ForFour 1.1 Pulse. In black/silver, 60,000 miles, low insurance, 5-door hatch ..... £2,995
- 07 PROTON Savvy 1.1 Style 5-Dr. In black, 50,000 miles, low running costs ..... £2,695
- 54 PEUGEOT 307 XSi 2.0 HDi 3-dr. In black with half leather trim. Economical and quick ..... Reduced to £2,495
- 04 SUZUKI Ignis 1.5 Sport. In silver, 66,000 miles with Racaro seats, white alloys etc ..... £2,495
- 03 SMART City 700cc Pulse. In red/black, 57,000 miles, 1 owner, low insurance, £30 road tax ..... £2,495
- 52 FIESTA 1.3 LX 5-Dr. In met blue, 56,000 miles, 2 local owners ..... £2,495
- 05 FORD Ka. In Red, 38,000 miles, low insurance ..... £1,995
- 54 PEUGEOT 206 1.1 Independence 3-dr. In red with beige suede interior, low mileage, low insurance ..... £1,995
- 03 SKODA Fabia 1.4 16v Elegance 5-dr. In met blue with a/c, heated seats etc ..... £1,995



**05 DIAHATSU Copen 700cc Convertible**  
In black, full red leather trim, 35,000 miles  
**£3,995**



**60 SUZUKI Swift 1.3 SZ3**  
3-dr. Burnt Orange, 20,000 Miles, Low Ins.  
**£5,995**



**59 VAUXHALL Meriva 1.3 CDTi Club**  
Met Grey, 34,000 Miles, Low Insurance  
**£5,795**



**06 SUZUKI Jimny 1.3 VVTS**  
In Met Gold, Low Mileage 4x4 at  
**£4,995**



All cars supplied with new MoT and 3 months RAC warranty.  
Just a small selection of our comprehensive range in stock. Visit our website for full details.



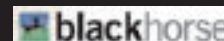
Broad Street, Barry (Next to Barry Train Station) **01446 722600**

FINANCE PACKAGES TO SUIT ALL • 0% DEPOSIT FINANCE AVAILABLE • ALL CARS HPI CLEAR • PART EXCHANGE WELCOME • OPEN 7 DAYS CARS BOUGHT FOR CASH • ALL MAJOR CREDIT CARDS TAKEN



MULTI-PHOTOS AND FULL DESCRIPTION ON WEBSITE

[www.garywatsonmotorcompany.co.uk](http://www.garywatsonmotorcompany.co.uk)







# GEM sport

## Athletic rue missed chances after loss

**BRIDGEND** **ATHLETIC** left themselves too much to do, narrowly failing to overturn a 14-0 half time deficit to secure a losing bonus point in a second half comeback that saw them go down 17-15 at Beddau.

The Athletic had a chance to open the scoring in the first minute with a kickable penalty. Unfortunately, outside half Steven Lewis was wide of the mark.

Beddau's response was to go up the field and from a 5 metre line-out No 8 Glenn Slater dived over in the corner. Outside half Rhys Morgan converted to give the home side an early 7-0 advantage.

For some reason the Athletic have been slow starters in most games this season and for 10 minutes were under the cosh. Beddau squandered further opportunities in this period with dropped and forward passes.

Veteran centre Stuart Morris and full back Rhys Jones, making his first appearance in over 6 months following a serious injury, brought the Athletic back into the game.

A number of scoring opportunities were created - but as with Beddau they failed to capitalise. One definite opportunity was missed with wing Dan Howells failing to hold onto a certain try scoring pass.

Former Beddau player wing Kyle Dobbin was yellow carded on the half hour mark for a deliberate knock-on in defence.

During his sin bin Beddau took advantage with Slater picking up at a five metre scrum and

going over on the blind side of the scrum. Morgan converted to leave the Athletic contemplating a 14-0 half-time deficit.

The Athletic brought on prop Rhodri Apsee and lock Tom Penry-Ellis who both had impacts in beefing up the Athletic forward play.

The Athletic were now getting on top and were rewarded when outstanding flanker and captain Sean Williams picked up at a ruck and raced over the try line. Lewis converted.

Beddau responded with a Rhys Morgan penalty to stretch the lead to 17-7. The Athletic were now on top with Morris rolling back the years with a master class of centre play and one break with better support should have led to a try.

The pressure forced Beddau to concede a penalty and Lewis brought his side back to within seven points of the home side. The Athletic reshuffled their backs and brought on youngster Josh White for his senior debut. His pass released wing Rhys Jones in a run to the corner only to put his foot in touch while crossing the try line.

The Athletic stole the resultant line out and a drive saw prop Rod Jones force his way over wide out. Unfortunately, Lewis was unable to tie the game with the conversion attempt.

The whistle went with the Athletic unable to turn further pressure into points and ruing the early missed penalty and two dropped scoring passes, which would have turned their one losing bonus point into a badly needed four points.

The coaches have now had six games to look at their best combinations



**ABOVE:** Rod Jones in action for Bridgend Athletic first team (photo by Kerry Fothergill) while **BELOW:** Nick Hinton races away from the opposition for the second team.

and who can consistently handle it at Championship level.

With the boost of last season's scrum half Aled Thomas and club captain Simon Mustoe ready to return soon to add further competition for places, it is hoped the club can soon turn around their fortunes.

This Saturday the club face a difficult visit to Bargoed, while the following Saturday they entertain high flying Llanharan at home.

**Bridgend Athletic Seconds maintained their unbeaten start to the season with their fifth straight win scoring six tries to win 42-13 in a District League game at Heol Y Cyw.**

They have won all three league games, scoring 14 tries and conceding two with 109 points for and 32 against.

Wing William Williams crossed for a try brace with single touchdowns for lock Harry Griffiths, centre Nick Hinton and wings Andrew Tyler and James McGrath.

Hinton converted four of the tries and James Olds added two conversions in his final game before returning to Australia.

The front row of Lewis Davies, Wayne Fooks and Huw Morris gave a platform for the backs to weave their magic. Michael Hathaway was a class act at outside half with Hinton also pushing for a first team recall on his return to action.

Replacement youth team flanker Lewis Down and replacement scrum half Rhys Hollyman also showed up well in an all-round excellent team performance.



## Bridgend bridge club

**The results for Bridgend Bridge Club for recent events are:**

Wednesday, October 9 - First Dave Melville and Roger Penton, second David Bowen and David Crompton, third Bill Turner and Marjorie Morris.

Friday, October 11 - First Colin and Hazel Heard, second Irene Thomas and Graham Jones, third Emer Disley and John Wateley.

The best placed improvers for Thursday, October 10 were Norma Phinnemore, Diane Reynolds and Leila O'Hagan.

In addition to the reg-

ular club nights on Wednesdays and Fridays, at Nolton Church Hall at 7pm, to which all bridge players are welcome, on Thursdays from 2pm until 5pm, also at Nolton Church Hall, there are gentle bridge sessions primarily for the less experienced and where assistance is available.

Lessons for improvers also take place on a Thursday afternoon - to register an interest please contact **Sieve Burgoyne (01656 661968) or John Evans (01656 880372), either of whom will welcome your call.**

DN

**Did you know you can read your GEM online?**

[bridgend-today.co.uk](http://bridgend-today.co.uk)

## World championship medals for Porthcawl Karate Club athletes

**LAST** month saw two young athletes from Porthcawl Karate Club win silver and bronze medals at the 2013 Shotokan Karate World Championships as part of the KUGB Welsh squad.

Participants from all over the world descended on the city of Liverpool as the Karate Union Of Great Britain (KUGB) hosted the biennial tournament at the Echo Arena. The competition was divided into two main disciplines, kata (set forms) and kumite (fighting), both of which are very dynamic and exciting events to watch.

Rachel Edwards (13), a second dan black belt, won silver in the girls' kata event and Charlotte Parry (16), also a second dan, won bronze in the cadets' kata.

This was both girls' first experience of competition on a world stage. They have been training



**Rachel Edwards and Charlotte Parry**

as part of the Welsh squad and have been tutored individually by retired kata champion Sensei Christian Whale, 5th dan.

Both have been training intently with Christian in preparation for the world championships and only two weeks before, Rachel also won gold in the girls' kata in the Shotokan Cup, a prestigious British title.

The girls' dedicated parents make a 40-mile round trip twice a week from their home so the girls can receive Sensei Christian's expert tuition.

All the students and instructors at Porthcawl Karate Club who meet at Awel Y Mor Community Centre on Monday and Thursday nights say a huge congratulations and are proud of the girls' outstanding achievement.

## Porthcawl RFC grab the spoils against Ferndale

**PORThCAWL** took the spoils in this lower half of the table clash at South Road against Ferndale, due mainly to a virtuoso performance from fly-half Ollie Jones and a vast improvement on recent performances by the home pack.

On an afternoon fit for rugby, Porthcawl started off with purpose and spent most of the opening plays in the Ferndale half.

When early pressure forced the visitors in a transgression at a ruck, Jones slotted a super penalty from 45 metres.

Porthcawl's front row did well at the early scrums with Jamie Fry giving his bigger opponent a difficult time and with Jones looking sharp in his unusual pivot role.

Ferndale yielded a further penalty and Jones kicked an even better goal from 47 metres and a 6-0 lead.

Ferndale's fly-half Edwards showed that he, too, was accomplished with the boot and snatched back a penalty of his own from 40 metres before the



**Ollie Jones takes a kick for Porthcawl. PICTURE BY TRACEY WILLIAMS**

Seaweeds secured the first try of the day.

Flanker Sion Dunkley, getting back to something near his best form, made the hard yards, combining superbly with the supporting Ollie Jones who put centre Alix Price clear for the score wide out. Jones duly converted for a 13-3 lead.

Ferndale had a bright moment or two of their

own and Edwards pulled it back to 13-6 with his second penalty on 42 minutes before Jones closed the half for the home side, breaking blind and with a delightful chip and chase, collected the bouncing ball for a smart try which he converted for 20-6 at the break.

**CONTINUED ON PAGE 26**



**Sean Williams breaks through a tackle for the first team. PICTURE BY KERRY FOTHERGILL**

AB